

# The Eucharist

Sunday 9 August 2020 10.00 am & 12.15 pm

THE NINTH SUNDAY AFTER TRINITY

PLEASE TAKE THIS SERVICE BOOK AWAY WITH YOU







#### Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat (cathedra) of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

#### **Ministers**

President: The Revd Canon James Mustard, Canon Precentor Preacher: The Revd Canon Mike Williams, Canon Treasurer

#### **COVID-19: Infection Control**

## Face Coverings in the cathedral

As of 8 August 2020, wearing face coverings in places of worship is now mandatory. All members of the congregation at all services, visitors, volunteers, and staff music wear face coverings when in the cathedral. Other than when officiating at worship or preaching – when clergy are far from other people and their voices need to be heard – clergy will be adhering to this requirment.

## **Social distancing**

Measures are in place to protect the health and safety of worshippers, volunteers and staff. Please follow instructions as they are given. Markings on the floor indicate:

- 1 metre (Blue and White tape)
- 2 metres (Blue tape)

## **Speech and Singing**

We ask that you do not sing. The cantor will lead singing on behalf of the congregation from the Minstrel's Gallery. When speaking responses or prayers, please do not raise your voice.

Cantor: Matthew Cann, Lay Vicar

Organist: Timothy Noon, Director of Music

Setting of the Mass: Missa De Angelis (Plainsong)

## **Holy Communion**

Communion will be offered in one kind only (consecrated bread). If you wish to receive communion, you will be required to wash you hands before receiving. Please follow directions as they are given and observe appropriate Social Distancing.

## Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry. Please give by **contactless means** if you can. Money may be placed in the **Donation Boxes** as you leave. Please remember to use a **Gift Aid envelope** if you are a UK taxpayer.

For more information about planned and regular giving, please go to: https://www.exeter-cathedral.org.uk/support-us/how-to-donate/

## Safeguarding.

The Chapter takes the responsibility for safeguarding children and vulnerable adults seriously in their commitment to make Exeter Cathedral a safe and welcoming place. If you have any concerns please discuss them with a member of the Cathedral Chapter or contact the Cathedral Safeguarding Advisor, Charlie Pitman, Tel. 01392 345909

#### Music before the service

Benedictus Op. 59, Max Reger (1873-1916)

## The Gathering

Introit

Psalm 74.18, 20

The congregation stands. The cantor sings

Respice, Domine, in testamentum tuum, et animas pauperum tuorum ne derelinquas in finem: exsurge Domine, et judica causam tuam: et ne obliviscaris voces quaerentium te.

Look, o Lord, to your covenant and do not forget the souls of your poor forever. Arise, Lord, and defend your cause, and do not ignore the voices of those who seek you.

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.** 

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you. **And also with you.** 

The president greets the congregation.

## **Prayer of Penitence**

As we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

The congregation sits

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

Amen

Gloria

The congregation stands. The cantor sings

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus te, benedicimus te, adoramus te, glorificamus te. Gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex coelestis Deus Pater omnipotens.

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Domine Fili unigenite,
Jesu Christe.
Domine Deus, Agnus Dei,
filius Patris,
Qui tollis peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem nostram.
Qui sedes ad dexteram Patris,
miserere nobis.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

Quoniam tu solus sanctus. Tu solus Dominus. Tu solus altissimus, Jesu Christe. Cum sancto Spiritu, in gloria Dei Patris. Amen.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

#### The Collect

Let us pray

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

The congregation sits

## The Liturgy of the Word

## **The First Reading**

Romans 10.5-15

A reading from the letter of Paul to the Romans.

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?" ' (that is, to bring Christ down) 'or "Who will descend into the abyss?" ' (that is, to bring Christ up from the dead). But what does it say?

'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

This is the word of the Lord **Thanks be to God.** 

#### Gradual

Psalm 85.8-13

#### The cantor sings

I will hearken what the Lord God will say concerning me \* for he shall speak peace unto his people, and to his saints, that they turn not again.

For his salvation is nigh them that fear him \* that glory may dwell in our land.

Mercy and truth are met together \* righteousness and peace have kissed each other.

Truth shall flourish out of the earth \* and righteousness hath looked down from heaven.

Yea, the Lord shall shew loving-kindness \* and our land shall give her increase.

Righteousness shall go before him \* and he shall direct his going in the way.

## **Gospel Acclamation**

The congregation stands.

Alleluia, Alleluia! I am the way, the truth, and the life, says the Lord. No one comes to the Father except through me.

cf John 14.6

#### Alleluia!

## **Gospel Reading**

Matthew 14.22.-33

The Lord be with you. **And also with you.** 

Hear the Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, O Lord.** 

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear.

But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind,\* he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord **Praise to you O Christ.** 

The congregation sits

Sermon

The Nicene Creed

The congregation stands

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

#### **Intercessions**

The congregation sits The president introduces the intercessions. Each petition ends

Lord, in your mercy. **Hear our prayer.** 

At the end

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

## The Liturgy of the Sacrament

The Peace

The president says

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you. **And also with you.** 

## **Preparation of the Table**

Offertory

Psalm 13.14-15

The cantor sings:

In te speravi Domine: dixi Tu es Deus meus, in manibus tuis tempora mea.

In you have I put my trust, O Lord. I said "You are my God, my destiny is in your hands."

## **Prayer over the gifts**

#### The president says

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. All things come from you, and of your own do we give you.

The congregation stands

**Eucharistic Prayer** 

The Lord be with you and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

#### The cantor sings:

Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt coeli, et terra gloria tua. Hosanna in excelsis. Benedictus qui venit in nomine Domini. Hosanna in excelsis.

Holy, holy, holy, Lord, God of power and might, heaven and earth are full of your glory, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness: grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed. took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me. In the same way, after supper he took the cup and gave you thanks: he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant. which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith: Christ has died: Christ is risen: Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world: rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company the Blessed Virgin Mary, St Peter and all the saints. may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. Amen.

#### The Lord's Prayer

Let us pray with confidence in the words our Saviour has taught us.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.

## **Breaking of the Bread**

The president breaks the consecrated bread

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread.

**Agnus Dei** 

The congregation remains standing. The cantor sings:

Agnus Dei, Lamb of God

qui tollis peccata mundi, you take away the sin of the world,

miserere nobis. have mercy on us.

Agnus Dei, Lamb of God

qui tollis peccata mundi, you take away the sin of the world,

dona nobis pacem. grant us peace.

## **Giving of Communion**

Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.
Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.

The congregation sits and is invited to receive Holy Communion row-by row.

Alternatively you may ask the priest for a blessing. **Please bring this book with you to indicate that you wish to receive a blessing.** 

Gluten Free hosts are available at either station—please ask or bring a piece of paper saying 'Gluten Free'.

Please follow the directions of the stewards and use the handwashing gel before approaching the communion stations.

No words of distribution will be said and you are asked not to speak (unless you are asking for a Gluten Free wafer).

#### **Communion Anthem**

Gerne will ich mich bequemen, Kreuz und Becher anzunehmen, Trink ich doch dem Heiland nach. Denn sein Mund, Der mit Milch und Honig fließet, Hat den Grund Und des Leidens herbe Schmach Durch den ersten Trunk versüßet. Willingly I shall bring myself
To accept the cross and cup,
I drink as my saviour did
For his mouth,
Which flows with milk and honey
Has made the cause
And bitter taste of suffering
Become sweet through first drinking
himself.

Text:Christian Fredrich Henrici "Picander" (1700-1764) Music :from the Matthauspassion, BWV 244, J.S. Bach (1685-1750)

## **Prayers after Communion**

The congregation stands

Let us pray.

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

Amen.

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work
to your praise and glory
Amen.

Notices are given.

## The Dismissal

The congregation stands

The Blessing

The Lord be with you. **And also with you.** 

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.** 

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

**Organ Voluntary** 

Carillon de Westminster, Op.54 no 6, Louis Vierne (1870-1937)

Please wait in your seat until directed to leave.

#### **Notices**

#### Coffee:

**Salcombe Dairy @ Exeter Cathedral.** Coffee and refreshments are on sale outside the West Front today and during the week. We hope you will be able to meet safely with each other over a hot drink on the Green.

**Zoom Coffee:** please join us at 11am today, with Canon Chris Palmer. Meeting ID: 732 5358 6706 Password: 270422

**Scholars Evensong:** Choral Scholars from Bristol, Exeter, Gloucester, Hereford, Tewkesbury, Truro, Wells and Worcester have recorded an online Evensong to raise money for the Cathedral Choirs Emergency Fund. Please watch and donate here: https://www.justgiving.com/fundraising/scholarsevensong

**Volunteer Technicians:** We are seeking volunteers to assist with the live-streaming of Sunday services. If you would like to know more please contact Luke Stevenson: custos@exeter-cathedral.org.uk

Calling all Dummies! An exhibition of vestments is planned for the end of this month. We'll need to borrow tailors mannequins. If you have one you can lend us (21-31 August) please contact ian.morter@exeter-cathedral.org.uk

**Quiet Day, 'Bend an Ear, God'.** Sat 22 Aug 10am – 4pm, led by Canon Chris Palmer, either in the Chapter House or online. Five months from the start of lockdown, a chance to bring to God the feelings, responses, and questions that Coronavirus, illness, and lockdown have raised in us. Bookings can be made at:

https://www.ticketsource.co.uk/booking/t-vommpz

**Cathedral Late:** the Cathedral will be opening on the evening of Wednesady 26 August for visitors with music played and Compline led at 7.30pm. Please hold the date. More information will follow.

**Lectio Divina on Zoom.** Join others in prayer reflection on the words of scripture for max 40 minutes, Tuesday evening at 8.00pm Meeting ID: 846 835 040 Password: lectio

**Pastoral Care.** If you are seeking pastoral support or know of someone who would value our care, but phone Canon Chris Palmer on 07906 249132 or email pastoral.care@exeter-cathedral.org.uk

Readings next Sunday: Romans 10.5-15; Matthew 14.22-33

#### Cathedral prayer list

Those who are sick or in need: Rosemary Joy, John Thompson, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Ursula Enever, Chris Seaton, Claire Tyler, Tony Bulgin, , Emily Appleton, Prue Dowson. Denise, Barbara Parry, Illya, Yve Taylor, Lilian Lovell, George Hood, Paul and his family Rest in Peace: David Allsup, David Hubbick, Simon Barwood, Mary Rodd, Heather Rushforth, Della Buller, Sue Stock, John Hume Please pray for all those recently bereaved: Marshall Roscoe, Ann Barwood, Rushforth Family, Paul & Ben

## **Open for Worship**

#### **Next Sunday 16 August, Trinity 10:**

8.00am	BCP Holy Communion in the Nave
9.00am	Morning Prayer (Zoom—see below)

10.00am The Eucharist with Cantor and Organ in the Nave
12.15pm The Eucharist with Cantor and Organ in the Nave
4.00pm Evensong with Cantor and Organ in the Nave

**7.00pm** Sundays at **7** (Zoom ID 821 0092 7088 Password 466066)

## TO ATTEND THE 10.00 OR 12.15 SERVICES PLEASE BOOK A TICKET VIA THE CATHEDRAL WEBSITE: www.exeter-cathedral.org.uk

10am Eucharist will be at 1m+ social distance 12.15pm Eucharist will be at 2m social distance

10am Eucharist will be live-streamed on www.facebook.com/exetercathedral

#### Midweek services:

Monday to Saturday

9.00am Morning Prayer - via Zoom (Details below)

**1.15pm The Eucharist** - Lady Chapel

**5.00pm Said Evensong -** via Zoom (details below)

## PLEASE NOTE the revised time for Evening Prayer.

#### **Morning prayer via Zoom**

Meeting ID: 847 6869 5587 Password: 025062

Tel. 0203 051 2874

#### **Evening prayer via Zoom**

Meeting ID: 892 3161 5055 / Password: 017840

Tel. 0203 051 2874

#### EXETER CATHEDRAL IS OPEN FOR VISITORS Monday—Saturday 10am-4pm

On Sundays the Cathedral is open at times of worship only.

All are welcome.