



Exeter
Cathedral

Choral Eucharist

Sunday 08 March 2026

10.00am

THE THIRD SUNDAY OF LENT

**PLEASE TAKE THIS SERVICE BOOK
AWAY WITH YOU**

www.exeter-cathedral.org.uk

#ExeterCathedral #YourCathedral

Welcome to the Cathedral

The Cathedral Church of St Peter in Exeter, founded in 1050, has been the seat (cathedra) of the Bishops of Exeter, the symbol of their spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The Cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

Ministers

President: The Revd Canon James Mustard - *Canon Precentor*

Deacon: The Revd Philip Wales - *Priest Vicar*

Subdeacon: The Revd Canon Morwenna Ludlow - *Canon Theologian*

Preacher: The Revd Preb Nigel Guthrie - *Priest Vicar*

Music

Mass Setting: Missa super Bella Amfitrit' altera – *Orlandus Lassus (1532-1594)*

Conductor: Timothy Noon - *Director of Music*

Organist: Michael D'Avanzo - *Organ Scholar*

We welcome and thank Truro Cathedral Choir for singing with our own Cathedral choir for today's Choral services.

Cloister Club

All children, whether new to the Cathedral, visitors or old friends, are very welcome to join us in Cloister Club. Our Cloister Club leaders all have enhanced DBS checks and will be sitting in the North Nave aisle before the service. Come and join us for fun and music.

Holy Communion

Communion will be offered in two kinds, bread and wine. Please do not dip the host in the wine. Please follow the directions of the sidesmen. Gluten-free wafers will be available at all communion stations, if you require a gluten-free wafer please indicate this to the clergy. If you wish to receive a blessing only please carry this order of service with you.

Collection and Giving

A collection will be taken during this service. Please remember to use a Gift Aid envelope if you are a UK taxpayer. Also, you may support the work of the Cathedral by donating at the collection boxes and online terminals at the entrance and exit. Additionally, you may give to the Cathedral via this QR code or via the website: <https://www.exeter-cathedral.org.uk/support-us/giving-to-exeter-cathedral/>



Newcomer Cards

These are available on the Cathedral Community Table.

Safeguarding

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church. If you are concerned that someone you know is at risk of or is being abused or presents a risk to others, email safeguarding@exeter-cathedral.org.uk or to speak to one of our local contacts below

The Ven Nick Shutt - *Chapter Safeguarding Lead*, 07739 988975

Catherine Escott - *Chief Operating Officer* - 07914 901254

Jeremy Rawlings - *Cathedral Safeguarding Officer* - 07482 312299

If there is immediate risk or danger please contact the Police on 999, or if necessary report the matter to the Local Authority Social Care Services without delay. **Please note that photography and recordings are not permitted during services.**

Lent

Lent, from the Old English Lencten (or “lengthening”) refers to the lengthening of days during this season of fasting and preparation for Easter.

In the past, it was preceded by three days of Shrovetide, during which the faithful made their confession, and rich foods were consumed before Lent. In Anglo Saxon England, the week of Shrovetide and Ash Wednesday was known as Cheese Week (Cyswuce). Many still mark Pancake Day, or Fat Tuesday (Mardi Gras), or a Farewell to Meat (Carne Vale). With tempting produce consumed, the community joins in spirit with Jesus’ sojourn of forty days in the wilderness, and his temptation.

Easter is the principal occasion for baptism and for the reconciliation of those excluded from the Church’s fellowship. This explains the characteristic notes of Lent – self-examination, penitence, self-denial, study, and preparation for Easter.

*Now is the healing time decreed
for sins of heart and word and deed,
when we in humble fear record
the wrong that we have done the Lord.
(Latin, before 12th century)*

As candidates for baptism and confirmation are instructed in Christian faith, and as penitents prepare themselves, through fasting and penance, to be readmitted to communion, the whole Christian community is invited to join them in the process of study and repentance.

Ashes are an ancient sign of penitence; from the Middle Ages it became the custom to begin Lent by being marked in ash with the sign of the cross. The calculation of the forty days has varied considerably in Christian history. It is now usual in the West to count them continuously to the end of Holy Week (not including Sundays), so beginning Lent on the sixth Wednesday before Easter, Ash Wednesday. Liturgical dress is the simplest possible. Churches are kept bare of flowers and decoration.

The 'Gloria in excelsis' is not used and 'Alleluia' is not said or sung. The Fourth Sunday of Lent (Laetare or Refreshment Sunday) is allowed as a day of relief from the rigour of Lent, and the Feast of the Annunciation to the Blessed Virgin Mary (25 March) almost always falls in Lent; these breaks from austerity are the background to the modern observance of Mothering Sunday on the Fourth Sunday of Lent.

As Holy Week approaches, the atmosphere of the season darkens; the readings begin to anticipate the story of Christ's suffering and death, and the reading of the Passion Narrative gave to the Fifth Sunday its name of Passion Sunday.

Organ Music before the service

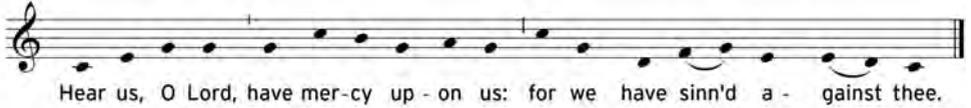
An Wasserflüssen Babylon, BWV 653 – *J S Bach (1685-1750)*

Order of service

The Gathering

Introit

The organ is played. The congregation stands. The congregation joins in the refrain in bold text. A cantor sings the verses.



To thee, Redeemer, on thy throne of glory:
lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications.

Hear us...

O thou chief corner-stone, right hand of the Father:
way of salvation, gate of life celestial:
cleanse thou our sinful souls from all defilement.

Hear us...

God, we implore thee, in thy glory seated:
bow down and hearken to thy weeping children:
pity and pardon all our grievous trespasses.

Hear us...

Sins oft committed now we lay before thee:
with true contrition, now no more we veil them:
grant us, redeemer, loving absolution.

Hear us...

Innocent, captive, taken unresisting:
falsely accused, and for us sinners sentenced,
save us, we pray thee, Jesu our Redeemer.

Hear us...

Greeting

The president says:

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you.

and also with you.

Introduction

The president greets the congregation.

The Cloister Club leader gathers the children around the banner.

The congregation says

Creator God,

may our Cloister Club know your love as they gather today.

May they hear your voice in song, story and play.

May they be filled with joy in their worship,

and give thanks for your generous gift of creation.

This we pray through Jesus Christ our Lord.

Amen.

Invitation to Confession

The deacon says

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Kyrie

The congregation remains standing. The choir sings

Kyrie, eleison.	<i>Lord, have mercy.</i>
Christe, eleison.	<i>Christ, have mercy.</i>
Kyrie, eleison.	<i>Lord, have mercy.</i>

Absolution

The president says

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen.

The Collect

The president invites us to pray

Almighty God,
whose most dear Son went not up to joy but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever.
Amen.

The congregation sits.

The Liturgy of the Word

The First Reading

Exodus 17:1-7

A reading from the book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which

you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.’ Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, ‘Is the Lord among us or not?’

This is the word of the Lord.

Thanks be to God.

Hymn

The congregation stands and sings

Firmly I believe and truly

God is Three, and God is One;

and I next acknowledge duly

manhood taken by the Son.

2. And I trust and hope most fully

in that Manhood crucified;

and each thought and deed unruly

do to death, as he has died.

3. Simply to his grace and wholly

light and life and strength belong,

and I love supremely, solely,

him the holy, him the strong.

4. And I hold in veneration,

for the love of him alone,

holy Church as his creation,

and her teachings as his own.

5. Adoration ay be given,

with and through the angelic host,

to the God of earth and heaven,

Father, Son, and Holy Ghost. Amen.

Words: John Henry Newman (1801-1890)

Tune: Shipston, Ralph Vaughan Williams (1872-1958)

Gospel Acclamation

The congregation turns to face the deacon.

The acclamation heralds the Gospel reading.

The choir sings the Acclamation, then all repeat it.



The cantor sings:

The Lord is a great God, O that today you would listen to his voice.

Harden not your hearts.

cf Psalm 95.3,8

All sing the Acclamation.

Gospel Reading

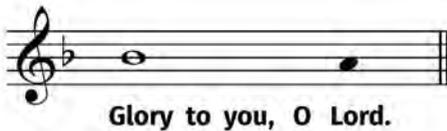
John 4:5-26

The deacon says

The Lord be with you.

And also with you.

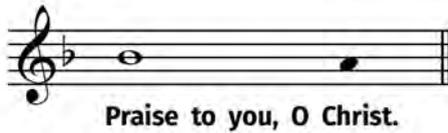
Hear the Gospel of our Lord Jesus Christ according to John.



Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, 'Give me

a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

This is the Gospel of the Lord.



The congregation sits.

Sermon

The Revd Preb Nigel Guthrie - *Priest Vicar*

The Nicene Creed

The congregation stands and says

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

The president introduces the Prayers. The congregation sits.

Lord, in your mercy
hear our prayer.

At the end

Merciful Father;
**Accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

The congregation stands. The president says

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you.
and also with you.

Offertory Collection

A collection is taken. Please remember to use a Gift Aid envelope if you are a UK taxpayer. You may also donate by phone or cards at the contactless points as you leave. Additionally, you may give to the Cathedral by scanning this QR code or via <https://www.exeter-cathedral.org.uk/support-us/giving-to-exeter-cathedral/>



Preparation of the Table

The altar is prepared and the congregation sings

**Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.**

**Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.**

**Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong power:
O raise thou me heavenward, great power of my power.**

**Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always:
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.**

**High King of heaven, thou heaven's bright Sun,
O grant me its joys after vict'ry is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.**

Words: Irish 8th Century, tr Mary Byrne (1880-1931)

Tune: Slane, Erik Routley (1917-1982)

Prayer over the gifts

The congregation remains standing. The president says

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.

It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
 through your goodness we have this wine to set before you,
 fruit of the vine and work of human hands.
 It will become for us the cup of salvation.
Blessed be God for ever.

Eucharistic Prayer

The president sings

The_ Lord be_ with_ you R. and_ al - so_ with_ you.

Lift_____ up your_ hearts._ R. **We lift them to_ the Lord._**

Let us give thanks to the Lord_ our God.

R. **It is right to give thanks and praise._**

It is indeed right and good
 to give you thanks and praise,
 almighty God and everlasting Father,
 through Jesus Christ your Son.
 For in these forty days
 you lead us into the desert of repentance
 that through a pilgrimage of prayer and discipline
 we may grow in grace
 and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

The choir sings:

Sanctus, sanctus, sanctus,	<i>Holy, holy, holy, Lord,</i>
Dominus Deus Sabaoth.	<i>God of power and might,</i>
Pleni sunt coeli, et terra	<i>heaven and earth are full of</i>
gloria tua.	<i>your glory,</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>
Benedictus qui venit	<i>Blessed is he who comes</i>
in nomine Domini.	<i>in the name of the Lord.</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>

The president continues:

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself once offered
a full, perfect and sufficient sacrifice,
oblation and satisfaction for the sins of the whole world;
he instituted, and in his holy gospel commanded us to continue,
a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation, this bread and this wine,
according to your Son our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers of his most blessed body and blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

The deacon says

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice of praise and thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our sins
and all other benefits of his passion.
Although we are unworthy, through our manifold sins,
to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.
Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;
through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.
Amen.

The Lord's Prayer

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.**

**For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*The congregation sits. If you wish to receive communion please follow the directions of the sidesmen, joining the appropriate queue and returning to your seats via the side aisles. If you wish to receive a blessing **please hold up this book to indicate that you wish to receive a blessing.** Please do not dip the host in the wine.*

Gluten-Free hosts are available—simply say “Gluten-Free.”

Agnus Dei

The choir sings

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

*Lamb of God
you take away the sin of the world,
have mercy on us.*

The Dismissal

Blessing

The congregation stands. The president says

The Lord be with you

and also with you.

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Dismissal

The deacon says

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Hymn

The congregation remains standing and sings

Praise the Lord! ye heavens, adore him;	2. Praise the Lord! for he is glorious;
praise him, angels, in the height;	never shall his promise fail;
sun and moon, rejoice before him,	God has made his saints victorious.
praise him, all ye stars and light:	Sin and death shall not prevail.
praise the Lord! for he has spoken,	Praise the God of our salvation;
worlds his mighty voice obeyed;	hosts on high, his power proclaim;
laws, which never shall be broken,	heaven and earth, and all creation,
for their guidance he has made.	laud and magnify his name!

**3. Worship, honour, glory, blessing,
Lord, we offer to thy name;
young and old, thy praise expressing,
join their Saviour to proclaim.
As the saints in heaven adore thee,
we would bow before thy throne;
as thine angels serve before thee,
so on earth thy will be done.**

Words: Verses 1, 2 Foundling Hospital Collection 1796

Verse 3 Edward Osler (1798-1863)

Tune: Austria, Franz Joseph Haydn (1732-1809)

Organ Voluntary

Aus tiefer Not schrei ich zu dir, BWV 686 – J S Bach (1685-1750)

The congregation sits and is invited to listen to the organ voluntary.

Tea and coffee are served in the South Transept following the service. All are welcome.

Pastoral Care Team

Members of the Pastoral Care Team are entrusted to visit the sick and the housebound with Communion. If you would like a member of the Pastoral Care Team to contact you, please email: pastoral.care@exeter-cathedral.org.uk
If you would like a conversation whether in joy or sorrow, please contact the Canon Chancellor, Canon Deborah Parsons: 07776359402 (deborah.parsons@exeter-cathedral.org.uk) or Canon Ian Morter 07527735640 (ian.morter@exeter-cathedral.org.uk)

For wedding enquiries, please contact Prebendary Nigel Guthrie (nigel.guthrie@exeter-cathedral.org.uk)

For baptism enquiries, please contact Prebendary Nigel Guthrie (nigel.guthrie@exeter-cathedral.org.uk)

For your prayers

Please pray for Staff, pupils and parents of Exeter Cathedral School.

Those who are sick or in need: Sandy, Peter Vincent-Smith, Ken Parry, John Baker, Sally, Marion Newbery, Sarah Huxtable, Rosemarie, Penny Endersby, Rosemary Henry, Olivia Parkinson, Sarah, Ann, John Bowers, John, Jonathan Bush

Departed: Nikki Cann

Anniversaries of Death: John Colmer, Patrick Philips, Caroline Witts, Linda Shannon

An Opportunity to Pray with and for our Companion Diocese of Cyprus and the Gulf

Revd Martin Brown, St. Christopher`s Cathedral Bahrain is holding a time of prayer for the region every day at 6.00pm GST (which is currently 2.00pm GMT). If you would like to join this time of prayer on zoom, please contact Canon Cate Edmonds on: cate.edmonds@exeter-cathedral.org.uk who can give you the link.

Volunteer Vacancies: there are current vacancies for virgers, Cathedral Fabric Advisory Committee, Cathedral Choir Chaperone and Education Volunteers. Please see <https://www.exeter-cathedral.org.uk/support-us/volunteer-with-us/> for further information or scan the QR code.



Thanks from Canon Chris Palmer: “I would like to say a huge thank you for the kind words, messages, and gifts from the cathedral community that I received on my final Sunday. It was a special day, and I am deeply appreciative of everyone’s generosity. Olivia and I will continue to look with great interest at all that is going on in Exeter and will remember our time here with fondness. Chris”

The Revd Christopher Bryan: will be preaching at the following services

Today, 4pm Choral Evensong. *On Caiaphas and the Sanhedrin*

Sunday 15 March, Lent 4/Mothering Sunday. 9.00am Choral Eucharist:

On Mary, mother of our Lord

Sunday 22 March, Lent 5. 4pm Choral Evensong *On Judas*

When an intruder dies mysteriously in Exeter Cathedral Christopher Bryan's sharp thriller 'The Sliding Doors' takes the reader deep into a supernatural world where something dark and sinister has been awakened. Copies will be available from the Cathedral shop, £11.99.

Lent Course: Dancing to the Heartbeat of God

Join us as we explore and deepen our faith alongside voices from across the Anglican Communion. This year's Lent study course will be based on the Archbishop of Canterbury's Lent Book 'Dancing to the Heartbeat of God.' We will meet between 11.45 am and 12.45 pm TODAY & 22 March. We will draw on various readings from our Lent book which create a thematic focus for prayer, reflection, and discussion. For further information and to book a place please contact deborah.parsons@exeter-cathedral.org.uk or phil.wales@exeter-cathedral.org.uk

In Conversation with Julia Golding on:

"Wardrobes and Rings: Through Lenten Lands with the Inklings" by Julia Golding, Malcolm Guite and Simon Horobin

TODAY at 6:30pm The Chapter House,

(Refreshments served from 6.00pm)

Julia Golding is a multi-award-winning novelist, writing for adults, young adults and children. Over a million of her books have been published around the world. She has most recently written a series for children called Jane Austen Investigates (SPCK/Lion) and an adult Regency puzzle thriller series for HarperCollins, beginning with *The Persephone Code*.

Join us for an evening of conversation and exploration followed by a short service of compline.

Services next Sunday 15 March: please note the Choral Eucharist will take place at the earlier time of 7am. There will be no 8am Holy Communion.

The Revd Prebendary Julian Ould

Julian will be retiring from his role as Priest Vicar on 22 March. We will say thank you after the 10am Choral Eucharist on that day. Please send contributions to a farewell gift for Julian either to the Finance Department, Cathedral Office, 1 The Cloisters, Exeter EX1 1HS, or donate via BACS. The bank details are – Dean and Chapter of Exeter, Sort Code: 56-00-49 Account Number: 00708526, using the reference Ould. If you send a donation by post, please mark the envelope ‘Julian Ould Gift’ and make cheques payable to ‘The Dean and Chapter of Exeter.’

Confirmation Preparation for Young People and Adults

The next Confirmation Service will take place at the 10am Choral Eucharist on Sunday 17 May 2025. If you would like to be prepared for Confirmation, please give your full name and contact details (email and phone number) to: james.mustard@exeter-cathedral.org.uk or deborah.parsons@exeter-cathedral.org.uk ASAP.

‘As our Saviour has taught us’: Lenten reflections on The Lord’s Prayer
Canons Theologian Sue Gillingham and Morwenna Ludlow reflect on the prayer which is central to Christian tradition. So as to be accessible to as many people as possible these talks will be on Zoom and they will be recorded.

‘New Light on Familiar Words’, Canon Sue Gillingham. Thursday 19th March 2026, 7pm on Zoom:

Meeting ID: 976 8309 5249; Password: 946920

‘Pray in this way...’ Jesus says to his disciples before he offers them the words we now know as The Lord’s Prayer. Few, however, realize the depths of its Jewish roots: almost every phrase is found in the Hebrew Scriptures. By adding new insights, Sue will challenge your understanding of this extraordinary prayer and offer new ways in which you might ‘pray in this way’.

We are bold to say...’, Canon Morwenna Ludlow. Thursday 26th March 2026, 7pm on Zoom.

Meeting ID: 985 5592 4126; Password: 584096

The Lord’s Prayer is introduced in Anglican liturgy with some traditional words ‘Let us pray with confidence as our Saviour has taught us’ or ‘As our Saviour Christ hath commanded and taught us, we are bold to say’. What is meant by this idea of confidence or boldness and where did the phrases come from? Morwenna will turn to early teaching on the Lord’s Prayer to explore these words of introduction and to shed light on the familiar words of the prayer itself.

Holy Week Soup Suppers: on Monday 30 March-Wednesday 01 April at 6.15pm in the Chapter House. Please book in advance via the QR code or via <https://www.ticketsource.co.uk/exetercathedral/e-emerzv>



Maundy Thursday (02 April); 7,30pm sign up sheets please sign the two sheets on the community table if you are willing to have your feet washed during this service, and to participate in the watch at the altar of repose.

Holy Week 2026

Palm Sunday 29 March

8am: Holy Communion (BCP)

9.45am The Liturgy of Palms, Procession, and Choral Eucharist

Gather at New Cut Gate

4pm: Performance of J.S. Bach 'St John Passion' (see poster on the back page)

Monday 30 March - Wednesday 01 April

5.30pm Choral Evensong (Wed: Said Evening Prayer)

7.30pm, Compline and Address

Maundy Thursday 02 April

10.30am Chrism Eucharist with Renewal of Ministerial Vows

7.30pm The Liturgy of Maundy Thursday

Good Friday 03 April

10am Good Friday service given by Churches Together across Exeter

1.30pm The Liturgy of Good Friday

7.30pm Performance of 'The Crucifixion' *John Stainer*

sung by the University of Exeter Chapel Choir

Easter Sunday 05 April

6am Easter Vigil: *Gather in the Cloister Gallery*

8am Holy Communion (BCP)

10am Choral Eucharist:

11.45am Choral Matins

4pm Choral Evensong

Easter Monday 06 April

Services today sung by the Old Choristers' Association

11.30am Choral Eucharist

3pm Choral Evensong



Sunday 08

THE THIRD SUNDAY OF LENT

8.00am	Holy Communion <i>BCP p89 for Collect, Epistle and Gospel</i>		Quire
9.00am	Morning Prayer		St Gabriel Chapel
10.00am	Choral Eucharist <i>CW Order 1</i> Lent Prose Missa super <i>Bella Amfitrit' altera Orlando Lassus</i> <i>Civitas sancti tui William Byrd</i>		Nave
4.00pm	Choral Evensong <i>BCP</i> Collegium Regale <i>Herbert Howells</i> Wash me throughly <i>Samuel Sebastian Wesley</i>	Psalm 40	Quire Responses <i>Anthony Piccolo</i> Hymns 66, 362 NEH

Monday 09

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
12.30pm	Prayers for Healing		
5.30pm	Choral Evensong <i>BCP</i> <i>Sydney Watson in E</i> <i>Salvator mundi Thomas Tallis</i>	Psalms 47-49	Quire Responses <i>Francis Pott</i>

Tuesday 10

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
5.30pm	Choral Evensong <i>BCP</i> <i>William Harris in A</i> <i>Hear my prayer Henry Purcell</i>	Psalms 53-55	Quire Responses <i>Matthew Martin</i>

Wednesday 11

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
1.15pm	The Eucharist <i>CW</i>		Lady Chapel
5.30pm	Evening Prayer <i>BCP</i>		Lady Chapel
	The Very Revd Jonathan Greener – <i>Dean</i>		
	The Revd Canon James Mustard – <i>Canon Precentor</i>		
	Timothy Noon – <i>Director of Music</i>		

08-15 March 2026

Thursday 12

8.15am	Morning Prayer <i>CW</i>	Quire
8.35am	The Eucharist <i>CW</i>	Quire
9.00am	Morning Prayer <i>CW</i>	www.zoom.us
5.30pm	Choral Evensong <i>BCP</i>	Psalms 65–67 Quire
	The Jesus College Service <i>William Mathias</i>	Responses
	A Litany <i>William Walton</i>	<i>Francis Pott</i>

Friday 13

8.15am	Morning Prayer <i>CW</i>	Quire
8.35am	The Eucharist <i>CW</i>	Quire
9.00am	Morning Prayer <i>CW</i>	www.zoom.us
5.30pm	Choral Evensong <i>BCP</i>	Psalms 69, 70 Quire
	The Merton College Service <i>Ēriks Ešēvalds</i>	Responses
	Vinea mea electa <i>Francis Poulenc</i>	<i>Matthew Martin</i>

Saturday 14

8.15am	Morning Prayer <i>CW</i>	Quire
8.35am	The Eucharist <i>CW</i>	Quire
5.30pm	Evening Prayer <i>BCP</i>	Lady Chapel

Sunday 15

		THE FOURTH SUNDAY OF LENT/MOTHERING SUNDAY
9.00am	Choral Eucharist <i>CW Order 1</i>	Nave
	Lent Prose	
	Missa brevis Sancti Joannis de Deo, Hob. XXII:7	
	<i>Franz Josef Haydn</i>	
	Hymne à la Vierge <i>Pierre Villette</i>	
4.00pm	Choral Evensong <i>BCP</i>	Psalms 31 (1–16) Quire
	The Second Service <i>Kenneth Leighton</i>	Responses
	Salvator mundi <i>John Blow</i>	<i>Matthew Martin</i>

CW – Common Worship, services and prayers for the Church of England (2000)

Zoom Morning Prayer: www.zoom.us Meeting ID: 99638985011, Passcode: 1F0puR

BCP – Book of Common Prayer (1662)

Palm Sunday 29 March | 4pm

Find out more at:
bit.ly/sjp-ec
or scan the QR code



St JOHN PASSION

with Exeter Cathedral Choir & Devon Baroque

Join Exeter Cathedral Choir and Devon Baroque for a spectacular performance of St John Passion - JS Bach's monumental retelling of the story of the Crucifixion of Jesus.