



Exeter
Cathedral

The Eucharist

Sunday 16 August 2020

10.00 am & 12.15 pm

THE TENTH SUNDAY AFTER TRINITY

**PLEASE TAKE THIS SERVICE BOOK
AWAY WITH YOU**



www.exeter-cathedral.org.uk

Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat (*cathedra*) of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

Ministers

President: The Revd Canon Ian Morter, Priest Vicar

Preacher: The Revd Canon Cate Edmonds, Canon Steward

COVID-19: Infection Control

Face Coverings in the cathedral

As of 8 August 2020, wearing face coverings in places of worship is now mandatory. All members of the congregation at all services, visitors, volunteers, and staff music wear face coverings when in the cathedral. Other than when officiating at worship or preaching – when clergy are far from other people and their voices need to be heard – clergy will be adhering to this requirement. There are exemptions to this regulation, including anyone under the age of 11, or those with disabilities, or hidden health conditions. Full details can be found here:

<https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own#when-you-do-not-need-to-wear-a-face-covering>

Social distancing

Measures are in place to protect the health and safety of worshippers, volunteers and staff. Please follow instructions as they are given.

Markings on the floor indicate:

- 1 metre (Blue and White tape)
- 2 metres (Blue tape)

Speech and Singing

We ask that you do not sing. The cantor will lead singing on behalf of the congregation from the Minstrel's Gallery. When speaking responses or prayers, please do not raise your voice.

Cantor: Jonathan Titchin Lay Vicar

Organist: Timothy Noon, Director of Music

Setting of the Mass: Missa De Angelis (Plainsong)

Holy Communion

Communion will be offered in one kind only (consecrated bread). If you wish to receive communion, you will be required to wash your hands before receiving. Please follow directions as they are given and observe appropriate Social Distancing.

Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry. Please give by **contactless means** if you can. Money may be placed in the **Donation Boxes** as you leave. Please remember to use a **Gift Aid envelope** if you are a UK taxpayer.

For more information about planned and regular giving, please go to:
<https://www.exeter-cathedral.org.uk/support-us/how-to-donate/>

Safeguarding.

The Chapter takes the responsibility for safeguarding children and vulnerable adults seriously in their commitment to make Exeter Cathedral a safe and welcoming place. If you have any concerns please discuss them with a member of the Cathedral Chapter or contact the Cathedral Safeguarding Advisor, Charlie Pitman, Tel. 01392 345909

Music before the service

*Kyrie and Gloria, Messe pour les Couvents,
Francois Couperin (1668-1733)*

The Gathering

Introit

Psalm 84, 10-11

The congregation stands. The cantor sings

Protector noster aspice, Deus, et respice in faciem Christi tui: quia melior est dies una in atriis tuis super millia.

Behold, O God our protector, and consider the face of your anointed: for one day in your house is better than a thousand elsewhere.

The Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you.

And also with you.

The president greets the congregation.

Prayer of Penitence

As we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

The congregation sits

**Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed, through negligence,
through weakness, through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen

Gloria

The congregation stands. The cantor sings

Gloria in excelsis Deo,
et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi
propter magnam gloriam tuam,
Domine Deus, Rex coelestis
Deus Pater omnipotens.

*Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.*

Domine Fili unigenite,
Jesu Christe.
Domine Deus, Agnus Dei,
filius Patris,
Qui tollis peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem nostram.
Qui sedes ad dexteram Patris,
miserere nobis.

*Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the
Father:
receive our prayer.*

Quoniam tu solus sanctus.
Tu solus Dominus.
Tu solus altissimus, Jesu Christe.
Cum sancto Spiritu,
in gloria Dei Patris. Amen.

*For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.*

The Collect

Let us pray

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The congregation sits

The Liturgy of the Word

The First Reading

Romans 11.1-2, 29-32

A reading from the letter of Paul to the Romans.

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. Do you not know what the scripture says of Elijah, how he pleads with God against Israel? for the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now⁺ receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

This is the word of the Lord

Thanks be to God.

Gradual

Psalm 67

The cantor sings

God be merciful unto us, and bless us *
and shew us the light of his countenance, and be merciful unto us;
That thy way may be known upon earth *
thy saving health among all nations.
Let the people praise thee, O God *
yea, let all the people praise thee.

O let the nations rejoice and be glad *
for thou shalt judge the folk righteously, and govern the nations upon
earth.
Let the people praise thee, O God *
let all the people praise thee.
Then shall the earth bring forth her increase *
and God, even our own God, shall give us his blessing.
God shall bless us *
and all the ends of the world shall fear him.

Gospel Acclamation

The congregation stands.

Alleluia, Alleluia!
I am the way, the truth, and the life, says the Lord.
No one comes to the Father except through me.

cf John 14.6

Alleluia!

Gospel Reading

Matthew 15.20-28

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Then he called the crowd to him and said to them, 'Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.' Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?' He answered, 'Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.' But Peter said to him, 'Explain this parable to us.' Then he said, 'Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile.'

Jesus left that place and went away to the district of Tyre and Sidon.

Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' He answered, 'I was sent only to the lost sheep of the house of Israel.' But she came and knelt before him, saying, 'Lord, help me.' He answered, 'It is not fair to take the children's food and throw it to the dogs.' She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord
Praise to you O Christ.

The congregation sits

Sermon

The Nicene Creed

The congregation stands

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions

The congregation sits

The president introduces the intercessions. Each petition ends

Lord, in your mercy.

Hear our prayer.

At the end

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Liturgy of the Sacrament

The Peace

The president says

Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

And also with you.

Preparation of the Table

Offertory

Psalm 34.8-9

The cantor sings:

Immittet angelus Domini in circuitu timentium eum, et eripiet eos:
gustate et videte, quoniam suavis est Dominus.

The angel of the Lord shall encamp round those who fear him and shall deliver them; taste and see how good the Lord is.

Prayer over the gifts

The president says

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

**All things come from you,
and of your own do we give you.**

The congregation stands

Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.
By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.
Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *singing*:

The cantor sings:

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth.
Pleni sunt coeli, et terra
gloria tua.
Hosanna in excelsis.
Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

*Holy, holy, holy, Lord,
God of power and might,
heaven and earth are full of
your glory,
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company the Blessed Virgin Mary,
St Peter and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

The president breaks the consecrated bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

The congregation remains standing.

The cantor sings:

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

*Lamb of God
you take away the sin of the world,
have mercy on us.*

Agnus Dei,
qui tollis peccata mundi,
dona nobis pacem.

*Lamb of God
you take away the sin of the world,
grant us peace.*

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The congregation sits and is invited to receive Holy Communion row-by row.

Alternatively you may ask the priest for a blessing.

Please bring this book with you to indicate that you wish to receive a blessing.

Gluten Free hosts are available at either station—please ask or bring a piece of paper saying 'Gluten Free'.

Please follow the directions of the stewards and use the handwashing gel before approaching the communion stations.

No words of distribution will be said and you are asked not to speak (unless you are asking for a Gluten Free wafer).

Communion Anthem

O mysterium ineffabile!
O caritatis sacramentum admirabile!
O bonitatis prodigium!
O pietatis miraculum!
O amor! O pietas,
O epularum jucunditas,
O convivarum felicitas!.

*O ineffable mystery!
O admirable sacrament of love!
O prodigy of goodness!
O miracle of faithfulness!
O love, O faithfulness,
O joyousness of the feast,
O felicity of the feasters!*

Text: Latin hymn (traditional)

Music : Jean Baptiste Francios Lalouette (1651-1728)

Prayers after Communion

The congregation stands

Let us pray.

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Amen.

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work
to your praise and glory
Amen.**

Notices are given.

The Dismissal

The congregation stands

The Lord be with you.
And also with you.

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

The Blessing

Organ Voluntary

*Offertoire sur les grands jeux, Messe pour les Couvents,
Francois Couperin (1688-1733)*

Please wait in your seat until directed to leave.

Notices

Coffee:

Salcombe Dairy @ Exeter Cathedral. Coffee and refreshments are on sale outside the West Front today and during the week. We hope you will be able to meet safely with each other over a hot drink on the Green.

Zoom Coffee: please join us at 11am today, with Canon Chris Palmer.
Meeting ID: 732 5358 6706 Password: 270422

Volunteer Technicians: We are seeking volunteers to assist with the live-streaming of Sunday services. If you would like to know more please contact Luke Stevenson: custos@exeter-cathedral.org.uk

Calling all Dummies! An exhibition of vestments is planned for the end of this month. We'll need to borrow tailors mannequins. If you have one you can lend us (21-31 August) please contact ian.morter@exeter-cathedral.org.uk

Quiet Day, 'Bend an Ear, God'. Sat 22 Aug 10am – 4pm, led by Canon Chris Palmer, either in the Chapter House or online. Five months from the start of lockdown, a chance to bring to God the feelings, responses, and questions that Coronavirus, illness, and lockdown have raised in us. Bookings can be made at: <https://www.ticketsource.co.uk/booking/t-vommpz>

Cathedral Late: the Cathedral will be opening on the evening of Wednesday 26 August for visitors with music played and Compline led at 7.30pm. Please hold the date. More information will follow.

Lectio Divina on Zoom. Join others in prayer reflection on the words of scripture for max 40 minutes, Tuesday evening at 8.00pm
Meeting ID: 846 835 040 Password: lectio

Pastoral Care. If you are seeking pastoral support or know of someone who would value our care, but phone Canon Chris Palmer on 07906 249132 or email pastoral.care@exeter-cathedral.org.uk

Readings next Sunday: Romans 12.1-8; Psalm 138; Mathew 16.13-20

Cathedral prayer list

Those who are sick or in need: Rosemary Joy, John Thompson, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Chris Seaton, Claire Tyler, Tony Bulgin, , Emily Appleton, Prue Dowson. Denise, Barbara Parry, George Hood, Illya, Yve Taylor, Lilian Lovell.

Rest in Peace: David Allsup, David Hubbick, Simon Barwood, Mary Rodd, Heather Rushforth, Della Buller. John Hume, Sue Stock, Ursula Enever, Margaret Willey.

Please pray for all those recently bereaved : Marshall Roscoe, Ann Barwood, Rushforth Family, Paul & Ben.

Open for Worship

Next Sunday 23 August, Trinity 11:

- 8.00am** BCP Holy Communion in the Nave
- 9.00am** Morning Prayer (Zoom—see below)
- 10.00am** The Eucharist with Cantor and Organ in the Nave
- 12.15pm** The Eucharist with Cantor and Organ in the Nave
- 4.00pm** Evensong with Cantor and Organ in the Nave
- 7.00pm** Sundays at 7 (Zoom ID 821 0092 7088 Password 466066)

TO ATTEND THE 10.00 OR 12.15 SERVICES PLEASE BOOK A TICKET VIA THE CATHEDRAL WEBSITE: www.exeter-cathedral.org.uk

- 10am Eucharist will be at 1m+ social distance
- 12.15pm Eucharist will be at 2m social distance

10am Eucharist will be live-streamed on
www.facebook.com/exetercathedral

Midweek services:

Monday to Saturday

- 9.00am** Morning Prayer - via Zoom (Details below)
- 1.15pm** The Eucharist - Lady Chapel
- 5.00pm** Said Evensong - via Zoom (details below)

PLEASE NOTE the revised time for Evening Prayer.

Morning prayer via Zoom

Meeting ID: 847 6869 5587 Password: 025062
Tel. 0203 051 2874

Evening prayer via Zoom

Meeting ID: 892 3161 5055 / Password: 017840
Tel. 0203 051 2874

**EXETER CATHEDRAL IS OPEN FOR VISITORS
Monday—Saturday 10am–4pm**

**On Sundays the Cathedral is open at times of worship only.
All are welcome.**