



Exeter  
Cathedral

# The Eucharist

*Sunday 12 July 2020*

10.00 am & 12.15 pm

**THE FIFTH SUNDAY AFTER TRINITY**

**PLEASE TAKE THIS SERVICE BOOK  
AWAY WITH YOU**



[www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)

## Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat (*cathedra*) of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

### Ministers

President: The Revd Canon Cate Edmonds, Canon Steward

Preacher: The Revd Canon Chris Palmer, Canon Chancellor

## COVID-19: Infection Control

### Social distancing

Measures are in place to protect the health and safety of worshippers, volunteers and staff. Please follow instructions as they are given.

Markings on the floor indicate:

- 1 metre (Blue and White tape)
- 2 metres (Blue tape)

### Speech and Singing

We ask that you do not sing. A cantor will lead singing on behalf of the congregation from the Minstrel's Gallery. When speaking responses or prayers, please do not raise your voice.

Cantor: Canon James Mustard

### Communion

Communion will be offered in one kind only (bread). If you wish to receive communion, you will be required to wash your hands before receiving. Please follow directions as they are given and observe appropriate Social Distancing.

## Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry. Please give by **contactless means** if you can. Money may be placed in the **Donation Boxes** as you leave. Please remember to use a **Gift Aid envelope** if you are a UK taxpayer.

For more information about planned and regular giving, please go to:  
<https://www.exeter-cathedral.org.uk/support-us/how-to-donate/>

**Please note that photography and recordings are not permitted during services in the Cathedral.**

## Music before the service

Prelude in G BWV 541i, J.S. Bach (1685-1750)

### The Gathering

### Introit

*The congregation stands. A cantor sings*

Dum clamarem ad Dominum, exaudivit vocem meam, ad his qui appropinquant mihi; et humiliavit eos, qui est ante saecula, et manet in aeternum: iacat cogitatum tuum in Domino, et ipse te enutriet.

*When I cried to the Lord He heard my voice, from them that draw near to me; and He humbled them, who is before all ages, and remains for ever: cast thy care upon the Lord, and He shall sustain thee. Hear, O God, my prayer, and despise not my supplication; be attentive to me and hear me.*

### The Greeting.

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

*The president greets the congregation.*

### Prayer of Penitence

As we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

*The congregation sits*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen**

## **Gloria**

*The congregation stands. The cantor sings*

Gloria in excelsis Deo,  
et in terra pax  
hominibus bonae voluntatis.  
Laudamus te, benedicimus te,  
adoramus te, glorificamus te.  
Gratias agimus tibi  
propter magnam gloriam tuam,  
Domine Deus, Rex coelestis  
Deus Pater omnipotens.

Domine Fili unigenite,  
Jesu Christe.  
Domine Deus, Agnus Dei,  
filius Patris,  
Qui tollis peccata mundi,  
miserere nobis.  
Qui tollis peccata mundi,  
suscipe deprecationem nostram.  
Qui sedes ad dexteram Patris,  
miserere nobis.

Quoniam tu solus sanctus.  
Tu solus Dominus.  
Tu solus altissimus, Jesu Christe.  
Cum sancto Spiritu,  
in gloria Dei Patris. Amen.

*Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you  
thanks,  
we praise you for your glory.*

*Lord Jesus Christ, only Son of the  
Father,  
Lord God, Lamb of God,  
you take away the sin of the  
world:  
have mercy on us;  
you are seated at the right hand  
of the Father:  
receive our prayer.*

*For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus  
Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.*

## The Collect

Let us pray

Almighty and everlasting God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*The congregation sits*

## The Liturgy of the Word

### The First Reading

Romans 8.1-11

A reading from the letter of Paul to the Romans.

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit<sup>+</sup> of life in Christ Jesus has set you<sup>+</sup> free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit<sup>+</sup> set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit<sup>+</sup> is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit<sup>+</sup> is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ<sup>+</sup> from the dead will give life to your mortal bodies also through<sup>+</sup> his Spirit that dwells in you.

This is the word of the Lord

**Thanks be to God.**

## Gradual

Psalm 65.8-14

*The cantor sings*

They also that dwell in the uttermost parts of the earth  
shall be afraid at thy tokens \*

thou that makest the outgoings of the morning and evening  
to praise thee.

Thou visitest the earth, and blessest it \*

thou makest it very plenteous.

The river of God is full of water \*

thou preparest their corn, for so thou providest for the earth.

Thou waterest her furrows,

thou sendest rain into the little valleys thereof \*

thou makest it soft with the drops of rain,

and blessest the increase of it.

Thou crownest the year with thy goodness \*

and thy clouds drop fatness.

They shall drop upon the dwellings of the wilderness \*

and the little hills shall rejoice on every side.

The folds shall be full of sheep \*

the valleys also shall stand so thick with corn, that they shall laugh  
and sing.

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## Gospel Acclamation

*The congregation stands.*

*A minister says*

Alleluia, Alleluia!

I am the way, the truth, and the life, says the Lord.

No one comes to the Father except through me.

*cf John 14.6*

**Alleluia!**

## **Gospel Reading**

Matthew 13.1-9, 18-23

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears\* listen!'

'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away.\* As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

This is the Gospel of the Lord

**Praise to you O Christ.**

*The congregation sits*

**Sermon**

## The Nicene Creed

*The congregation stands*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Intercessions

*The congregation sits*

*The president introduces the intercessions. Each petition ends*

Lord, in your mercy.

**Hear our prayer.**

*At the end*

**Merciful Father, accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## The Liturgy of the Sacrament

### The Peace

*The president says*

Christ is our peace.  
He has reconciled us to God in one body by the cross.  
We meet in his name and share his peace.

The peace of the Lord be always with you.

**And also with you.**

### Preparation of the Table

#### Offertory

Psalm 25.1-2

Ad te Domine levavi animam meam: Deus meus, in te confide non erubescam : neque irrideant me inimici mei: etenim universi qui te exspectant, non confundentur.

*To you O Lord I lift up my soul; O my God in you I trust; let me not be put to shame; let not my enemies triumph over me.  
Let none who look to you be put to shame.*

### Prayer over the gifts

*The president says*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

*The congregation stands*

### Eucharistic Prayer

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.  
Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *singing*:

*A cantor sings:*

Sanctus, sanctus, sanctus,	<i>Holy, holy, holy, Lord,</i>
Dominus Deus Sabaoth.	<i>God of power and might,</i>
Pleni sunt coeli, et terra	<i>heaven and earth are full of</i>
gloria tua.	<i>your glory,</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>
Benedictus qui venit	<i>Blessed is he who comes</i>
in nomine Domini.	<i>in the name of the Lord.</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company the Blessed Virgin Mary,  
St Peter and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## **The Lord's Prayer**

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

## Breaking of the Bread

*The president breaks the consecrated bread*

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

### Agnus Dei

*The cantor sings:*

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

*Lamb of God  
you take away the sin of the world,  
have mercy on us.*

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

*Lamb of God  
you take away the sin of the world,  
have mercy on us.*

Agnus Dei,  
qui tollis peccata mundi,  
dona nobis pacem.

*Lamb of God  
you take away the sin of the world,  
grant us peace.*

### Giving of Communion

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The congregation is invited to receive Holy Communion.  
Alternatively you may ask the priest for a blessing.*

**Please bring this book with you to indicate that you wish to receive a blessing.**

*Gluten Free hosts are available.*

**Please follow the directions of the stewards and use the handwashing gel before approaching the communion stations.  
No words of distribution will be said and you are asked not to speak.**

## Motet

Love bade me welcome; yet my soul drew back,  
    Guilty of dust and sin.  
But quick-eyed Love, observing me grow slack  
    From my first entrance in,  
Drew nearer to me, sweetly questioning  
    If I lack'd anything.

'A guest,' I answer'd, 'worthy to be here:'  
    Love said, 'You shall be he.'  
'I, the unkind, ungrateful? Ah, my dear,  
    I cannot look on Thee.'  
Love took my hand and smiling did reply,  
    'Who made the eyes but I?'

'Truth, Lord; but I have marr'd them: let my shame  
    Go where it doth deserve.'  
'And know you not,' says Love, 'Who bore the blame?'  
    'My dear, then I will serve.'  
'You must sit down,' says Love, 'and taste my meat.'  
    So I did sit and eat.

*Text: George Herbert (1593-1633)*

*Music: Ralph Vaughan Williams (1872-1958)*

## Prayer after Communion

*The congregation stands*

Let us pray.

Grant, O Lord, we beseech you,  
that the course of this world may be so peaceably ordered  
by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord.

**Amen.**

*Notices are given.*

## The Dismissal

*The congregation stands*

The Lord be with you.

**And also with you.**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

## The Blessing

## Organ Voluntary

Fugue in G BWV 541ii, J.S. Bach (1685-1750)

***Please wait in your seat until directed to leave.***

## Notices

### **Cathedral prayer list**

**Those who are sick or in need:** Lilian Lovell, John Thompson, Pat Webster, Rosemary Joy, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Ursula Enever, Chris Seaton, Illya, Yve Taylor.

**Rest in peace** Anthea Woodford, Margaret Purchase, Geoff, Glenna Nichol, Beryl Edmonds, Ingrid Rosecoe, David Allsup .

**Please pray for all those recently bereaved :** Laurel, The Edmonds Family, Marshall Rosecoe.

### **Coffee:**

**Salcome Dairy @ Exeter Cathedral.** We are not permitted to provide refreshments after the service, but Coffee and refreshments are on sale outside the West Front today and during the week . We hope you will be able to meet safely with each other over a hot drink on the Green.

**Tickets for the following Sunday's services will available on the Cathedral's website on Tuesdays each week from 4.00pm.**  
[www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)

**Holy Ground. TODAY at 7pm:** Professor Grace Davie, Emeritus Professor of Sociology at Exeter, will speak on the subject, 'Is Religion Compatible with Social Progress' This service will take place on Zoom: Meeting ID: 874 8775 7132 Password: 731478.

**Rule of Life Evening.** Thursday 16 July at 7.00pm. Canon Chris Palmer will lead our six-monthly look at an aspect of our Rule of Life.

- **Grow** in faith and love for God, and discern where God is calling us What habits nurture our relationship with God? What resources are available for discovering God's desire for us – and our own deepest desire? How might we discover our personal vocation? It would help (but not essential) if you could let Chris know that you're coming. Zoom meeting ID: 862 6049 5690 Password: 262992

**St John's Resurrection Stories**, with Professor Chris Bryan, Sunday 19 July at 12noon. The final instalment of Chris Bryan's 'Lent Group'! Following lively discussion of Luke's resurrection stories, Chris has now recorded a talk on St John's resurrection accounts (see the cathedral's YouTube account). It's in three "bite size" chunks. Have a listen and then join us for questions and conversation:  
Zoom meeting ID: 825 2373 1797 Password: 2125

**Cathedral Shop:** reopening from tomorrow, Monday, 11am-5pm. Please come and support it!

**Palace Gate Parking** Cameras went live on Friday. Sunday parking is unrestricted. If you are not sure whether your car is registered, please contact the Office.

**Zoom Coffee:** please join us at 11am on Sundays and at other times during the week. For more info: [chris.palmer@exeter-cathedral.org.uk](mailto:chris.palmer@exeter-cathedral.org.uk)

**Safeguarding:** The Dean and Chapter takes the responsibility for safeguarding children and vulnerable adults seriously in their commitment to make Exeter Cathedral a safe and welcoming place. If you have any concerns please discuss them with a member of the Cathedral Chapter or contact the Cathedral Safeguarding Advisor, Charlie Pitman, Tel. 01392 345909

## Open for Worship

**Next Sunday 19 July, Trinity 6:**

- 8.00am**      **BCP Holy Communion in the Nave**
- 9.00am**      **Morning Prayer (Zoom—see below)**
- 10.00am**    **The Eucharist with Cantor and Organ in the Nave**
- 12.15pm**    **The Eucharist with Cantor and Organ in the Nave**
- 4.00pm**      **Evensong with Cantor and Organ in the Nave**
- 7.00pm**      **Sundays @ 7 (via Zoom 821 0092 7088 / Pass. 466066)**

**TO ATTEND THE 10.00 OR 12.15 SERVICES YOU WILL HAVE TO BOOK A TICKET VIA THE CATHEDRAL WEBSITE: [www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)**

- 10am          Eucharist will be at 1m+ social distance
- 12.15pm      Eucharist will be at 2m social distance

10am Eucharist will be live-streamed on  
[www.facebook.com/exetercathedral](http://www.facebook.com/exetercathedral)

### **Midweek services:**

Monday to Saturday

- 9.00am**      **Morning Prayer** - via Zoom (Details below)
- 1.15pm**      **The Eucharist** - High Altar
- 5.00pm**      **Said Evensong** - High Altar
- 8.30pm**      **Compline** - [www.facebook.com/exetercathedral](http://www.facebook.com/exetercathedral)

### **Morning Prayer via Zoom—from 6 July**

Meeting ID: 847 6869 5587

Password: 025062

Tel. 0203 051 2874

**EXETER CATHEDRAL IS OPEN FOR PRIVATE PRAYER DAILY, 10am-5.30pm  
(Sundays, afternoons only)**

**All are welcome.**