

The Eucharist

Sunday 23 August 2020 10.00 am & 12.15 pm

THE ELEVENTH SUNDAY AFTER TRINITY

PLEASE TAKE THIS SERVICE BOOK AWAY WITH YOU



www.exeter-cathedral.org.uk

Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat (*cathedra*) of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

Ministers

President: The Very Revd Jonathan Greener, Dean Preacher: The Revd Canon Chris Palmer, Canon Chancellor

COVID-19: Infection Control

Face Coverings in the cathedral

As of 8 August 2020, wearing face coverings in places of worship is now mandatory. All congregants, visitors, volunteers, and staff must wear face coverings when in the cathedral. There are exemptions to this regulation, including anyone under the age of 11, those leading worship and preaching, those with disabilities and those with hidden health conditions. Full details can be found here:

https://www.gov.uk/government/publications/face-coverings-when-to-wearone-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how -to-make-your-own#when-you-do-not-need-to-wear-a-face-covering

Speech and Singing

We ask that you do not sing. The cantor will lead singing on behalf of the congregation from the Minstrel's Gallery. When speaking responses or prayers, please do not raise your voice.

Cantor: Matthew Cann, Lay Vicar Organist: Timothy Noon, Director of Music Setting of the Mass: Missa De Angelis (Plainsong)

Social distancing

Measures are in place to protect the health and safety of worshippers, volunteers and staff. Please follow instructions as they are given. Markings on the floor indicate:

- 1 metre (Blue and White tape)
- 2 metres (Blue tape)

Holy Communion

Communion will be offered in one kind only (consecrated bread). If you wish to receive communion, you will be required to wash you hands before receiving. Please follow directions as they are given and observe appropriate Social Distancing.

Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry. Please give by **contactless means** if you can. Money may be placed in the **Donation Boxes** as you leave. Please remember to use a **Gift Aid envelope** if you are a UK taxpayer.

For more information about planned and regular giving, please go to: https://www.exeter-cathedral.org.uk/support-us/how-to-donate/

Safeguarding.

The Chapter takes the responsibility for safeguarding children and vulnerable adults seriously in their commitment to make Exeter Cathedral a safe and welcoming place. If you have any concerns please discuss them with a member of the Cathedral Chapter or contact the Cathedral Safeguarding Advisor, Charlie Pitman, Tel. 01392 345909

Music before the service

Psalm Prelude Set 1 No. 2, Herbert Howells (1892-1983)

The Gathering

Introit

Psalm 86. 1-2

The congregation stands. The cantor sings

Inclina, Domine, aurem tuam ad me, et exaudi me: salvum fac servum tuum, Deus meus, sperantem in te: miserere mihi, Domine, quoniam ad te calmavi tota die.

Incline your ear to me, O Lord, and hear me; O God, save your servant who trusts in you; have mercy on me, O Lord, for unto you do I cry all the day.

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you. **And also with you.**

The president greets the congregation.

Prayer of Penitence

As we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

The congregation sits

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen. Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen**

Gloria

The congregation stands. The cantor sings

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus te, benedicimus te, adoramus te, glorificamus te. Gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex coelestis Deus Pater omnipotens.

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Domine Fili unigenite, Jesu Christe. Domine Deus, Agnus Dei, filius Patris, Qui tollis peccata mundi, miserere nobis. Qui tollis peccata mundi, suscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserere nobis.

Quoniam tu solus sanctus. Tu solus Dominus. Tu solus altissimus, Jesu Christe. Cum sancto Spiritu, in gloria Dei Patris. Amen. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen. Let us pray

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The congregation sits

The Liturgy of the Word

The First Reading

Romans 12.1-8

A reading from the letter of Paul to the Romans.

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

This is the word of the Lord **Thanks be to God.**

Gradual

Psalm 138

The cantor sings

I will give thanks unto thee, O Lord, with my whole heart * even before the gods will I sing praise unto thee. I will worship toward thy holy temple, and praise thy Name, because of thy loving-kindness and truth * for thou hast magnified thy Name, and thy Word, above all things. When I called upon thee, thou heardest me * and enduedst my soul with much strength. All the kings of the earth shall praise thee. O Lord * for they have heard the words of thy mouth. Yea, they shall sing in the ways of the Lord * that great is the glory of the Lord. For though the Lord be high, yet hath he respect unto the lowly * as for the proud, he beholdeth them afar off. Though I walk in the midst of trouble, yet shalt thou refresh me * thou shalt stretch forth thy hand upon the furiousness of mine enemies, and thy right hand shall save me. The Lord shall make good his loving-kindness toward me * yea, thy mercy, O Lord, endureth for ever; despise not then the works of thine own hands

Gospel Acclamation

The congregation stands.

Alleluia, Alleluia!

I am the way, the truth, and the life, says the Lord. No one comes to the Father except through me.

cf John 14.6

Alleluia!

Gospel Reading

Matthew 16.13-20

The Lord be with you. And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, O Lord.**

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' He said to them, 'But who do you say that I am?' Simon Peter answered, 'You are the Messiah, the Son of the living God.' And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.' Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

This is the Gospel of the Lord. **Praise to you O Christ.**

The congregation sits

Sermon

The Nicene Creed

The congregation stands

We believe in one God, the Father, the Almighty, maker of heaven and earth. of all that is. seen and unseen. We believe in one Lord. Iesus Christ. the only Son of God. eternally begotten of the Father. God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven. was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures: he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified. who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Intercessions

The congregation sits The president introduces the intercessions. Each petition ends

Lord, in your mercy. Hear our prayer.

At the end

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

The Liturgy of the Sacrament

The Peace

The president says

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you. **And also with you.**

Preparation of the Table

Offertory

Psalm 40.2,3,4

The cantor sings:

Expectans exspectavi Dominum, et respexit me: et exaudivit deprecationem meam, et immisit in os meum canticum novum, hymnum Deo nostro.

With expectation I have waited for the Lord, and he has cast his look upon me; he has heard my supplication and he has put a new canticle into my mouth, a song to our God.

Prayer over the gifts

The president says

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. **All things come from you, and of your own do we give you.**

The congregation stands

Eucharistic Prayer

The Lord be with you **and also with you**.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *singing*:

The cantor sings:

Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt coeli, et terra gloria tua. Hosanna in excelsis. Benedictus qui venit in nomine Domini. Hosanna in excelsis. Holy, holy, holy, Lord, God of power and might, heaven and earth are full of your glory, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness: grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betraved. took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat: this is my body which is given for you: do this in remembrance of me. In the same way, after supper he took the cup and gave you thanks: he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant. which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith: Christ has died: Christ is risen: Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world: rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company the Blessed Virgin Mary, St Peter and all the saints. may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. Amen.

The Lord's Prayer

Let us pray with confidence in the words our Saviour has taught us.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

Breaking of the Bread

The president breaks the consecrated bread

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread.

Agnus Dei

The congregation remains standing. The cantor sings:

Agnus Dei, qui tollis peccata mundi, miserere nobis. Lamb of God you take away the sin of the world, have mercy on us.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem. Lamb of God you take away the sin of the world, grant us peace.

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper. Lord, I am not worthy to receive you, but only say the word, and I shall be healed. The congregation sits and is invited to receive Holy Communion row-by row. Alternatively you may ask the priest for a blessing. **Please bring this book with you to indicate that you wish to receive a**

Please bring this book with you to indicate that you wish to receive a blessing.

Gluten Free hosts are available at either station—please ask or bring a piece of paper saying 'Gluten Free'.

Please follow the directions of the stewards and use the handwashing gel before approaching the communion stations.

No words of distribution will be said and you are asked not to speak (unless you are asking for a Gluten Free wafer).

Communion Anthem

My eyes for beauty pine, my soul for Goddes grace, no other care no hope is mine, to heaven I turn my face.

One splendour thence is shed from all the stars above; 'tis named when God's name is said, 'tis love, 'tis heavenly love.

And every gentle heart that burns with true desire is lit from eyes that mirror part of that celestial fire

> Text:Robert Bridges (1844-1930) Music : Herbert Howells (1892-1983)

Prayers after Communion

The congregation stands

Let us pray.

Lord of all mercy,

we your faithful people have celebrated that one true sacrifice which takes away our sins and brings pardon and peace: by our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. **Amen.** Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory Amen.

Notices are given.

The Dismissal

The congregation stands

The Blessing

The Lord be with you. **And also with you.**

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord. In the name of Christ. Amen.

Organ Voluntary

Rhapsody No. 3 in C sharp minor, Herbert Howells (1892-1983)

Please wait in your seat until directed to leave.

Notices

Coffee:

Salcombe Dairy @ Exeter Cathedral. Coffee and refreshments are on sale outside the West Front today and during the week . We hope you will be able to meet safely with each other over a hot drink on the Green.

Zoom Coffee: please join us at 11am today, with Canon Chris Palmer. Meeting ID: 732 5358 6706 Password: 270422

Volunteer Technicians: We are seeking volunteers to assist with the live-streaming of Sunday services. If you would like to know more please contact Luke Stevenson: custos@exeter-cathedral.org.uk

Calling all Dummies! An exhibition of vestments is planned for the end of this month. We'll need to borrow tailor's dummies and mannequins. If you have one you can lend us (21-31 August) please contact ian.morter@exeter-cathedral.org.uk

Quiet Day, 'Bend an Ear, God'. Sat 22 Aug 10am – 4pm, led by Canon Chris Palmer, either in the Chapter House or online. Five months from the start of lockdown, a chance to bring to God the feelings, responses, and questions that Coronavirus, illness, and lockdown have raised in us. Bookings can be made at:

https://www.ticketsource.co.uk/booking/t-vommpz

Cathedral Late: the Cathedral will be opening on the evening of Wednesady 26 August for visitors with music played and Compline led at 7.30pm. Please hold the date. More information will follow.

Lectio Divina on Zoom. Join others in prayer reflection on the words of scripture for max 40 minutes, Tuesday evening at 8.00pm Meeting ID: 846 835 040 Password: lectio

Pastoral Care. If you are seeking pastoral support or know of someone who would value our care, but phone Canon Chris Palmer on 07906 249132 or email pastoral.care@exeter-cathedral.org.uk

Readings next Sunday: Romans 12.9-end; Ps. 26.1-8; Mathew 16.21-end

Cathedral prayer list

Those who are sick or in need: Rosemary Joy, John Thompson, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Chris Seaton, Claire Tyler, Tony Bulgin, , Emily Appleton, Prue Dowson. Denise,, George Hood, Illya, Yve Taylor, Lilian Lovell.

Rest in Peace: David Allsup, David Hubbick, Simon Barwood, Mary Rodd, Heather Rushforth, Della Buller. John Hume, Sue Stock, Ursula Enever, Margaret Willey, Phillippe

Please pray for all those recently bereaved : Marshall Roscoe, Ann Barwood, Rushforth Family, Paul & Ben, Karen

Open for Worship

Next Sunday 30 August, Trinity 12:

8.00am	BCP Holy Communion in the Nave
9.00am	Morning Prayer (Zoom—see below)
10.00am	The Eucharist with Cantor and Organ in the Nave
12.15pm	The Eucharist with Cantor and Organ in the Nave
4.00pm	Evensong with Cantor and Organ in the Nave
7.00pm	Sundays at 7 (Zoom ID 821 0092 7088 Password 466066)

TO ATTEND THE 10.00 OR 12.15 SERVICES PLEASE BOOK A TICKET VIA THE CATHEDRAL WEBSITE: www.exeter-cathedral.org.uk

10am	Eucharist will be at 1m+ social distance
12.15pm	Eucharist will be at 2m social distance

10am Eucharist and 4pm Evensong will be live-streamed on www.facebook.com/exetercathedral

Midweek services:

Monday to Saturday

9.00am	Morning Prayer - via Zoom (Details below)
1.15pm	The Eucharist - Lady Chapel
5.00pm	Said Evensong - via Zoom (details below)

Morning prayer via Zoom

Meeting ID: 847 6869 5587 Password: 025062 Tel. 0203 051 2874

Evening prayer via Zoom Meeting ID: 892 3161 5055 / Password: 017840 Tel. 0203 051 2874

EXETER CATHEDRAL IS OPEN FOR VISITORS Monday—Saturday 10am-4pm

On Sundays the Cathedral is open at times of worship only. All are welcome.