



Exeter
Cathedral

Choral Eucharist

Sunday 22 February 2026

1000

The First Sunday of Lent

www.exeter-cathedral.org.uk

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Welcome to the Cathedral

The Cathedral Church of St Peter in Exeter, founded in 1050, has been the seat (cathedra) of the Bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

Ministers

President: The Revd Preb Julian Ould - *Priest Vicar*

Deacon: The Revd Canon Deborah Parsons - *Canon Chancellor*

Subdeacon: The Revd Philip Wales - *Priest Vicar*

Preacher: The Revd Canon Morwenna Ludlow - *Canon Theologian*

Music

Mass Setting: Mass in E flat for double choir *Josef Rheinberger (1839-1901)*

Conductor: Andrew Trehwella

Organist: Martin Palmer

We welcome and thank Ad Hoc Voices and Truro Chamber Choir for singing our choral services today during the Cathedral Choir half term holiday.

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CCL Number 172188*

Children's Activities:

Cloister Club is on its half term holiday. There will be children's activity sheets available at the back of the Cathedral so please help yourself. We look forward to Cloister Club returning shortly.

Holy Communion

Communion will be offered in two kinds, bread and wine. Please do not dip the host in the wine. Please follow the directions of the sidesmen. Gluten-free wafers will be available at all communion stations, if you require a gluten-free wafer please indicate this to the clergy. If you wish to receive a blessing only please carry this order of service with you.

Collection and Giving

A collection will be taken during this service. Please remember to use a Gift Aid envelope if you are a UK taxpayer. Also, you may support the work of the Cathedral by donating at the collection boxes and online terminals at the entrance and exit. Additionally, you may give to the Cathedral via this QR code or via the website: <https://www.exeter-cathedral.org.uk/support-us/giving-to-exeter-cathedral/>



Safeguarding

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church. If you are concerned that someone you know is at risk of or is being abused or presents a risk to others, email safeguarding@exeter-cathedral.org.uk or to speak to one of our contacts below

The Ven Nick Shutt - *Chapter Safeguarding Lead*, 07739 988975

Catherine Escott - *Chief Operating Officer* - 07914 901254

Jeremy Rawlings - *Cathedral Safeguarding Officer* - 07482 312299

If there is immediate risk or danger please contact the Police on 999, or if necessary report the matter to the Local Authority Social Care Services without delay.

Please note that photography and recordings are not permitted during services.

Organ Music before the service

Introduction to the Season of Lent

Lent may originally have followed Epiphany, just as Jesus' sojourn in the wilderness followed immediately on his baptism, but it soon became firmly attached to Easter, as the principal occasion for baptism and for the reconciliation of those who had been excluded from the Church's fellowship for apostasy or serious faults. This history explains the characteristic notes of Lent – self-examination, penitence, self-denial, study, and preparation for Easter, to which almsgiving has traditionally been added.

Now is the healing time decreed
for sins of heart and word and deed,
when we in humble fear record
the wrong that we have done the Lord.

(Latin, before 12th century)

As the candidates for baptism were instructed in Christian faith, and as penitents prepared themselves, through fasting and penance, to be readmitted to communion, the whole Christian community was invited to join them in the process of study and repentance, the extension of which over forty days would remind them of the forty days that Jesus spent in the wilderness being tested by Satan.

Ashes are an ancient sign of penitence; from the Middle Ages it became the custom to begin Lent by being marked in ash with the sign of the cross. The calculation of the forty days has varied considerably in Christian history. It is now usual in the West to count them continuously to the end of Holy Week (not including Sundays), so beginning Lent on the sixth Wednesday before Easter, Ash Wednesday. Liturgical dress is the simplest possible. Churches are kept bare of flowers and decoration. 'Gloria in excelsis' is not used. The Fourth Sunday of Lent (Laetare or Refreshment Sunday) was allowed as a day of relief from the rigour of Lent, and the Feast of the Annunciation almost always falls in Lent; these breaks from austerity are the background to the modern observance of Mothering Sunday on the Fourth Sunday of Lent.

As Holy Week approaches, the atmosphere of the season darkens; the readings begin to anticipate the story of Christ's suffering and death, and the reading of the Passion Narrative gave to the Fifth Sunday its name of Passion Sunday. There are many devotional exercises which may be used in Lent and Holy Week outside the set liturgy. The Stations of the Cross, made popular in the West by the Franciscans after they were granted custody of the Christian sites in the Holy Land, are the best known.

Order of service

The Gathering

Introit

The congregation stands. The choir sings

I

Let us pray.

God the Father,
have mercy on us.

God the Son,
have mercy on us.

God the Holy Spirit,
have mercy on us.

Holy, blessed and glorious Trinity,
have mercy on us.

II

From all evil and mischief;
from pride, vanity and hypocrisy;
from envy, hatred and malice;
and from all evil intent,
good Lord, deliver us.

From sloth, worldliness and love of money; from hardness of heart
and contempt for your word and your laws,
good Lord, deliver us.

From sins of body and mind;
from the deceits of the world,
the flesh, and the devil,
good Lord, deliver us.

From famine and disaster;
from violence, murder and dying unprepared,
good Lord, deliver us.

In all times of sorrow;
in all times of joy;
in the hour of death,
and at the day of judgement,
good Lord, deliver us.

III

By the mystery of your holy incarnation;
by your birth, childhood and obedience;
by your baptism, fasting and temptation,
good Lord, deliver us.

By your ministry in word and work;
by your mighty acts of power;
and by your preaching of the kingdom,
good Lord, deliver us.

By your agony and trial;
by your cross and passion;
and by your precious death and burial,
good Lord, deliver us.

By your mighty resurrection;
by your glorious ascension;
and by your sending of the Holy Spirit,
good Lord, deliver us.

IV

Hear our prayers, O Lord our God.
Hear us, good Lord.

Govern and direct your holy Church; fill it with love and truth;
and grant it that unity which is your will.
Hear us, good Lord.

Give us boldness to preach the gospel in all the world,
and to make disciples of all the nations.
Hear us, good Lord.

Enlighten Mike, Moira and James our Bishops
and all who minister
with knowledge and understanding,
that by their teaching and their lives they may proclaim your word.
Hear us, good Lord.

Give your people grace to hear and
receive your word, and to bring forth the fruit of the Spirit.
Hear us, good Lord.

Bring into the way of truth all who have erred and are deceived.

Hear us, good Lord.

Strengthen those who stand;

comfort and help the faint-hearted;

raise up the fallen; and finally beat down Satan under our feet.

Hear us, good Lord.

V

Guide the leaders of the nations

into the ways of peace and justice.

Hear us, good Lord.

Guard and strengthen your servant Charles our King,

that he may put his trust in you,

and seek your honour and glory.

Hear us, good Lord.

Endue the High Court of Parliament

and all the Ministers of the Crown

with wisdom and understanding.

Hear us, good Lord.

Bless those who administer the law,

that they may uphold justice, honesty and truth.

Hear us, good Lord.

Give us the will to use the resources of the earth to your glory,

and for the good of all creation.

Hear us, good Lord.

Bless and keep all your people.

Hear us, good Lord.

Bring your joy into all families;

strengthen and deliver those in childbirth,

watch over children and guide the young,

bring reconciliation to those in discord and peace to those in stress.

Hear us, good Lord.

VI

Help and comfort the lonely, the bereaved and the oppressed.

Lord, have mercy.

Keep in safety those who travel, and all who are in danger.

Lord, have mercy.

Heal the sick in body and mind,

and provide for the homeless, the hungry and the destitute.

Lord, have mercy.

Show your pity on prisoners and refugees,

and all who are in trouble.

Lord, have mercy.

Forgive our enemies, persecutors and slanderers,

and turn their hearts.

Lord, have mercy.

Hear us as we remember
those who have died in the peace of Christ,
both those who have confessed the faith
and those whose faith is known to you alone,
and grant us with them a share in your eternal kingdom.
Lord, have mercy.

VII

Give us true repentance; forgive us our sins of negligence and ignorance
and our deliberate sins; and grant us the grace of your Holy Spirit to
amend our lives according to your holy word.
*Holy God, holy and strong,
holy and immortal, have mercy upon us.*

Music: Timothy Noon (b1974)

Greeting

The congregation remains standing. The president says:

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you
and also with you.

Introduction

The president greets the congregation.

Kyrie

The congregation remains standing. The choir sings

Kyrie, eleison. *Lord, have mercy.*

Christe, eleison. *Christ, have mercy.*

Kyrie, eleison. *Lord, have mercy.*

The Collect

The congregation remains standing as the president invites us to pray

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The congregation sits.

The Liturgy of the Word

The First Reading

Genesis 2:15-17; 3:1-7

A reading from the book of Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, ‘You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die, ⁵for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food and that it was a delight to the eyes and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made loincloths for themselves.

This is the word of the Lord.

Thanks be to God.

Hymn

The congregation stands and sings

Forty days and forty nights

thou wast fasting in the wild,

forty days and forty nights

tempted and yet undefiled.

4 And if Satan, vexing sore,

flesh or spirit should assail,

thou, his vanquisher before,

grant we may not faint nor fail.

2 Sunbeams scorching all the day,

chilly dewdrops nightly shed,

prowling beasts about thy way,

stones thy pillow, earth thy bed.

5 So shall we have peace divine,

holier gladness ours shall be,

round us too shall angels shine,

such as ministered to thee.

3 Let us thine endurance share,

and awhile from joys abstain,

with thee watching unto prayer,

strong with thee to suffer pain.

6 Keep, O keep us, Saviour dear,

ever constant by thy side,

that with thee we may appear

at the eternal Eastertide.

Words: G.H. Smyttan (1822-1870)

and Francis Pott (1832-1909)

Music: Aus der Tiefe, M. Herbst (1654-1681)

Gospel Acclamation

The congregation turns to face the deacon.

The acclamation heralds the Gospel reading.

The choir sings the Acclamation, then all repeat it.



The cantor sings:

The Lord is a great God, O that today you would listen to his voice.

Harden not your hearts.

cf Psalm 95.3, 8

Praise to you, O Christ, King of eternal glory.

All sing the Acclamation.

Gospel Reading

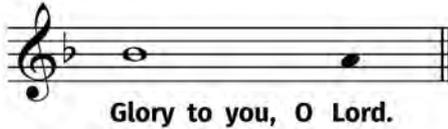
Matthew 4:1-11

The deacon says

The Lord be with you.

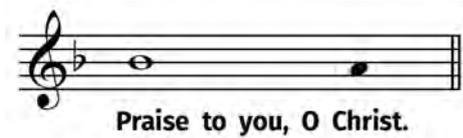
And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.



Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’” Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down; for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.



The congregation sits.

Sermon

The Revd Canon Morwenna Ludlow - *Canon Theologian*

The Nicene Creed

The congregation stands and says

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

The Liturgy of the Sacrament

The Peace

The congregation remains standing. The president says

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you.
and also with you.

Offertory Collection

A collection is taken. Please remember to use a Gift Aid envelope if you are a UK taxpayer. You may also donate by phone or cards at the contactless points as you leave. Additionally, you may give to the Cathedral by scanning this QR code or via <https://www.exeter-cathedral.org.uk/support-us/giving-to-exeter-cathedral/>



Preparation of the Table

The altar is prepared and the congregation sings

**Jesu, lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high:
hide me, O my Saviour, hide
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.**

**2. Other refuge have I none,
hangs my helpless soul on thee;
leave, ah, leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.**

**3. Thou, O Christ, art all I want,
more than all in thee I find:
raise the fallen, cheer the faint,
heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
false and full of sin I am,
thou art full of truth and grace.**

**4. Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound,
make and keep me pure within.
Thou of life the fountain art,
freely let me take of thee,
spring thou up within my heart,
rise to all eternity.**

Words: Charles Wesley (1707-1788)

Tune: Aberystwyth, Joseph Parry (1841-1903)

Prayer over the gifts

The congregation remains standing. The president says

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

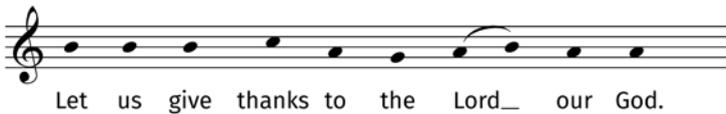
Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

Eucharistic Prayer

The president sings



It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

The choir sings:

Sanctus, sanctus, sanctus,	<i>Holy, holy, holy, Lord,</i>
Dominus Deus Sabaoth.	<i>God of power and might,</i>
Pleni sunt coeli, et terra	<i>heaven and earth are full of</i>
gloria tua.	<i>your glory,</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>
Benedictus qui venit	<i>Blessed is he who comes</i>
in nomine Domini.	<i>in the name of the Lord.</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>

The president continues:

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself once offered
a full, perfect and sufficient sacrifice, oblation and satisfaction for the
sins of the whole world;
he instituted, and in his holy gospel commanded us to continue,
a perpetual memory of his precious death until he comes again.
Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation, this bread and this wine,
according to your Son our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers of his most blessed body and blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

The deacon says

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice of praise and
thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our sins
and all other benefits of his passion.

Although we are unworthy, through our manifold sins,
to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.

Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;
through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever

Amen.

The Lord's Prayer

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*The congregation sits. If you wish to receive communion please follow the directions of the sidesmen, joining the appropriate queue and returning to your seats via the side aisles. If you wish to receive a blessing **please hold up this book to indicate that you wish to receive a blessing.** Please do not dip the host in the wine.*

Gluten Free hosts are available—simply say “Gluten Free.”

Agnus Dei

The choir sings

Agnus Dei,	<i>Lamb of God</i>
qui tollis peccata mundi,	<i>you take away the sin of the world,</i>
miserere nobis.	<i>have mercy on us.</i>

Agnus Dei,	<i>Lamb of God</i>
qui tollis peccata mundi,	<i>you take away the sin of the world,</i>
miserere nobis.	<i>have mercy on us.</i>

Agnus Dei,	<i>Lamb of God</i>
qui tollis peccata mundi,	<i>you take away the sin of the world,</i>
dona nobis pacem.	<i>grant us peace.</i>

Anthem

The choir sings

Ne irascaris, Domine, satis, et ne ultra memineris iniquitatis nostrae.
Ecce, respice, populus tuus omnes nos.

*Be not wroth very sore, O Lord, neither remember iniquity for ever:
behold, see, we beseech thee, we are all thy people.*

Words: Isaiah 64:9

Music: William Byrd (1540-1623)

Prayer after Communion

The president says

Let us pray.

The congregation stands.

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

The congregation sits. Notices are given.

The Dismissal

Blessing

All remain standing. The president says

The Lord be with you
and also with you.

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Dismissal

The deacon says

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Hymn

The congregation sings

**Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.**

**2 The world, the flesh, and Satan dwell
around the path I tread;
O, save me from the snares of hell,
thou quickener of the dead.**

**3 And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.**

**4 Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.**

Words: Isaac Williams (1802-1865)

Tune: Abridge, Isaac Smith (1734-1805)

Organ Voluntary

The choir and ministers depart. The congregation sits and is invited to listen to the organ voluntary.

Tea and coffee are served in the South Transept following the service. All are welcome.

Pastoral Care Team

Members of the Pastoral Care Team are entrusted to visit the sick and the housebound with Communion. If you would like a member of the Pastoral Care Team to contact you, please email: pastoral.care@exeter-cathedral.org.uk

If you would like a conversation whether in joy or sorrow, please contact the Canon Chancellor, Canon Deborah Parsons: 07776359402

(deborah.parsons@exeter-cathedral.org.uk) or Canon Ian Morter 07527735640
(ian.morter@exeter-cathedral.org.uk)

For wedding enquiries, please contact Prebendary Julian Ould
(julian.ould@exeter-cathedral.org.uk)

For baptism enquiries, please contact Prebendary Nigel Guthrie
(nigel.guthrie@exeter-cathedral.org.uk)

For your prayers

Please pray for Staff, pupils and parents of Exeter Cathedral School.

Those who are sick or in need:

Sally, Marion Newbery, Sarah Huxtable, Rosemarie, Penny Endersby, Rosemary Henry, Olivia Parkinson, Sarah, Ann, John Bowers, John, Nikki Cann, Jonathan Bush

Departed: Felicity Hall, Muriel Hiney, Robert Shrimpton, Terri Scott, Marian Hardwicke, Douglas Brodie, Jean Scriven

Anniversaries of Death: Robert Butler, Julianna Bartus

Volunteer Vacancies: there are current vacancies for virgers, Cathedral Fabric Advisory Committee, Cathedral Choir Chaperone and Education Volunteers. Please see <https://www.exeter-cathedral.org.uk/support-us/volunteer-with-us/> for further information or scan the QR code.



The Revd Christopher Bryan: will be preaching at the following services

Sunday 22 February: 4pm Choral Evensong: *On Mary and Mother of Bethany*

Sunday 8 March, 4pm Choral Evensong. *On Caiaphas and the Sanhedrin*

Sunday 15 March, Lent 4/Mothering Sunday. 9.00am Choral Eucharist:

On Mary, mother of our Lord

Sunday 22 March, Lent 5. 4pm Choral Evensong *On Judas*

When an intruder dies mysteriously in Exeter Cathedral, Christopher Bryan's sharp thriller takes the reader deep into a supernatural world where something dark and sinister has been awakened. Copies will be available from the Cathedral shop, £11.99.

Upcoming Funerals:

Thursday 26 February at 2.30pm in the Lady Chapel, Robert Shrimpton.

Lent Course: Dancing to the Heartbeat of God

Join us as we explore and deepen our faith alongside voices from across the Anglican Communion. This year's Lent study course will be based on the Archbishop of Canterbury's Lent Book 'Dancing to the Heartbeat of God.'

We will meet between 11.45 am and 12.45 pm on: 22 February, 8 & 22 March. We will draw on various readings from our Lent book which create a thematic focus for prayer, reflection, and discussion. For further information and to book a place please contact deborah.parsons@exeter-cathedral.org.uk or phil.wales@exeter-cathedral.org.uk

Prideaux Lecture 27 February 2026

Professor Luke Bretherton, Regius Professor of Moral and Pastoral Theology, University of Oxford

Lecture: Friday 27 February, 6:30pm, University of Exeter, Streatham Campus, Newman Purple Lecture Room. Drinks reception from 6pm. (Please register via the QR code at least 48 hours in advance if you wish to attend on-line.)



Canon Chris Palmer's last Sunday. On Sunday 1 March Chris will preside at the 10am Eucharist, and the Dean will preach. The main farewell and thanks will be at and after Evensong at 4pm the same day. Please send a donation towards a thank you gift for Chris either to the Finance Department, Cathedral Office, 1 The Cloisters, Exeter EX1 1HS, or donate via BACS. The bank details are – Dean and Chapter of Exeter, Sort Code: 56-00-49 Account Number: 00708526, using the reference Palmer. If you send a donation by post, please mark the envelope 'Chris Palmer Gift' and make cheques payable to 'The Dean and Chapter of Exeter.'

In Conversation with Julia Golding on:

“Wardrobes and Rings: Through Lenten Lands with the Inklings” by Julia Golding, Malcolm Guite and Simon Horobin

Sunday 8 March 2026 6:30pm The Chapter House, Exeter Cathedral

(Refreshments served from 6.00pm)

Julia Golding is a multi-award-winning novelist, writing for adults, young adults and children. Over a million of her books have been published around the world. She has most recently written a series for children called Jane Austen Investigates (SPCK/Lion) and an adult Regency puzzle thriller series for HarperCollins, beginning with The Persephone Code.

Join us for an evening of conversation and exploration followed by a short service of compline.

Services on Sunday 15 March: please note the Choral Eucharist will take place at the earlier time of 9am. There will be no 8am Holy Communion.

Installation of Canon Chris Palmer as Dean of Winchester–

Coach Trip from Exeter to Winchester: Sunday 15 March

2026

The coach will depart Exeter at 10.15am from South Street arriving in time for the 3.00pm service at Winchester. We will return by coach at 5.30pm, arriving back in Exeter at approximately 8.30pm. Tickets cost £20 per person. Please do book quickly as spaces are limited. <https://www.ticketsource.co.uk/exetercathedral/t-njovmka> or via the QR code



Confirmation Preparation for Young People and Adults

The next Confirmation Service will take place at the 10am Choral Eucharist on Sunday 17 May 2025. If you would like to be prepared for Confirmation, please give your full name and contact details (email and phone number) to: james.mustard@exeter-cathedral.org.uk or deborah.parsons@exeter-cathedral.org.uk ASAP.



Sunday 22

THE FIRST SUNDAY OF LENT

8.00am	Holy Communion <i>BCP p86 for Collect, Epistle and Gospel</i>		Quire
9.00am	Morning Prayer		St Gabriel Chapel
10.00am	Choral Eucharist <i>CW Order 1 sung by Ad Hoc Voices and Truro Chamber Choir</i> Litany <i>Timothy Noon</i> Mass in E flat for double choir <i>Josef Rheinberger</i> Ne Irascaris Domine <i>William Byrd</i>		Nave
4.00pm	Choral Evensong <i>BCP sung by Ad Hoc Voices and Truro Chamber Choir</i> St Paul's Service <i>Herbert Howells</i> Bring us, O Lord God <i>William Harris</i>	Psalm 50:1-15	Quire Responses <i>Bernard Rose</i> Hymns 358 (ii), 333

Monday 23

Polycarp, bishop, martyr, c.155

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
12.30pm	Prayers for Healing		
5.30pm	Choral Evensong <i>BCP</i> <i>Michael Wise</i> in F Nolo mortem peccatoris <i>Thomas Morley</i>	Psalms 114, 115	Quire Responses <i>Andrew Millington</i>

Tuesday 24

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
5.30pm	Choral Evensong <i>BCP</i> <i>Stanley Vann</i> in E minor Adoramus te <i>Claudio Monteverdi</i>	Psalm 119 (1-32)	Quire Responses <i>Cecilia McDowall</i>

Wednesday 25

8.15am	Morning Prayer <i>CW</i>		Quire
8.35am	The Eucharist <i>CW</i>		Quire
9.00am	Morning Prayer <i>CW</i>		www.zoom.us
1.15pm	The Eucharist <i>CW</i>		Lady Chapel
5.30pm	Evening Prayer <i>BCP</i> The Very Revd Jonathan Greener – <i>Dean</i> The Revd Canon James Mustard – <i>Canon Precentor</i> Timothy Noon – <i>Director of Music</i>		Lady Chapel

22 February-1 March 2026

Thursday 26

8.15am	Morning Prayer CW		Quire
8.35am	The Eucharist CW		Quire
9.00am	Morning Prayer CW		www.zoom.us
5.30pm	Choral Evensong BCP	Psalms 119 (145-176)	Quire
	<i>Thomas Tertius Noble in B minor</i>		Responses
	<i>The Lord is my shepherd John Rutter</i>		<i>Anthony Piccolo</i>

Friday 27

		George Herbert, priest, poet, 1633	
8.15am	Morning Prayer CW		Quire
8.35am	The Eucharist CW		Quire
9.00am	Morning Prayer CW		www.zoom.us
5.30pm	Choral Evensong BCP	Psalms 126-131	Quire
	<i>The Short Service Thomas Weelkes</i>		Responses
	<i>Miserere nostri Thomas Tallis</i>		<i>Cecilia McDowall</i>

Saturday 28

8.15am	Morning Prayer CW		Quire
8.35am	The Eucharist CW		Quire
5.30pm	Evening Prayer BCP		Quire

Sunday 01 March

		THE SECOND SUNDAY OF LENT	
8.00am	Holy Communion BCP p88 for Collect, Epistle and Gospel		Quire
9.00am	Morning Prayer		St Gabriel Chapel
10.00am	Choral Eucharist CW Order 1		Nave
	<i>The Lent Prose</i>		
	<i>Messe Solennelle Jean Langlais</i>		
	<i>O sacrum convivium Olivier Messiaen</i>		
4.00pm	Choral Evensong BCP	Psalms 135	Nave
	<i>The St Paul's Service Andrew Baldwin</i>		Responses
	<i>And I saw a new heaven Edgar Bainton</i>		<i>Thomas Morley</i>

CW – Common Worship, services and prayers for the Church of England (2000)

Zoom Morning Prayer: www.zoom.us Meeting ID: 99638985011, Passcode: 1F0puR

BCP – Book of Common Prayer (1662)

‘As our Saviour has taught us’: Lenten reflections on The Lord’s Prayer
Canons Theologian Sue Gillingham and Morwenna Ludlow reflect on the prayer which is central to Christian tradition. So as to be accessible to as many people as possible these talks will be on Zoom and they will be recorded.

‘New Light on Familiar Words’, Sue Gillingham. Thursday 19th March 2026, 7pm on Zoom:

Meeting ID: 976 8309 5249; Password: 946920

‘Pray in this way...’ Jesus says to his disciples before he offers them the words we now know as The Lord’s Prayer. Few, however, realize the depths of its Jewish roots: almost every phrase is found in the Hebrew Scriptures. By adding new insights, Sue will challenge your understanding of this extraordinary prayer and offer new ways in which you might ‘pray in this way’.

‘We are bold to say...’, Morwenna Ludlow. Thursday 26th March 2026, 7pm on Zoom.

Meeting ID: 985 5592 4126; Password: 584096

The Lord’s Prayer is introduced in Anglican liturgy with some traditional words ‘Let us pray with confidence as our Saviour has taught us’ or ‘As our Saviour Christ hath commanded and taught us, we are bold to say’. What is meant by this idea of confidence or boldness and where did the phrases come from? Morwenna will turn to early teaching on the Lord’s Prayer to explore these words of introduction and to shed light on the familiar words of the prayer itself.

St John Passion: Palm Sunday 29 March at 4pm with Exeter Cathedral Choir and Devon Baroque. Find out more at bit.ly/sjp-ec or by scanning the QR code.

