



22 February-01 March 2026

The First Sunday of Lent

A warm welcome to Exeter Cathedral.

Collect, epistle and gospel at 0800 BCP Communion: page 86

BCP Collect (The First Sunday in Lent)

O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

Safeguarding

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church. If you are concerned that someone you know is at risk of or is being abused or presents a risk to others, email safeguarding@exeter-cathedral.org.uk or to speak to one of our local contacts below

The Ven Nick Shutt - *Chapter Safeguarding Lead, 07739 988975*

Catherine Escott - *Chief Operating Officer - 07914 901254*

Jeremy Rawlings – *Cathedral Safeguarding Officer – 07482 312299*

Pastoral Care Team

If you would like a member of the Pastoral Care Team to contact you, please email: pastoral.care@exeter-cathedral.org.uk

If you would like a conversation whether in joy or sorrow, please contact the Canon Chancellor, Canon Deborah Parsons: 07776359402

(deborah.parsons@exeter-cathedral.org.uk) or Canon Ian Morter 07527735640 (ian.morter@exeter-cathedral.org.uk)

For wedding enquiries, please contact Prebendary Julian Ould (julian.ould@exeter-cathedral.org.uk)

For baptism enquiries, please contact Prebendary Nigel Guthrie (nigel.guthrie@exeter-cathedral.org.uk)





Sunday 22

THE FIRST SUNDAY OF LENT

8.00am	Holy Communion <i>BCP p86 for Collect, Epistle and Gospel</i>		Quire
9.00am	Morning Prayer		St Gabriel Chapel
10.00am	Choral Eucharist <i>CW Order 1 sung by Ad Hoc Voices and Truro Chamber Choir</i> Litany <i>Timothy Noon</i> Mass in E flat for double choir <i>Josef Rheinberger</i> Ne Irascaris Domine <i>William Byrd</i>		Nave
4.00pm	Choral Evensong <i>BCP sung by Ad Hoc Voices and Truro Chamber Choir</i> St Paul's Service <i>Herbert Howells</i> Bring us, O Lord God <i>William Harris</i>	Psalm 50:1-15	Quire Responses <i>Bernard Rose</i> Hymns 358 (ii), 333

Monday 23

Polycarp, bishop, martyr, c.155

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
12.30pm	Prayers for Healing		
5.30pm	Choral Evensong <i>BCP</i> <i>Michael Wise</i> in F Nolo mortem peccatoris <i>Thomas Morley</i>	Psalms 114, 115	Quire Responses <i>Andrew Millington</i>

Tuesday 24

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
5.30pm	Choral Evensong <i>BCP</i> <i>Stanley Vann</i> in E minor Adoramus te <i>Claudio Monteverdi</i>	Psalm 119 (1-32)	Quire Responses <i>Cecilia McDowall</i>

Wednesday 25

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
1.15pm	The Eucharist <i>CW</i>		Lady Chapel
5.30pm	Evening Prayer <i>BCP</i> The Very Revd Jonathan Greener – <i>Dean</i> The Revd Canon James Mustard – <i>Canon Precentor</i> Timothy Noon – <i>Director of Music</i>		Lady Chapel

22 February-1 March 2026

Thursday 26

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
5.30pm	Choral Evensong <i>BCP</i>	Psalms 119 (145-176)	Quire
	<i>Thomas Tertius Noble</i> in B minor		Responses
	The Lord is my shepherd <i>John Rutter</i>		<i>Anthony Piccolo</i>

Friday 27

		George Herbert, priest, poet, 1633	
8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
5.30pm	Choral Evensong <i>BCP</i>	Psalms 126-131	Quire
	The Short Service <i>Thomas Weelkes</i>		Responses
	Miserere nostri <i>Thomas Tallis</i>		<i>Cecilia McDowall</i>

Saturday 28

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
5.30pm	Evening Prayer <i>BCP</i>		Quire

Sunday 01 March

		THE SECOND SUNDAY OF LENT	
8.00am	Holy Communion <i>BCP</i> p88 for <i>Collect, Epistle and Gospel</i>		Quire
9.00am	Morning Prayer		St Gabriel Chapel
10.00am	Choral Eucharist <i>CW</i> Order 1		Nave
	The Lent Prose		
	Messe Solennelle <i>Jean Langlais</i>		
	O sacrum convivium <i>Olivier Messiaen</i>		
4.00pm	Choral Evensong <i>BCP</i>	Psalms 135	Nave
	The St Paul's Service <i>Andrew Baldwin</i>		Responses
	And I saw a new heaven <i>Edgar Bainton</i>		<i>Thomas Morley</i>

CW – Common Worship, services and prayers for the Church of England (2000)

Zoom Morning Prayer: www.zoom.us Meeting ID: 99638985011, Passcode: 1F0puR

BCP – Book of Common Prayer (1662)

Pastoral Care Team

Members of the Pastoral Care Team are entrusted to visit the sick and the housebound with Communion. If you would like a member of the Pastoral Care Team to contact you, please email: pastoral.care@exeter-cathedral.org.uk

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For your prayers

Please pray for Staff, pupils and parents of Exeter Cathedral School.

Those who are sick or in need:

Sally, Marion Newbery, Sarah Huxtable, Rosemarie, Penny Endersby, Rosemary Henry, Olivia Parkinson, Sarah, Ann, John Bowers, John, Nikki Cann, Jonathan Bush

Departed: Felicity Hall, Muriel Hiney, Robert Shrimpton, Terri Scott, Marian Hardwicke, Douglas Brodie, Jean Scriven

Anniversaries of Death: Robert Butler, Julianna Bartus

Volunteer Vacancies: there are current vacancies for virgers, Cathedral Fabric Advisory Committee, Cathedral Choir Chaperone and Education Volunteers. Please see <https://www.exeter-cathedral.org.uk/support-us/volunteer-with-us/> for further information or scan the QR code.

The Revd Christopher Bryan: will be preaching at the following services

Sunday 22 February: 4pm Choral Evensong: *On Mary and Mother of Bethany*

Sunday 8 March, 4pm Choral Evensong. *On Caiaphas and the Sanhedrin*

Sunday 15 March, Lent 4/Mothering Sunday. 9.00am Choral Eucharist: *On Mary, mother of our Lord*

Sunday 22 March, Lent 5. 4pm Choral Evensong *On Judas*

When an intruder dies mysteriously in Exeter Cathedral, Christopher Bryan's sharp thriller takes the reader deep into a supernatural world where something dark and sinister has been awakened. Copies will be available from the Cathedral shop, £11.99.

Upcoming Funerals:

Thursday 26 February at 2.30pm in the Lady Chapel, Robert Shrimpton.

Lent Course: Dancing to the Heartbeat of God

Join us as we explore and deepen our faith alongside voices from across the Anglican Communion. This year's Lent study course will be based on the Archbishop of Canterbury's Lent Book 'Dancing to the Heartbeat of God.'

We will meet between 11.45 am and 12.45 pm on: 22 February, 8 & 22 March. We will draw on various readings from our Lent book which create a thematic focus for prayer, reflection, and discussion. For further information and to book a place please contact deborah.parsons@exeter-cathedral.org.uk or phil.wales@exeter-cathedral.org.uk

Prideaux Lecture 27 February 2026

Professor Luke Bretherton, Regius Professor of Moral and Pastoral Theology, University of Oxford

Lecture: Friday 27 February, 6:30pm, University of Exeter, Streatham Campus, Newman Purple Lecture Room. Drinks

reception from 6pm. (Please register via the QR code at least 48 hours in advance if you wish to attend on-line.)



Canon Chris Palmer's last Sunday. On Sunday 1 March Chris will preside at the 10am Eucharist, and the Dean will preach. The main farewell and thanks will be at and after Evensong at 4pm the same day. Please send a donation towards a thank you gift for Chris either to the Finance Department, Cathedral Office, 1 The Cloisters, Exeter EX1 1HS, or donate via BACS. The bank details are – Dean and Chapter of Exeter, Sort Code: 56-00-49 Account Number: 00708526, using the reference Palmer. If you send a donation by post, please mark the envelope 'Chris Palmer Gift' and make cheques payable to 'The Dean and Chapter of Exeter.'

In Conversation with Julia Golding on:

“Wardrobes and Rings: Through Lenten Lands with the Inklings” by Julia Golding, Malcolm Guite and Simon Horobin

Sunday 8 March 2026 6:30pm The Chapter House, Exeter Cathedral

(Refreshments served from 6.00pm)

Julia Golding is a multi-award-winning novelist, writing for adults, young adults and children. Over a million of her books have been published around the world. She has most recently written a series for children called Jane Austen Investigates (SPCK/Lion) and an adult Regency puzzle thriller series for HarperCollins, beginning with The Persephone Code.

Join us for an evening of conversation and exploration followed by a short service of compline.

Services on Sunday 15 March: please note the Choral Eucharist will take place at the earlier time of 9am. There will be no 8am Holy Communion.

**Installation of Canon Chris Palmer as Dean of Winchester
– Coach Trip from Exeter to Winchester: Sunday 15 March
2026**

The coach will depart Exeter at 10.15am from South Street arriving in time for the 3.00pm service at Winchester. We will return by coach at 5.30pm, arriving back in Exeter at approximately 8.30pm. Tickets cost £20 per person. Please do book quickly as spaces are limited. <https://www.ticketsource.co.uk/exetercathedral/t-njovmka> or via the QR code



Confirmation Preparation for Young People and Adults

The next Confirmation Service will take place at the 10am Choral Eucharist on Sunday 17 May 2025. If you would like to be prepared for Confirmation, please give your full name and contact details (email and phone number) to: james.mustard@exeter-cathedral.org.uk or deborah.parsons@exeter-cathedral.org.uk ASAP.

‘As our Saviour has taught us’: Lenten reflections on The Lord’s Prayer
Canons Theologian Sue Gillingham and Morwenna Ludlow reflect on the prayer which is central to Christian tradition. So as to be accessible to as many people as possible these talks will be on Zoom and they will be recorded.

‘New Light on Familiar Words’, Sue Gillingham. Thursday 19th March 2026, 7pm on Zoom:

Meeting ID: 976 8309 5249; Password: 946920

‘Pray in this way...’ Jesus says to his disciples before he offers them the words we now know as The Lord’s Prayer. Few, however, realize the depths of its Jewish roots: almost every phrase is found in the Hebrew Scriptures. By adding new insights, Sue will challenge your understanding of this extraordinary prayer and offer new ways in which you might ‘pray in this way’.

‘We are bold to say...’, Morwenna Ludlow. Thursday 26th March 2026, 7pm on Zoom.

Meeting ID: 985 5592 4126; Password: 584096

The Lord’s Prayer is introduced in Anglican liturgy with some traditional words ‘Let us pray with confidence as our Saviour has taught us’ or ‘As our Saviour Christ hath commanded and taught us, we are bold to say’. What is meant by this idea of confidence or boldness and where did the phrases come from? Morwenna will turn to early teaching on the Lord’s Prayer to explore these words of introduction and to shed light on the familiar words of the prayer itself.

St John Passion: Palm Sunday 29 March at 4pm with Exeter Cathedral Choir and Devon Baroque. Find out more at bit.ly/sjp-ec or by scanning the QR code.



