



Exeter
Cathedral

The Eucharist

Sunday 5 July 2020
10.00 am & 12.15 pm

THE FOURTH SUNDAY AFTER TRINITY

**PLEASE TAKE THIS SERVICE BOOK
AWAY WITH YOU**



www.exeter-cathedral.org.uk

Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat (*cathedra*) of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

Ministers

President: The Revd Canon Chris Palmer, Canon Chancellor

Preacher: The Very Revd Jonathan Greener, Dean

COVID-19: Infection Control

Social distancing

Measures are in place to protect the health and safety of worshippers, volunteers and staff. Please follow instructions as they are given.

Markings on the floor indicate:

- 1 metre (Blue and White tape)
- 2 metres (Blue tape)

Speech and Singing

We ask that you do not sing. A cantor will lead singing on behalf of the congregation from the Minstrel's Gallery. When speaking responses or prayers, please do not raise your voice.

Cantor: Tom Noon, Choral Scholar

Communion

Communion will be offered in one kind only (bread). If you wish to receive communion, you will be required to wash your hands before receiving. Please follow directions as they are given and observe appropriate Social Distancing.

Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry. Please give by **contactless means** if you can. Money may be placed in the **Donation Boxes** as you leave. Please remember to use a **Gift Aid envelope** if you are a UK taxpayer.

For more information about planned and regular giving, please go to:
<https://www.exeter-cathedral.org.uk/support-us/how-to-donate/>

Music before the service

10.00am *Nun danket alle Gott*, BWV 657, JS Bach (1685-1750)

12.15pm *Nun danket alle Gott*, Georg Friedrich Kauffmann (1679-1735)

The Gathering

Introit

The congregation stands. A cantor sings

Sucepimus, Deus misericordiam tuam in medio templo tuui:
secundum tuum nomen Deus, ita et laus tuaa infines terrae:
Iusticia plena est dextera tua.

*We wait for your loving kindness O God: in the midst of your temple.
O God, according to your name, so is your praise until the world's end:
your right hand is full of righteousness.*

Psalm 48.8-9

The Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you.

And also with you.

The president greets the congregation.

At 10.00am:

Dedication of the Easter Candle

The president says

Blessed are you, Lord God of all creation,
to you be glory and praise for ever.
Your steadfast love extends to the heavens
and your faithfulness never ceases.
Illuminate our hearts with your wisdom
and strengthen our lives with your word,
for you are the fountain of life;
in your light we see true light.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Five nails or incense studs are inserted into the Candle, reminding us of the five wounds of Christ.

Christ, yesterday and today,
the beginning and the end,
Alpha and Omega,
all time belongs to him, and all ages;
to him be glory and power,
through every age and for ever.

Amen.

The president lights the Easter Candle, saying
May the light of Christ, rising in glory,
banish all darkness from our hearts and minds.

The light of Christ.

Thanks be to God

The president says
Alleluia. Christ is risen.

He is risen indeed. Alleluia, alleluia, alleluia.

The organ plays loudly.

Prayer of Penitence

As we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

The congregation sits

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen

Gloria

The congregation stands. The cantor sings

Gloria in excelsis Deo,
et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi
propter magnam gloriam tuam,
Domine Deus, Rex coelestis
Deus Pater omnipotens.

Domine Fili unigenite,
Jesu Christe.
Domine Deus, Agnus Dei,
filius Patris,
Qui tollis peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem nostram.
Qui sedes ad dexteram Patris,
miserere nobis.

Quoniam tu solus sanctus.
Tu solus Dominus.
Tu solus altissimus, Jesu Christe.
Cum sancto Spiritu,
in gloria Dei Patris. Amen.

*Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.*

*Lord Jesus Christ, only Son of the
Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the
Father:
receive our prayer.*

*For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus
Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.*

The Collect

Let us pray

O God, the protector of all who trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy;
that with you as our ruler and guide
we may so pass through things temporal
that we lose not our hold on things eternal;
grant this, heavenly Father,
for our Lord Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The congregation sits

The Liturgy of the Word

The First Reading

Romans 7.15-25a

A reading from the letter of Paul to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

This is the word of the Lord

Thanks be to God.

Gradual

Psalm 145. 8-15

The cantor sings

The Lord is gracious and merciful :
long-suffering and of great goodness.

The Lord is loving unto every man :
and his mercy is over all his works.

All thy works praise thee, O Lord :
and thy saints give thanks unto thee.

They shew the glory of thy kingdom :
and talk of thy power;

That thy power, thy glory, and mightiness of thy kingdom :
might be known unto men.

Thy kingdom is an everlasting kingdom :
and thy dominion endureth throughout all ages.

The Lord upholdeth all such as fall :
and lifteth up all those that are down.

The eyes of all wait upon thee, O Lord :
and thou givest them their meat in due season.

Gospel Acclamation

The congregation stands.

A minister says

Alleluia, Alleluia!

I am the way, the truth, and the life, says the Lord.

No one comes to the Father except through me.

cf John 14.6

Alleluia!

Gospel Reading

Matthew 11.16-19, 25-end

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

“We played the flute for you, and you did not dance;

we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.*

At that time Jesus said, ‘I thank* you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

This is the Gospel of the Lord

Praise to you O Christ.

The congregation sits

Sermon

The Nicene Creed

The congregation stands

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions

The congregation sits

The president introduces the intercessions. Each petition ends

Lord, in your mercy.

Hear our prayer.

At the end

**Merciful Father, accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

The president says

Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

And also with you.

Preparation of the Table Offertory

Psalm 18 v.27, 32

A cantor sings

Populum humililem salvum facies Domine, et oculos superborum humiliabis: quoniam quis Deus praetor te, Domine?

You will save the humble nation, O Lord, And bring down the eyes of the proud. For who is God, other than you, O Lord?

Prayer over the gifts

The president says

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

**All things come from you,
and of your own do we give you.**

The congregation stands

Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *singing*:

A cantor sings:

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth.
Pleni sunt coeli, et terra
gloria tua.

Hosanna in excelsis.
Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

*Holy, holy, holy, Lord,
God of power and might,
heaven and earth are full of
your glory,
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company the Blessed Virgin Mary,
St Peter and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

The president breaks the consecrated bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

The cantor sings:

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

*Lamb of God
you take away the sin of the world,
have mercy on us.*

Agnus Dei,
qui tollis peccata mundi,
dona nobis pacem.

*Lamb of God
you take away the sin of the world,
grant us peace.*

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*The congregation is invited to receive Holy Communion.
Alternatively you may ask the priest for a blessing.*

Please bring this book with you to indicate that you wish to receive a blessing.

Gluten Free hosts are available.

Please follow the directions of the stewards and use the handwashing gel before approaching the communion stations.

No words of distribution will be said and you are asked not to speak.

Motet

The cantor sings:

Come, my Way, my Truth, my Life:
Such a way as gives us breath;
Such a truth as ends all strife;
Such a life as killeth death.

Come, my Light, my Feast, my Strength:
Such a light as shows a feast;
Such a feast as mends in length;
Such a strength as makes his guest.

Come, my Joy, my Love, my Heart:
Such a joy as none can move;
Such a love as none can part;
Such a heart as joys in love.

From "Five Mystical Songs", Ralph Vaughan Williams (1872-1958)

Text: George Herbert (1593-1633)

Prayer after Communion

The congregation stands

Let us pray.

Eternal God,
comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son Jesus Christ our Lord.

Amen.

Notices are given.

The Dismissal

The congregation stands

The Lord be with you.

And also with you.

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

The Blessing

Organ Voluntary

10.00am: *Incantation pour un jour saint*, Jean Langalis** (1907-1991)

12.15pm: *Nun danket alle Gott* BWV 657, JS Bach (1685-1750)

*** In his "Incantation", Langlais uses the Gregorian chant traditionally sung during the first ceremonies of Easter as the newly lit Paschal candle is processed into the building. The statement 'The Light of Christ' is heard three times, each time at a higher pitch. As neither the ceremony nor the singing were possible this year, today's organ voluntary after 10.00am reminds us of the drama of the Easter Vigil.*

Please wait in your seat until directed to leave.

You will be asked to leave one row at a time in order to maintain appropriate social distancing.

Coffee:

Salcome Dairy @ Exeter Cathedral. We are not permitted to provide refreshments after the service, but Coffee and refreshments are on sale outside the West Front today and during the week. We hope you will be able to meet safely with each other over a hot drink on the Green.

Notices

Cathedral prayer list

Those who are sick or in need: Lilian Lovell, John Thompson, Pat Webster, Rosemary Joy, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Ursula Enever, Illya, Yve Taylor., Chris Seaton.

Rest in peace Anthea Woodford, Margaret Purchase, Geoff, Glenna Nichol, Beryl Edmonds, Ingrid Rosecoe.

Please pray for all those recently bereaved : Laurel, The Edmonds Family, Marshall Rosecoe.

Today, 5th July 4pm Evensong will celebrate the work of the NHS

Holy Ground. Sunday 12 July at 7pm: Professor Grace Davie, Emeritus Professor of Sociology at Exeter, will speak on the subject, 'Is Religion Compatible with Social Progress' This service will take place on Zoom: Meeting ID: 874 8775 7132 Password: 731478.

Rule of Life Evening. Thursday 16 July at 7.00pm. Canon Chris Palmer will lead our six-monthly look at an aspect of our Rule of Life.

- **Grow** in faith and love for God, and discern where God is calling us What habits nurture our relationship with God? What resources are available for discovering God's desire for us – and our own deepest desire? How might we discover our personal vocation? It would help (but not essential) if you could let Chris know that you're coming. Zoom meeting ID: 862 6049 5690 Password: 262992

St John's Resurrection Stories, with Professor Chris Bryan, Sunday 19 July at 12noon. The final instalment of Chris Bryan's 'Lent Group'! Following lively discussion of Luke's resurrection stories, Chris has now recorded a talk on St John's resurrection accounts (see the cathedral's YouTube account). It's in three "bite size" chunks. Have a listen and then join us for questions and conversation: Zoom meeting ID: 825 2373 1797 Password: 2125

Choir Valedictory: We will be saying farewell to our leaving Choristers, Choral Scholars and Lay Vicar on Wednesday evening at 5.30pm. All tickets for this service have been allocated, but you can join online on www.facebook.com/exetercathedral

Psalmathon: thank you all of you who participated in our nine-hour reading of all 150 psalms on St Peter's Day! Thank you Canon Cate Edmonds for organising it, and Canon Sue Gillingham for commentaries!

Zoom Coffee: please join us at 11am on Sundays and at other times during the week. For more info: chris.palmer@exeter-cathedral.org.uk

Open for Worship

Next Sunday 12 July:

- 8.00am** **BCP Holy Communion in the Nave**
9.00am **Morning Prayer (Zoom—see below)**
10.00am **The Eucharist with Cantor and Organ in the Nave, Preacher**
12.15pm **The Eucharist with Cantor and Organ in the Nave. Preacher**
4.00pm **Evensong with Cantor and Organ in the Nave**
7.00pm **Holy Ground, Prof Grace Davey (via Zoom)**
ID: 862 6049 5690 Password: 262992

TO ATTEND THE 10.00 OR 12.15 SERVICES YOU WILL HAVE TO BOOK A TICKET VIA THE CATHEDRAL WEBSITE: www.exeter-cathedral.org.uk

- 10am Eucharist will be at 1m+ social distance
12.15pm Eucharist will be at 2m social distance

10am Eucharist will be live-streamed on
www.facebook.com/exetercathedral

Midweek services, from 6 July:

Monday to Saturday

- 9.00am** **Morning Prayer** - via Zoom (Details below)
1.15pm **The Eucharist** - High Altar
5.00pm **Said Evensong** - High Altar
8.30pm **Compline** - www.facebook.com/exetercathedral

Morning prayer via Zoom—from 6 July

The code for Zoom morning prayer has changed, and a password has been introduced. This is to comply with new conditions set by Zoom.

Meeting ID: 847 6869 5587
Password: 025062
Tel. 0203 051 2874

**EXETER CATHEDRAL IS OPEN FOR PRIVATE PRAYER DAILY, 10am-5.30pm
(Sundays, afternoons only)**

All are welcome.