



Exeter  
Cathedral

# The Eucharist

*Sunday 28 June 2020*  
10am

**THE THIRD SUNDAY AFTER TRINITY**



[www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)

## Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat (*cathedra*) of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

## Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry.

Please go to:

<https://www.exeter-cathedral.org.uk/support-us/how-to-donate/>

## Minister

President: The Revd Prebendary Julian Ould

## Music

Recorded organ music, from our archive, played by our Director of Music, Timothy Noon, will be heard during the service.

## Communion

Communion will be received by the president for and on behalf of the Cathedral Community and the people of Devon.

## COVID-19: Infection Control

In response to the Archbishops' instructions, we have suspended all public access to worship in the Cathedral. Sunday services will be live-streamed from the Cathedral's Lady Chapel via [www.facebook.com/exetercathedral](https://www.facebook.com/exetercathedral)

**Morning and Evening Prayer:** this week, this will be said by the clergy at 9am and 5pm. These will be said via Zoom.

**All are welcome to join these services:**

Morning Prayer will be Zoom ID 862 6900 5004 / Tel. 0203 051 2874

Evening Prayer will be Zoom ID 892 3161 5055 / Tel. 0203 051 2874

## Music before the service

*Le Jardin Suspendu*, Jehan Alain (1911-40)

### The Gathering

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

*The president greets the congregation.*

### Prayer of Penitence

As we prepare to celebrate the presence of Christ in word and  
sacrament, let us call to mind and confess our sins.

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord. **Amen.**

## Gloria

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

#

## The Collect

Let us pray

Almighty God,  
you have broken the tyranny of sin  
and have sent the Spirit of your Son into our hearts  
whereby we call you Father:  
give us grace to dedicate our freedom to your service,  
that we and all creation may be brought  
to the glorious liberty of the children of God;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

# The Liturgy of the Word

## The First Reading

Romans 6.12-end

A reading from the letter of Paul to the Romans.

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments\* of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments\* of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations.\* For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. <sup>23</sup>For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

This is the word of the Lord

**Thanks be to God.**

## Gospel Acclamation

Alleluia, Alleluia!

I am the way, the truth, and the life, says the Lord.

No one comes to the Father except through me.

*cf John 14.6*

**Alleluia!**

## **Gospel Reading**

Matthew 10.40-end

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.’

This is the Gospel of the Lord

**Praise to you O Christ.**

## **Address**

### **The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,**

**God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Intercessions

*The president introduces the intercessions. Each petition ends*

Lord, in your mercy.

**Hear our prayer.**

*At the end*

**Merciful Father, accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## The Liturgy of the Sacrament

### The Peace

*The president says*

Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

**And also with you.**

## Preparation of the Table Taking of the Bread and Wine

### Prayer over the gifts

*The president says*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

### Eucharistic Prayer

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.  
Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *singing*:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again.**



And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Blessed Mary, Mother of our Lord,  
St Peter and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## **The Lord's Prayer**

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread*

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## **Agnus Dei**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

## **Giving of Communion**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and  
shall be healed.**

*The president receives communion.*

## **Prayer after Communion**

Let us pray.

O God, whose beauty is beyond our imagining  
and whose power we cannot comprehend:  
show us your glory as far as we can grasp it,  
and shield us from knowing more than we can bear  
until we may look upon you without fear;  
through Jesus Christ our Saviour.  
**Amen.**

*Notices are given.*

## The Dismissal

The Lord be with you.  
**And also with you.**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## The Blessing

### Organ Voluntary

*Litanies*, Jehan Alain (1911-40)

*This week marks the eightieth anniversary of the death of Jehan Alain in the Battle of Samur, aged twenty-nine.*

*Born into a family of musicians, his short career as a composer began in 1929, when Alain was 18, and lasted until the outbreak of the Second World War 10 years later. His music was influenced not only by the musical language of the earlier Claude Debussy and his own contemporary Olivier Messiaen, but also by an interest in the music, dance and philosophies of the far east. Alain described *Le jardin suspendu* ("The Hanging Garden"), heard before this service, as a portrayal of "the ideal, perpetual pursuit and escape of the artist, an inaccessible and inviolable refuge."*

*His most famous work is *Litanies*, composed in 1937. That work is prefaced with this text:*

*"Quand l'âme chrétienne ne trouve plus de mots nouveaux dans la détresse pour implorer la miséricorde de Dieu, elle répète sans cesse la même invocation avec une foi véhémence.*

*La raison atteint sa limite. Seule la foi poursuit son ascension."*

("When, in its distress, the Christian soul can find no more words to invoke God's mercy, it repeats endlessly the same litany.  
.for reason has reached its limit; only faith can take one further...").

## Open for Worship

**Next Sunday. 5 July:**

- 8.00am** BCP Holy Communion in the Nave
- 9.00am** Morning Prayer (via Zoom)
- 10.00am** The Eucharist with Organ in the Nave, Preacher: The Dean
- 12.15pm** The Eucharist with Organ in the Nave. Preacher: The Dean
- 4.00pm** Said Evensong with Organ in the Nave

**TO ATTEND THE 10.00 OR 12.15 SERVICES YOU WILL HAVE TO BOOK A TICKET VIA THE CATHEDRAL WEBSITE: [www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)**

BCP Communion will no longer be available weekly on Youtube.

10am Eucharist will be at 1m+ social distance

12.15pm Eucharist will be at 2m social distance

10am Eucharist will be live-streamed on  
[www.facebook.com/exetercathedral](http://www.facebook.com/exetercathedral)

**Midweek services, from 6 July:**

Monday to Saturday

- 9.00am** Morning Prayer - Zoom 862 6900 5004 Tel. 0203 051 2874
- 1.15pm** The Eucharist - High Altar
- 5.00pm** Said Evensong - High Altar
- 8.30pm** Compline - [www.facebook.com/exetercathedral](http://www.facebook.com/exetercathedral)

## Notices

### **Cathedral prayer list**

**Those who are sick or in need:** Lilian Lovell, John Thompson, Pat Webster, Rosemary Joy, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Illya, Yve Taylor.

**Rest in peace** Anthea Woodford, Margaret Purchase, Geoff, Glenna Nichol

**Please pray for all those recently bereaved :** Laurel

**Psalmathon** on Tuesday, St Peter's Day, over 30 people will be reading the Psalter continuously from 12.45pm **with introduction and conclusion by Reverend Professor Canon Sue Gillingham who also will be available for a Q & A at the end.** Please join us for this exciting venture on Zoom: log onto Zoom and enter the ID 82934622927 or Join Zoom Meeting <https://us02web.zoom.us/j/82934622927>

### **Book Group Wednesdays at 7.30pm on Zoom, starting 1st July.**

(joining details to be published in notices and online)

*Looking at Into the Silent Land*, by Martin Laird Led and hosted by Bishop Martin Shaw. A chance to 'get together' to read, discuss, and learn from this book and from one another. Order the book now (£10.95 on Amazon, Waterstones, Foyles etc; slightly cheaper for an e-copy) and be ready for joining in at the beginning of July.

**Holy Ground.** We are delighted to welcome Professor Grace Davie to Holy Ground on **Sunday 12 July at 7pm.** Grace Davie is Emeritus Professor of Sociology in Exeter. She will speak on the subject, 'Is Religion Compatible with Social Progress'. Despite some worship returning to the cathedral, this service will take place on Zoom:

Meeting ID: 874 8775 7132 Password: 731478.

Do join us and spread the word!

**Zoom Coffee:** please join us at 11am on Sundays and at other times during the week.. The Canon Chancellor has more information about how to join this: [chris.palmer@exeter-cathedral.org.uk](mailto:chris.palmer@exeter-cathedral.org.uk)

**Reading the Bible: a conversation.** Canons Chris Palmer and James Mustard invite you to join a conversation about how we approach difficult topics, including slavery, in the Bible. A lively discussion is guaranteed! Join them on Zoom Tues 30 June 7pm:

<https://us02web.zoom.us/j/87416303196?pwd=ZEVXcHZDZjVDOGJjQkxSb21hMmswQT09>

Meeting ID: 874 1630 3196

Password: 334947

**Sunday 5th July 4pm** Said Evensong will celebrate the work of the NHS

**EXETER CATHEDRL IS OPEN FOR PRIVATE PRAYER DAILY, 10am-4pm  
(11.30am-4pm on Sundays).**

**All are welcome.**