



From the Dean



I recently stumbled across the fact that next Friday, 6th August 2021, would have been Freddie Laker's 99th birthday. You may remember him: the founder of Laker Airways, one of the earliest low-cost airlines. I flew with them in, I think, 1977: a school outing to Berlin - an extraordinary day trip, for Surrey school children, leaving Gatwick at some unearthly hour and returning way past our bedtime. I can still picture the bright lights and hedonism of the Kurfürstendamm, followed by the complexity of passing through Checkpoint Charlie in order to visit the Reichstag at the heart of what was still a very drab and austere East Berlin. All very exciting and slightly exotic for

this 16 year old, who till then had never been behind the Iron Curtain.

Birthdays and anniversaries are great prompts for looking back and remembering; but, as I think I've mentioned in a previous *News*, one of the peculiarities of the past 16 months is that there has been little opportunity to create memories. During that time, Pamela and I have both passed our 60th birthday (hard though that is to believe!), with no possibility for a proper party. So unlike other big birthdays, for which we can look back at the photos and remember special times, these will probably be best forgotten.

It's because birthdays and anniversaries are great opportunities for celebrating and remembering that the Church takes them so seriously: our calendar allows us to be inspired by a huge variety of saints on the day of their heavenly birthday (i.e. the day they died), alongside special days in the life of Jesus, such as Christmas, Good Friday, Easter, Ascension. The calendar gives a shape and rhythm to our church year, and enables us regularly and systematically to reflect on the significance of these events for our life today.

This month's two great feasts are the Transfiguration of Our Lord (6 August) and the Assumption of Mary (15 August). What they both do, I think, is to give us a glimpse of glory. On the Mount of Transfiguration, Jesus, who has been talking to his disciples about the suffering to come, appears to them, his face shining like the sun, and his clothes as white as the light. At her Assumption, Mary is taken bodily into heaven, to be received into glory by her son who has arrived before her.

After what has been for many of us a pretty rubbish year, with all the work and very little of the fun, I find it hugely helpful to be reminded that God's glory is still to be found in and beyond all the trials that confront us. As St Paul writes to the Christians in Rome: "I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us." It is of course what our worship does too - it raises our eyes to behold the glory of God. And this glory is not just something for the future, not just to come; for those who have eyes to see, it is a part of present reality, to be experienced and enjoyed in the here and now. As Gerard Manley Hopkins reminds us, in a poem I quote very often, 'the world is charged with the grandeur of God.' This August, I hope that all of us here in Exeter, and indeed the world at large, will keep our eyes peeled to perceive and bask in the glory of God as it flames out, 'like shining from shook foil'.

Jonathan Greener

Devon Historic Churches Trust – Walk and Stride Day Saturday, 11th September 2021

This event will soon be upon us and we are looking for sponsors. Thankfully, now we are able to enjoy refreshments after the Sunday Sung Eucharist, we will set up our usual collection table in the south aisle from Sunday 8th August. Please be as generous as possible.

Diane Coombes

The August edition of *Cathedral News*

We hope to publish the next edition of the News on Sunday 5th September 2021. The deadline for material is **Tuesday 31st August 2021**. Please send any contributions to hmm53@tiscali.co.uk or to any member of the editorial team; Heather Morgan, Rosemary Bethell, Jenny Ellis and Sheila Atkinson.

Labyrinth Workshops: Journey to the Centre with Chris Palmer Tuesday 10th and Saturday 14th August 2021 at 10am

A labyrinth is a serpentine path that invites us on a journey to the centre. It's different from a maze, in that it has no 'wrong turnings'. Instead, it is a slow journey – a pilgrim path – where we can slow down, be mindful, and become centred.

Come and explore how this journey connects with your own inner journey. Discover how gently and attentively walking the path to the centre, and then back to where we began, gives us new insight into where we are and our reason for being. In one sense, the Labyrinth journey is 'unnecessary' – we don't get anywhere new – but it is this deliberate choice to slow down, give time, and step out on the path, which allows us to seek that still centre, which we so often revolve around. Come and see if following the labyrinth path can help you on your journey.

Chris has made many retreats at St Beuno's Jesuit Retreat Centre – and walked the Labyrinth there often – and has led numerous quiet days, retreats, and spirituality days. He was instrumental in creating the Labyrinth on the Cathedral Green, and sees his own vocation as a companion to people on the journey of faith.

Each workshop will last about an hour. There will be 12 places on each workshop. Please book a place via the Cathedral website so as not to be disappointed.

Exeter Foodbank

Can you help by donating any of the following from the current priority items list, please?:

Squash (you can't go wrong with orange or apple & blackcurrant), UHT milk (green is usually best), tinned vegetarian meals, gluten-free items, noodle and pasta snacks.

Many of the major supermarkets have collection points.

To donate money online please visit <https://exeter.foodbank.org.uk/give-help/donate-money/>



Photo: Russell Sach

From The Company of Tapisers Summer Display : August 2021

Royal Visitors always bring a touch of magic with them! So it was when HRH Prince Charles and HRH Duchess of Cornwall visited Exeter Cathedral in July. They both showed a genuine interest in the people they met, and the examples of work they saw.

When she reached us in their tour, Camilla marvelled at the intricate embroidery on our Millennium Cope – and commented on how realistic the fruits, and especially the apples, appeared to be. This IS a beautiful piece of work that took great skill and care to create. Especially when you remember it was stitched by volunteers with no professional needlework training - just enthusiasts with a love for the Cathedral!



If you visit Exeter Cathedral during August you, too, can take a closer look at the Millennium Cope - and some other vestments we have made.

This small summer display will be near the High Altar in the Quire and will also include our latest 'work in progress': the hood for the newly-commissioned Mayflower Cope.

I hope you will take this opportunity to come along and take a look!

Diana Symes, Chairman of the Company of Tapisers



Focus: Alice Escott

The Manager of the Cathedral Shop

I am finding myself feeling quite emotional as I sit down to write about Alice. She is the first person I've written about this year, and definitely the youngest who has been willing enough to be part of that, which has been for me, a very privileged aspect to my life at the Cathedral; enabling me to write about those, who contribute so much towards the achievement of the Cathedral's Mission, in this part of the United Kingdom.

So on her day off, Alice arrived at my home, having travelled along the spectacularly scenic railway line between Exeter and Exmouth. As you can probably understand, she was a little apprehensive, but began to relax after I had explained the process, and that she had absolutely the final word on the Focus before it was going into print.

I certainly hope, that you the reader, will perceive by the time you've reached the final paragraph, a glimpse of this very attractive, sensitive, principled and forward- thinking young woman.

Life began in July 1997, when she was born in the outskirts of London, and the family remained there for the first six years of her life. She has a brother, Oliver, who is eighteen. Their maternal grandparents lived close-by, looking after Alice whilst their mother was at work.

'I had picnics in the parks with Granddad, ate the cheese and pickle sandwiches and drank the lemonade that he had made. Sadly he has now passed away, but I felt very close to him, and still do.'

It was here that she attended a Nursery School, and Alice recalled the wearing of the bright turquoise uniform, tee-shirt and jumper! They put on a little play for the parents, and Alice was the Colour Red, because she was the tallest! When she moved on to Canon Lane First School in Pinner, their uniform did not exactly tick her box!

'It was hideous! A pale yellow with a brown cardigan! I had two very close friends, who made up for the bullying I experienced from one girl. I remember the playing field as being very large, and having a lot of willow trees.'

When she was seven, the family moved to Exmouth, where she attended the Beacon School, which was a totally different experience. At that time, it was not

totally fenced in as it is today like the majority of schools. This was where she stayed until transferring to Exmouth Community College.....a tremendous leap in scale.

'I was terrified! Five hundred pupils in each year group! We had a Core Teacher who took the register, had the parental contact details. I felt nervous for the first two years...the eighteen year olds looked like monsters! I never got to feel comfortable in it. I studied Art and Creative Studies as well as Sciences, Biology and Physics.'

She left Exmouth Community College in 2013 for the Exeter College, where she began her studies for A Levels, which involved studying Graphic Communication, Fashion and Textile Design, as well as Theatre Stage Management, followed by a Foundation Diploma in Art & Design.

'This was such a positive move for me! On the very first morning, I went into the wrong class room! But I was 'rescued' by a teacher, who had had a son at Oliver's school. I was still terrified, but gradually, because the class sizes were smaller, I became calmer. We got to know each other, and on the second day we started to eat our sandwiches together,'

Drama had been one of her GCSE subjects, and of course that included some performance on a stage. This was not something that came easily for her, but after two years of study she realised that, in spite of everything, she had been enabled to gain more confidence. It was after leaving Exmouth Community College that she began to do some work at the Cathedral. Dennis Whitehead taught her how to operate the till at the Entry Desk.

'I did shifts when people were off sick or on holiday; wherever there was a need, front desk, shop or in the office. I began to gain confidence in my own abilities when dealing with people, and providing the smiling face of welcome. I learned how to deal with abusive customers, to explain the leaflet indicating the route around the building; the necessity to have permission to take photographs and, at all times, being mindful about being respectful to the others going around the building, and, finally, about the use of the audio-guides, and available tours etc.'

Alice's role slowly shifted over to the shop, and in 2018 it became possible for her to apply for the role of Manager of the Cathedral Shop.

Of course, the past approximately eighteen months or so have been a very different experience for everyone everywhere. The Cathedral is/was not an exception. The building, for a period was completely closed, some members of staff had to leave or were furloughed, and worship went on line. It was an historic moment; the Cathedral was closed for everything and everyone apart from the Cathedral Works Department. We then had partial opening times, and

the shop continued with online sales. We are now gradually returning (and hoping to continue) to the more normal of circumstances.

'The Cathedral is completely unlike any other place of work. The religious and business aspects are so very different, yet they have to work in harmony. I enjoy all of the different tasks my role brings, but visual merchandising is one of my favourite aspects. The designing of product ranges is always an interesting process, and I've learned so much on the job.

Of course we now have Ten Fifty, our electronic café van, which is sited outside the West Front. It was the Dean's idea, and when I heard about it, I indicated that I was interested in managing this also. Overseeing the ordering, training of the new team, and designing the menu, all felt like a good challenge.

And, it has been immensely challenging and yet satisfying! I learned on the job. People seem to love it, which is good. The customers make it!

With such a full and varied responsibility within and without the Cathedral, what does this young woman do to recreate her energy levels? She works on tapestry cushions, and like me, has a few ufo's lying around (that's unfinished objects!). She, also, does some dressmaking, and enjoys photographing flora and fauna, especially flowers in close-up. She enjoys reading fiction, going to the theatre and musical performances.

Finally, as with all those who have been in a Focus, I enquired about her thoughts upon the best and worst aspects to the Cathedral.

'The best are the variety of events, the people and the jobs they do concerned with the running of the Cathedral. It has provided me with a platform to move from being a very uncertain, shy young person to whom I am now. I am so much more confident in my abilities. You tend to forget where you work until the end of the day. As you leave, and sometimes no one seems to be in the building, the Nave is empty and it's so very special.

As with anything of course, at times there are things I dislike, but I try not to dwell on those things, as at the end of the day, this is a great place to be.'

Thank you Alice, you are a delight and a joy to spend time with here in my home. I am certain that we will all want you to continue to believe in yourself, and your obvious abilities.

Rosemary Bethell

Lectio Divina Group

The Lectio Divina, a slow Bible reading group, will be taking a break during August. Then from 1st September it will be meeting on Wednesdays (was Tuesdays). It will continue to be at 8pm on Zoom, Meeting ID: 940 4683 2921 Password: lectio.



A new Chapter Canon

A very warm welcome to Giles Frampton, who was installed as a Chapter Canon during Evensong on 6th July, pictured here with Bishop Robert.

After reading Philosophy, Politics and Economics at Oxford, Giles qualified as a Chartered Accountant, and until his recent retirement specialised as a Forensic Accountant and an Insolvency Practitioner.

He has long been involved with the administration of the Church. He was churchwarden of Ermington church between 1987 and 2014, and has been Chair of The Exeter Diocesan Board of Finance since 2016. Giles will bring a great deal of experience and wisdom to the Cathedral Chapter.

Photo: Mike Williams

An Update from the Visitors and Volunteers Coordinator

I've moved desks! You can still find me in No.1, but I'm now in reception (first door on the right) opposite the Dean's office. I try to operate an open door policy, so please do come and ring the buzzer if you ever need anything.

The Cathedral is looking forward to welcoming some new faces to our volunteer community. You may have seen us advertising recently for new roof guides and backstops. Well, I'm delighted to say that the training programme is well underway and everyone is doing superbly. A big thank you to all involved.

A role I am particularly eager to promote at the moment is that of the Flower Arrangers. I'm sure you will join me in giving them extra special praise for how beautiful the building has looked recently with the re-introduction of fresh flowers. If you have some experience in this department, and would like to play your part in enhancing the beauty of our majestic building, we'd love to hear from you. The deadline for submitting your application is midday Tuesday August 10th, so if you're reading this before then, please see the 'Volunteer with Us' page on the Cathedral website. Alternatively, you can give me a call on 01392 285983.

Joseph Patkai

From the Cathedral Flower Arrangers

We have been very busy over the past weeks. Sylvia Bush, our Chairman, and I arranged 2 pedestals for a memorial service early in the month, and then we did two for a Royal visit, which is reported in far more detail elsewhere! I was fortunate to be invited to meet HRH The Prince of Wales, who asked about the flowers, the number of arrangers we had, and our rota! He also asked if flower arrangers were all divas!! Of course, I said “No”!



Above, we see the posy in Flick's care before the royal visit, and, right, it is presented to the Duchess of Cornwall.



Photo: Russell Sach

It was an honour to make the posy that the choristers presented to the Duchess of Cornwall. I had googled her favourite flower – alchemilla mollis. Added to roses, lisianthus and freesias, it looked lovely in all the photos of the Royal couple leaving the West Front.

We have changed the main Cathedral flowers twice since last writing, and have just arranged cream and white flowers for Cressida and Tim's wedding. We are doing all of their flowers, so next week will be rather like preparing for the Grand Nave Dinner!! Watch this space as to how we got on.

Sylvia made a beautiful basket for Gilly Williams, which she presented on behalf of the Cathedral Community, after Canon Mike's final service on 25th July. We (ECFA) shall miss them both, and are grateful for the interest always shown by Mike in our flowers.

We had an advertisement in *Cathedral Life* for any experienced flower arrangers who might want to join our team. If you are interested, please come and see us informally, via contact with Joseph Patkai, the volunteer co-ordinator, to find out more of what this entails. We would love to meet you.

And finally, a BIG thank you to those of you who got in touch to tell us how you love the flowers, and appreciate us doing them.

Flick Evans

Slow Book Group: *Writing the Icon of the Heart* by Maggie Ross

Writing the Icon of the Heart is a collection of twelve short essays that cast new light on ancient texts and long-established spiritual practices. Archbishop Rowan Williams describes it as a “really transformative book.”

It is a book that challenges as well as inspires, and takes us deep into what it truly means to worship, to love, to pray – and to be human, made in the image of God. Maggie Ross is an Anglican solitary who divides her time between Oxford and the USA. She blogs at <http://ravenwilderness.blogspot.com/>.

A slow book group, co-led by Clare Bryden and the Revd Phil Wales, is being planned for those who wish to read and reflect on Maggie’s writings together. Meetings will take place on Zoom at 7.30-8.30 pm on the 3rd Thursday between September 2021 and February 2022.

On each of the six months we shall cover two essays. We shall devote our time together to reviewing what we have read, sharing insights, seeking answers to questions and reflecting on how the Spirit is calling us to deepen our faith and prayer.

Places are limited. If you would like to sign up or have any questions about joining, please email Revd Phil Wales, Assistant Curate (phil.wales@exeter-cathedral.org.uk).

Town Hall Meeting 10th August 2021

The Cathedral will be holding a Town Hall Meeting via Zoom at 11am on Tuesday 10th August 2021. All volunteers should have received an invitation from their group leaders. We hope to see as many members of the Cathedral Community as possible at the meeting.

Fun activities for all the family this summer! What's on?

Drop in craft sessions, bookable workshop, trails and quizzes - even a chance to explore the Cathedral at night!

Tudor Time Travel Workshop Thursday 12th August
£8.00 per place 10.30 – 12.30

Awesome Archaeology Monday 2nd August
£8 per person 10.30 – 12.30

Basic Needle Felting Wednesday 4th August
£8 per person 10.30 – 12.30 Age 8+

Library & Archives -Behind the Scenes Sneak Peek
Tuesday 10th August
£8 per person 10.30 – 12.30 Age 7+ recommended

Night in the Cathedral August Tuesday 10th August.
Children must have an accompanying adult at this event.
6.30-9pm £8 each person

Tie Dye Workshop Friday 13th August
£8.00 per place 10.30 – 12.30 6yrs+

Willow Dragon Flies Thursday 19th August
£8 per child each session 10.30-12.30 6yrs+

Urban Forest School all 10.30-13.00
Tuesday 24th August

Urban Forest School - Knife Skills

Wednesday 25th August

Urban Forest School - Fire Skills

Thursday 26th August

Urban Forest School - Den Building

Suitable for ages 6yrs +

£8 per child each session.

Mini Models and Castle Walls Friday 27th August
£8.00 per place 10.30 – 12.30 6yrs +

Cathedral Crafter Session Tuesday 31st August
10.30 – 12.30 Cathedral Nave. Drop in event.

Mini-Door Hunters Quiz Trail

All summer long you can pick up a Mini-Door Hunters Quiz Trail for £2.50 from the Welcome Desk. Purchase a Mini-Door Trail Map & Question Sheet and follow the circuit around the Cathedral. When you have completed the trail, stop by the Cathedral Shop to check your answers and pick up a prize. Fun for all ages.



It is essential that all workshops are pre-booked. Covid safety will still be a priority.

Find out more on line. *Booking is necessary for all workshops exeter-cathedral.eventbrite.com* or call 01392 285983

If there are any volunteers who would like to give the education department a helping hand this summer do contact Lisa and let her know 01392 345 887

Cathedral Community Committee (CCC) Meeting 13th July

The main item of business at the CCC meeting on 13th July was the Year of Invitation and Welcome. Three members of the CCC had attended a meeting of a working party drawn from congregation, staff and volunteers. This had highlighted key themes: Welcome, Worship, Relationships, Diversity, Invitation, Newcomers, and Families & Children. A number of possible projects to develop these themes were discussed.

We decided that it would now be appropriate to plan for social events in the autumn and beyond, and there will be a meeting of the Social Events Team (SET) in the near future. A new member of the Team had been recruited following a request in last month's News.

The section of the Action Plan concerning the Environment and Climate Change was considered. The development of the new Chapel for Justice, Peace and the Integrity of Creation in St Paul's Chapel is in hand. A working group will be needed to support activities in the Chapel such as displays, worship etc so that it captures the interest of visitors and worshippers, and is up to date.

We were given details of the proposed arrangements for worship after the lifting of Covid restrictions on 19th July.

More information about the week of prayer from 26th September -2nd October, *Surfing in Heaven*, is now available. We still need people to act as welcomers/hosts for lunchtime and evening sessions at 1pm and 6.30pm on Monday, Tuesday, Thursday and Friday of that week. If you can help, please contact the CCC Secretary, Clare Griffiths clarejg116@btinternet.com

Heather Morgan, Chair CCC

Wedding Bells

We send the love and best wishes of the Cathedral Community to Cressida Peers and Tim Parsons, who are to be married in the Cathedral on Friday 30th July, as this News is published. We hope they have a wonderful day.

From Canon Chris Palmer: Praying the Rosary

We feature different aspects of prayer each month in Cathedral News. On 15th August, the Church of England celebrates The Blessed Virgin Mary, a Principal Holy Day in the liturgical year. So it is fitting that this month, we have a piece about praying the Rosary, including the text, which we hope you will find helpful.

The Rosary is a devotion that has remained enduringly popular for many centuries. It's often associated with Roman Catholics, but has been used by many Anglicans – and of course pre-dates the divisions of the church in the sixteenth century, so is rightly part of our inheritance of faith. The rosary in its present form is often attributed to St Dominic in the twelfth century, though similar practices are known from much earlier, and the order and form of the devotion have continued to develop in the subsequent centuries.

The main part of the rosary is the repetition of the Hail Mary in groups of ten, called decades. We allow the prayer to become a focus of our attention, holding the heart and the mind in a still place, and letting our spirits to connect with God's spirit. Each decade is accompanied by meditating on a Gospel story. We call these Gospel events 'mysteries', and the whole series takes stories from the Annunciation to Pentecost, with two Marian mysteries added at the end for good measure. Both of these events in Mary's life – the Assumption and her Coronation – are depicted in the wonderful mediaeval painting in the retro-quire, which was uncovered during the twentieth century. Sometimes biblical readings and a time of silence accompany the announcement of each mystery.

Even though the Rosary is thought of as a Marian devotion, like all veneration of Mary, it points us to Jesus. Pope John Paul II, in an important encyclical on the Rosary, points out that Jesus is the 'hinge' that join the two parts of the Hail Mary. We see Jesus through Mary's eyes.



It can help to have an actual rosary (a set of beads with a Crucifix, which helps to keep count of the number of Hail Marys) to pray this prayer, but this is not essential. It's perfectly possible to count the prayers on your fingers.

And of course, the rosary is adaptable. You can use the Jesus Prayer or some other repeated prayer instead of the Hail Mary, if you wish.

The Rosary can be prayed alone or in groups.

The version below shows what would be said by the leader, and what by everyone if prayed with others. And when praying it all, you say everything.

There is a stereotype of saying the rosary very fast, but most prayer guides encourage taking an ordinary speaking pace, just as you would say any other prayer.

THE ORDER

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Apostles' Creed

(holding the cross)

I believe in God the Father Almighty,
Maker of heaven and earth:
And in Jesus Christ his only Son our Lord,
Who was conceived by the Holy Ghost,
Born of the Virgin Mary,
Suffered under Pontius Pilate,
Was crucified, dead, and buried:
He descended into hell;
The third day he rose again from the dead;
He ascended into heaven,
And sitteth on the right hand of God the Father Almighty;
From thence he shall come to judge the quick and the dead.

**I believe in the Holy Ghost;
The holy Catholic Church;
The Communion of Saints;
The Forgiveness of sins;
The Resurrection of the body,
And the Life everlasting. Amen.**

Lord's Prayer

(holding the first bead)

Our Father, who art in heaven
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
**Give us this day our daily bread
And forgive us our trespasses
As we forgive those who trespass against us;
And lead us not into temptation,
But deliver us from evil. [Amen.]**

Hail Mary (three times)

(on the next three beads)

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou among women,

And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

Pray for us sinners now, and at the hour of our death. [Amen]

Glory be

(on the join or medallion)

Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning is now and ever shall be,

world without end. Amen.

The Decades

Pray five decades, beginning each decade by calling to mind the mystery. This can be accompanied with a bible reading and silence.

Joyful Mysteries-Monday & Saturday

Annunciation

Visitation

Nativity

Presentation

Finding Jesus in the Temple

Luminous Mysteries-Thursday

Baptism

Wedding at Cana

Proclamation of the Kingdom

Transfiguration

Institution of the Eucharist

Sorrowful Mysteries-Tuesday & Friday

Agony in the Garden

Scourging

Crowning with Thorns

Carrying the Cross

Crucifixion and death of Jesus

Glorious Mysteries – Wednesday & Sunday

Resurrection

Ascension

Descent of the Spirit

Assumption of Mary

Coronation of Mary

For each decade say:

Lord's Prayer – *as above*
(*Holding the single bead*)

Hail Mary – *ten times, as above*
(*Using the ten beads*)

Glory be – *as above*
(*Holding the single bead*)

Then proceed to the next mystery.
After the five mysteries are complete:

Salve Regina

**Hail Holy Queen, Mother of Mercy,
our Life, our Sweetness, and our hope, hail.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then most gracious advocate,
Thine eyes of mercy toward us,
and after this, our exile, show unto us,
the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.**

Pray for us O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Collect

Let us pray.

O God,
whose only begotten Son,
by his life, death, and resurrection,
has purchased for us the rewards of eternal life,
grant, we beseech thee,
that meditating upon these mysteries
of the Most Holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain and obtain what they promise,
through the same Christ our Lord. **Amen.**

Shop Snippets

Book Donations Needed!

Everyone seems to have gone through a bit of a reading frenzy recently and I'm really pleased to see volunteers, staff, community and visitors alike engaging with our little venture. The shop received a large number of donated books in May/June, which was amazing, and they have been bought as quickly as they were donated! So, book shelf too full? Got a pile you've been meaning to take to a charity shop? Or feel like having a bit of a clear out? Cooking, fiction, non-fiction, history etc. anything and everything greatly appreciated. (Jigsaw puzzles too!)

Communion Sets



As you may remember, a few months ago I mentioned that we had taken delivery of some lovely pottery pieces by John Rivers; jugs, mugs, bowls and some rather unique communion sets. With a variety of sizes and colours these wonderful items would certainly make great gifts or keepsakes and are ideal for Ordination gifts. A few sets remaining so pop by if they take your fancy!

Alice Escott, Cathedral Shop Manager

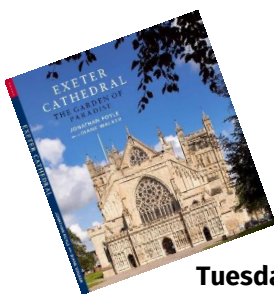
Meet the Authors

**Jonathan Foyle, author of
*Exeter Cathedral:
The Garden of Paradise***

**Diane Walker, author of
*Exeter Cathedral – Souvenir Guide***

Chapter House, Exeter Cathedral

Tuesday 21 September between 13:30 and 15:30



When these two exciting new books about Exeter Cathedral were published in December 2020, restrictions prevented us from holding a formal launch. A different type of event to celebrate these new publications will now take place on Tuesday 21st September, when renowned architectural historian Jonathan Foyle, together with Exeter Cathedral volunteer and researcher Diane Walker will be in the Chapter House from 13:30 until 15:30. Full details of this free event will be announced online and in next month's Cathedral News.



Thank you, Mike and Gilly

After Choral Eucharist on 25th July, the Cathedral Community said farewell to Canon Mike Williams and Gilly. He was given a framed copy of the photograph of “the cycling canons” that appeared in last month’s *Cathedral News*, and Sylvia Bush presented Gilly with flowers.

Mike’s sporting prowess, as a cyclist, but most particularly as a golfer, was referred to by the Dean, Bishop Martin Shaw and Heather Morgan, all of whom thanked Mike and Gilly for their immense contribution

to the life of the Cathedral since Mike was made a Residentiary Canon in November 2016.

The speeches ranged over many aspects of Mike’s ministry here; as Acting Dean following the Bishop’s Visitation in 2017, when he led the Cathedral with such creativity and sensitivity through a very difficult period, as Canon Treasurer responsible for finance and buildings, his strategic thinking and action, his advocacy on behalf of environmental issues, his support of the Wednesday Kitchen and other areas of social action and outreach, his pastoral concern, and his gifts as a teacher and preacher. Many will remember his sermon in Lent 2017, when he summed up the three guiding principles by which we must live as a Cathedral Community - Love, Compassion and Hope.

As always, Bishop Martin put it very well. Recalling the special partnership he and Mike forged in 2017, Martin in his role as Acting Precentor, “When I was let loose in the Cathedral’s pulpit, knowing that you [Mike] were originally from Edinburgh and I from Glasgow, I suggested that the best thing to come out of Edinburgh is the Glasgow train. Not true. For me, and for many of us, the best thing to come out of Edinburgh is Mike Williams, not on a train to Glasgow, but to Exeter.”

Thanks were also expressed to Gilly, whose quiet presence, kindness and common sense has contributed so much to the life of the Cathedral in general, and to the Cloister Club and the Social Events Team in particular.

Mike and Gilly will be greatly missed. We are very fortunate to have had them among us in these last few years. That the Cathedral can look to the future in good heart and with such hope is in no small measure due to the very special part that Mike has played in its life and mission. They leave with our love, our thanks, our prayers and our very best wishes for their future.

Surfing in Heaven: A Week of Prayer **Sunday 26th September – Saturday 2nd October**

Prayer isn't what you think it is. We are delighted to welcome Sister Elizabeth Jane CSMV and Fr George Guiver CR to lead us in a week exploring different ways of praying. Each day they will open to us approaches to prayer, from engaging in the Daily Office (Morning and Evening Prayer) to contemplative forms of prayer. There will be opportunity to try out prayer in practice, as well as times for questions and conversation.

What is the meaning of everything?

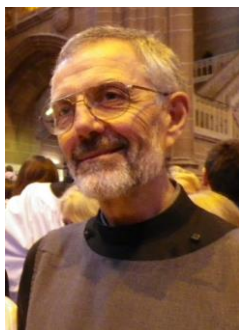
Where do I belong?

In prayer, what do you do?

What comes of it?

Is there any firm ground anywhere?

This week we will explore both corporate and personal prayer. We will explore the ways that prayer forms us in community. For when we pray we do so in company with all others who worship. Come along and listen, learn some things you didn't know, and some things to do, and ask your questions.



Father George Guiver

Brother George grew up in Leicester. He has a degree in music, worked in Italy and Germany, and was 9 years in parish ministry before joining the Community of the Resurrection in 1983.

He taught Liturgy for 20 years, and has written several books, including *Everyday God*. He is working on another book at the moment, on the subject of this week's explorations.



Sister Elizabeth Jane

Sister Elizabeth Jane is a Sister of the Anglican Community of St Mary the Virgin in Wantage near Oxford. Prior to joining the Community in 1989, she worked for the Intercontinental Church Society in London and then spent 18 months with the church in Botswana – both horizon broadening experiences.

The Community to which she belongs is centred around the Eucharist, Daily Office and personal prayer – and from this wellspring flows their ministry and outreach.

She writes:

“One of the joys I have had over the years is to be alongside others through the ministry of spiritual direction and retreat giving. I feel very blessed in being called to the Religious Life and I look forward to sharing some of its riches with you in our week together. I also look forward to getting to know Exeter – having only ever been through on the train!”

Fr George Guiver CR and Sr Elizabeth Jane CSMV are both members of Anglican religious communities. You can find out more about their Communities via their websites - Community of the Resurrection <https://mirfield.org.uk> and Community of St Mary the Virgin <https://csmv.co.uk>

The detailed daily programme for the week will be available on the Cathedral website and in a leaflet.

Portrait of Bishop Robert

Don't miss the portrait of Bishop Robert by Devon artist Rupert W Brooks, which is on display in St Gabriel's Chapel until 22nd August. There is some very interesting background information about the painting on both the Cathedral and Diocesan websites, to which Canon Ian Morter has contributed.

The Royal Visit

The visit of HRH The Prince of Wales and HRH The Duchess of Cornwall on 19th July was a very special occasion. Much has been written about the day elsewhere, and there are many excellent photographs on the Cathedral website. Another permanent reminder of their visit is in the Cathedral Visitors' Book, which they signed just before leaving the Cathedral.

Thanks to Russell Sach for the photograph on the left.

