



From: Canon Chris Palmer, Canon Chancellor



Lent is desert time. Jesus went into the desert to encounter God in a deeper way – by reducing the stimuli from the outer world, to heighten his awareness of God’s presence, desire, and grace. And the desert was also a place of temptation, because it is usual when we seek to encounter God in a heightened way for the impulses that draw us away from God to become heightened too.

God invites us also into the desert. At times we use the desert as a metaphor for the arid times that come upon us; but in Lent the

choice for the desert is intentional – a decision for ways of being, praying, serving and so on that lead us on a truer path of following Jesus.

For this reason we are using this Lent to launch the Cathedral’s *Rule of Life*. This is an invitation to our whole community to embrace a simple commitment of discipleship:

‘As those who share in community at Exeter Cathedral, we commit ourselves to:

- **worship** with others, pray daily, and read the scriptures regularly
- **grow** in faith and in love for God, and discern where God is calling us
- **give** of our time, energy, skills, and resources in service of one another and the world
- **care** for ourselves as beloved children of God and be accountable for living this Rule of Life’

There is more detail in a special booklet which accompanies the *Rule of Life*, both of which are available at the Welcome Desk, the Stewards’ Desk, and, on Sundays, from the Cathedral Community Information Table in the South Transept from 3rd March. Please make sure you have a copy – and above all, please let us know that you wish to join us in living this Rule.

In addition, the *Christian Life Group* that begins during Lent, (see page 13 of this *News*) is an open and welcoming group within which to explore what it means to live as disciples of Jesus. This group is offered as a new and experimental way of inviting people to support each other in exploring faith. It might be one way to 'be accountable for living this Rule of Life.'

One of the great themes of scripture is that the desert becomes a place of blossoming and flourishing:

'The wilderness and the solitary place shall be glad for them; and the desert shall rejoice, and blossom as the rose. It shall blossom abundantly, and rejoice even with joy and singing: the glory of Lebanon shall be given unto it, the excellency of Carmel and Sharon... for in the wilderness shall waters break out, and streams in the desert. And the parched ground shall become a pool, and the thirsty land springs of water: in the habitation of dragons, where each lay, shall be grass with reeds and rushes.' (Isaiah 35. 1-2, 6-7)

In a similar way, when we embrace the desert and find it to be a place in which we encounter God more immediately, then we discover that it gives us life and leads to our flourishing.

May God grant you a holy and life-giving Lent.

Tales from the Foodbank: Universal Credit

On 15th February 2019, the *Church Times* reported

"On Monday (11th February), the Work and Pensions Secretary, Amber Rudd, said that "challenges" with the initial rollout of Universal Credit had driven claimants to foodbanks."

Exeter Foodbank is well aware of this, so please continue to give your valuable support. Thank you.

The next Cathedral Foodbank Collection will take place at the 10 am Service on **Sunday 24th March.**

Felicity Cawthra

Where to find Cathedral News

We know that readers greatly appreciate having a hard copy of the *News*, but we also know that black and white print (colour is prohibitively expensive) does not do justice to some of the lovely photographs that contributors supply. Photographs, logos and other illustrations can be seen in all their glory on the Cathedral website, where the *News* is posted as soon as possible after publication. You will find it under News & Events/Cathedral Community News.

News from the Bellringers

On Saturday 23rd March, the eliminator rounds for the National 12 Bell Striking Contest will take place; our team would normally be heading out to take part, but this year, as hosts of the final, we go through automatically to the Final. However, eighteen other teams will be ringing at either St Mary-le-Bow in London, St Mary Redcliffe in Bristol, or Leeds Minster, with the three top teams from each heat earning their place in the finals here at Exeter Cathedral on Saturday 22 June.

Meanwhile, we are busy with arrangements as the date draws ever nearer. The 12 Bell Final is a big date on the ringing calendar, with its combination of renowned hospitality and excellence of ringing; some five hundred ringers from around the country are likely to descend upon Exeter to enjoy the occasion. The day traditionally starts with breakfast for all those far flung travellers, followed by the welcome and draw in the Cathedral; competition ringing will start at 11:30am and last throughout much of the day, with ten teams all being judged as they ring a set test piece of Stedman Cinques.

Bishop Robert has kindly granted us permission to use the Palace Gardens for the hospitality marquee, and on a summer's day there could be no better or more stunning location to enjoy the sound of the bells. Visiting ringers will also be encouraged to spend time in the Cathedral, with Choral Evensong closing the day's ringing; tourists will find ringing displays, information and live ringing feeds to enhance their visit. Finally, the result will be announced in the Cathedral at 6:00pm, when everyone gathers in eager anticipation.

All these activities need volunteers, and whilst we are actively recruiting from the local ringing community, we would also warmly welcome any offers of help from the Cathedral community; perhaps in welcoming and guiding visitors so that they get the very best from their day, selling programmes, or stewarding the gardens. We really want everyone to get involved in supporting the day and helping us to showcase the Cathedral - and of course to come along and enjoy this exciting event.

If you can spare an hour or two, or are simply interested in finding out more, please visit our website at <https://12bell.devonringers.org> where you can read more, and register to get involved. Thank you.

Clare Griffiths, Exeter Cathedral Bellringers Secretary

From the Dean: Fundraising visit to the USA

Later this year, the Dean is off to the USA to explore fundraising possibilities for the Music Foundation Trust. If anyone has any State-side contacts that might be willing to assist, might you please be kind enough to let him know?

Exeter Cathedral Flower Arrangers

The lead up to Lent from Christmas is now complete with the current arrangements. Four very creative ladies, led by Tina have used wood, bark, dried flowers and foliage to produce four lovely examples in the pillars. The individual arrangements in the Lady Chapel, the High Altar and at the Flower Box are all intriguingly different from the pillars, but use wood and bark, with lichen and seed materials.

Now we are planning Easter, which brings a great deal of additional work. We intend to make the High Altar the "Altar of Repose" as Bishop Robert asked for last year, and which was well received. The Easter Garden is to go where the Crib was at Christmas, so that will be a new challenge for the team!

Should you feel the need to sit quietly with beautiful flowers, then St Gabriel's Chapel is the place to be. This chapel holds the Holy Sacrament that is already blessed, and our fresh flowers sit beside it. At the moment, as I write, there are beautifully arranged pinks, but that will change through Lent depending on the arranger until Easter Eve; then every arrangement will be green and white, with lilies, to remind us of the Easter Garden.

Should you wish to donate towards the cost of the lilies, perhaps in remembrance of someone you love, please pass an envelope to Sylvia Bush or myself, or pop it in the box opposite the shop intended for flower donations. We would be most grateful for your help in making the Cathedral extra special for all over the Easter period.

Flick Evans, Exeter Cathedral Flower Arrangers

News from the Sunday 8 O'Clockers

The Sunday 8 o'clock coffee group have made a donation of £100 to the Cathedral Library and Archives, towards the purchase of a replacement secure display case. The display case will be used for showing items from the Library and Archives in exhibitions in the Cathedral.

Members of the Sunday 8am congregation met for a convivial lunch recently. It proved, as in the past, to be an opportunity for people to meet and converse at greater length than 8am on Sunday permits. The 8am congregation is diverse and vibrant. The lunch emphasised their fellowship.

Those attending contributed £180 profit before gift aid to the Cathedral funds.

Elizabeth Knox and James Hayward

Full Circle

More than thirty years ago I was appointed as Rector of the Colyton Team Ministry. When I arrived in Colyton, I quickly became aware of a number of local 'characters' who were known throughout the community. One of these was Christopher Newton, known locally as 'Chopper'.

Chris was, and is, a genial fellow, not ever so articulate at that time, unable to read or write, and with what we now call 'learning difficulties'. One of Chris's problems was anger management. In other words he had a short fuse when it came to being taunted, especially so if he had had a glass of cider. After the manner of small communities, there were always those who would take pleasure in seeing just how far he could be pushed before there were fireworks. There were often fireworks.

These vulnerabilities, over the years, resulted in successive problems, both within the community and with the authorities. Once I had to go and fetch him from the police cells. There was a time when he was in court, and much to his and my surprise, he was discharged by the Judge into my custody – what to do next?

Clearly Chris needed help so, after several false starts, help was found. Chris trod the very painful path of examining his past and understanding why things had been as they were. At Pilsdon Manor, he found acceptance and support, and this was a real turning point for him. There are other friends who, down the years, have supported Chris and, as one put it, 'loved him back to life'. I will not name them here but they are numbered among the saints.

To cut a very long story short, after some heroic struggles, Chris emerged as someone who had begun to discover an authentic faith, had begun to find his true self, and as a result was desperately keen to share both his story and his belief. The hard years have taken their toll, and Chris sometimes finds his health failing him but his zeal burns brightly.

After a gap, I next heard from him in Teignmouth, where he had found a niche in the local church and community, and where he now takes every opportunity he can to witness to the joy and peace he has found. He is learning sign language, and has a great vision and enthusiasm for offering hope and understanding to those who face the challenges of disability and learning difficulties that he has experienced.

When we last met, he sat and read to me from the scriptures, texts and passages that had become really central to his life of faith.

Chris found yet more support and understanding within the Society of St Francis, where his attempts to articulate his faith and share his story have been welcomed and nurtured.

The culmination of this much abbreviated account – the full story would fill a book! – came for me in May 2018. I was invited to be with Chris at Crediton, for a meeting of the Franciscan Third Order, where he was to be professed. It was a simple and moving ceremony. A friend helped him with the words of his profession and he was welcomed into the Society all of which took place in the context of the Eucharist. Chris found it hard to stand for very long, so as the Blessed Sacrament was passed from person to person, it was my privilege to kneel and receive Communion from him. Our journeys had come full circle. He was the minister and I was receiving his ministry.

David Gunn-Johnson, Priest Vicar

A Contemplative Journey through Lent

St Martin's Church, on the corner of Exeter Cathedral Green

8pm on the five Mondays of Lent: 11th, 18th, 25th March, 1st, 8th April

This is an opportunity to experience the ancient close-of-the-day service of Compline, with plainchant and polyphony, hosted by Margaret Aagesen Hughes (Soprano) and Clare Bryden (Alto). It will feature the music of Bach, Barber and Saint-Saëns, and musicians Ruth Molins, Sophie Brewer (Flute), Emma Welton (Violin), Catherine Bradley (Cello).

Clare Bryden

News from Churches Together Across Exeter (CTaX)

Weds 20th March 7pm: CTaX Council meeting at Wonford Methodist church

All welcome! Come and hear about what is going on in *God on the streets of Exeter* - Street Pastors, City Centre Chaplaincy, Joyfest, Devon County Show, Christian Aid week.

Good Friday 19th April : Passion for Exeter: 10am Exeter Cathedral & City centre

YMCA Sleep Easy: Saturday 9th March, 7pm-7am in the grounds of Barnfield Crescent.

Our goal is to raise £25,000 in support of our work with young people across the city as they break the cycle of homelessness and come to find freedom. All welcome! Participants can either sign up at www.sleepeasyexeter.org.uk or by calling us 01392 410530.

Wednesday Kitchen

Many of the Exeter's food providers for the homeless and vulnerably housed gather together every couple of months to share news and views, and to discuss ways in which we can support one another. We are supported by Julian House (Co-Lab), who have been able to offer us occasional specialist training. In addition to our own Wednesday Kitchen, the groups include the Salvation Army, St. David's Church, The Vineyard Church, Bread of Life and the Christadelphian Church. Since the opening of the night shelter, we have taken it in turns to provide food each evening for those housed in the shelter. As the shelter closes at the end of March 2019, you may be interested to learn the following statistics (as at 31st January 2019).

120 different individuals have spent one or more nights in the shelter.

2397 nights of accommodation have been offered over the four months from 1st November to 31st January.

26 reconnections have been fostered (people returning to a town with which they have a connection).

27 people with a local connection have been moved into other accommodation.

The shelter has been fully utilised most nights, with an average of 26 per night, increasing to 35 when severe weather provision has been in place.

Whilst there are some really good news stories involving people successfully being housed in more secure accommodation, the problem of homelessness in Exeter remains significant. We invite you to explore for yourselves the reports from Devon Live (<https://www.devonlive.com/news/devon-news/rough-sleepers-not-allowed-stay-2559528>) and a blog by Simon Bowkett (<https://simonjbowkett.wordpress.com/2019/02/17/road-to-nowhere/>) on those who continue to be marginalised, and ask that you actively hold all of those affected in your prayers.

Penny Harris

Town Hall Meeting 20th March 2019 11.30-13.30

The next Town Hall meeting for staff and volunteers will be in the Chapter House on 20th March from 11.30-13.30. The speakers will be the Dean, Cressida Peers, and John Allan (Cathedral Archaeologist). Lunch will be included.

Volunteers should please let the leader of your group know that you wish to attend so that we know numbers for catering purposes.

Rose (not pink!) Vestments

On Mothering Sunday, 31st March this year, a new Rose High Mass Set will be dedicated. This set has been made possible by a generous donor in the congregation, who wanted these vestments to commemorate those who died in the First World War.

The Church is very specific that the vestments worn on the 3rd Sunday of Advent (called Gaudete Sunday) and the 4th Sunday of Lent (Laetare Sunday) should be ROSE. The wearing of rose vestments on these two Sundays has been part of the Church's tradition since the 16th century.

'Gaudete' and 'Laetare' can both be broadly translated as 'Rejoice' or 'Delight' – and refer to the theme of Christian joy. Halfway through Advent and Lent a sense of the Lord's coming is celebrated: the colour rose gives us joy and a promise of hope.



The floral motif on the chasuble and the stoles feature beautifully embroidered snowdrops and a Christmas rose – reflecting the two occasions each year when the set will be worn. All credit for the very fine embroidery goes to Catherine Fee, Maureen Ireland and Joanne Richards.

We would like to thank the volunteers at Fab Lab who assisted us with this project. Fab Lab is a small-scale workshop, at Exeter Library, offering digital fabrication: a world of flexible computer-controlled machines! The Company of Tapisers used this facility in the creation of the Rose set by printing the floral designs directly onto the material. This ensured that all the designs were exact and clear – no hand-copying

or stencilling were required! The Fab Lab is a wonderful resource for anybody with creative ideas, and the volunteers there are very knowledgeable and enthusiastic to help.

Diana Symes, Chairman of The Company of Tapisers

Cathedral Outing to St Paul's Cathedral

Following a kind invitation from David and Hilary Ison, the Fellowship Committee is planning a visit to St Paul's for the weekend of 1st and 2nd June, 2019. All are welcome to be part of this exciting weekend. David is the Dean of St Paul's. He was formerly Canon Chancellor of Exeter Cathedral, and is well known to many people here.

The provisional programme is for us to attend Evensong at St Paul's at 5pm on Saturday 1st June, which will be preceded by a tour of the Cathedral. After Evensong, David and Hilary are hosting a buffet supper. Numbers for supper are limited; only the first 30 to sign the list for the outing will be able to join us for that, so please sign up quickly!

On Sunday morning, we will attend Sung Eucharist at 11.30am. We will arrange somewhere for the party to meet for lunch, and hope to have time for an activity on Sunday afternoon, possibly a boat trip on the River Thames.

People can make their own arrangements, and take advantage of early booking and rail travel discounts. Several people have asked if we could travel and stay together. We are, therefore, planning to hire a minibus and stay at the Premier Inn near St Paul's. If this encourages you to join us, please contact Diane Coombes as soon as possible on 01626 862339.

We will publish the final programme of the fixed schedule as soon as possible. Meanwhile, if you would like to join the party to St Paul's, please sign the list, which will be available from 3rd February at coffee after 10am Sung Eucharist, and in the Events Department in the Cathedral Office. In fairness to all, especially as numbers are limited for supper on Saturday evening, there will be a non-returnable deposit of £10 person on booking. The deposits will be allocated to the funds that support the pastoral care of our Cathedral Community.

Diane Coombes and Margaret Williams

Thank you, Chris

As reported in the January *Chapter Bulletin*, Chris Bodkin is leaving the Cathedral after seven years, most recently as Visitor Services Administrator, to work for GWR as a conductor. He will be sorely missed by his colleagues on the staff, and by the many volunteers who have greatly valued his help and advice.

We are all very grateful to Chris for his dedication and commitment, and wish him all the best for the future. On 6th March at 3pm, we will say a formal thank you at a gathering in the Chapter House.

Holy Ground Sunday 10th March at 19.00: ***The Church that Changed with the Revd Nick Bundock***

On September 24th 2018, St James and Emmanuel in Didsbury was hailed as 'The Church that Changed' in a story that was trending on Twitter. Four years previously the same platform had denounced them as a church that had contributed to the death of a gay teenager. The intervening years have been ones of self-reflection, repentance and radical change as they, a broadly evangelical church, works out what it means to be fully inclusive. At the centre of this change has been a very special person, Lizzie Lowe.

Nick Bundock has been serving the parish of St James and Emmanuel, Didsbury, in the Diocese of Manchester, since 2005. He was previously a molecular biologist, and has some nerdy hobbies that include online gaming and all things computing. He has a Cardigan Welsh Corgi called Jethro, two teenage children, and a very patient wife.

Foundations in Christian Ministry course 2019-20

Applications for the Foundations in Christian Ministry course starting in September 2019 are now open.

The 2018-19 course was over-subscribed, and the capacity is expanding from 30 to 50. The deadline for applications is 1st April. Informal interviews will then be held.

The FiCM is a learning community, where students can deepen their Christian discipleship, explore their gifts for ministry, discern God's call for their next steps in ministry, and lay foundations for further lay training.

The core of the course is seven Saturday study days between September and June, consisting of inspirational and high quality teaching on the Bible, theology, spirituality and pastoral care.

For further details,

see <https://exeter.anglican.org/ministry/vocations/foundations-christian-ministry/>

Next Month: Please send material for the **April** edition by **Tuesday 26th March** to Heather Morgan (01392 877623, hmm53@tiscali.co.uk and Sheila Atkinson sm.a@blueyonder.co.uk. The other members of the editorial team are Rosemary Bethell, and Jenny Ellis.

Lent 2019

Exeter Cathedral Lent Lectures 2019: *Paying Attention*

All at 17.00 in the Chapter House

Jesus asked his disciples to 'pay attention'. In his words and actions he paid attention to those ignored by others. The aim of this series is to prompt Christian reflection on the needs of the world around us, through deep attention to a variety of perspectives.

Lent 1 – 10th March 2019 – Professor David Clough, University of Chester: *Paying Attention to What we Eat*

David Clough is Professor of Theological Ethics at the University of Chester. His CreatureKind project, engages churches in the UK and North America with farmed animal welfare as a faith issue. In 2018 he launched the #DefaultVeg project encouraging organizations to make a simple change to events catering policy that benefits humans, animals, and the planet. He is a Methodist Local Preacher.

Lent 2 – 17th March 2019 – The Revd Canon Dr Chris Palmer, Exeter Cathedral: *Paying Attention to Each Other: The Ethics of Care in a Cathedral Context*

Chris Palmer was educated in Oxford where he read theology and completed a doctorate on St Paul's understanding of Church Unity. He trained for ordination at St Stephen's House and his most recent post before coming to Exeter was Team Rector of a diverse team ministry in Merton Borough in the Diocese of Southwark. During his time in London he has also served as Area Dean of Richmond and Barnes, a Vocations Adviser, and Bishop of Southwark's Adviser for Spiritual Formation.

Lent 3 – March 24th 2019 – Professor Louise Lawrence, University of Exeter *Paying Attention to Madness in the New Testament*

Louise Lawrence is Associate Professor in New Testament Studies at the University of Exeter. Her recent work has focussed on sensory and other disabilities in the New Testament. In 2013 she published *Sense and Stigma in the Gospels: Depictions of Sensory-Disabled Characters* (Oxford) and her fifth book *Bible and Bedlam: Madness, Sanism, and New Testament Interpretation* was published by Bloomsbury in 2018.

Lent 4 – March 31st 2019 – Dr Elizabeth Philips, University of Cambridge: *Paying Attention to the Imprisoned*

Elizabeth Phillips works on Christian political theology, especially apocalyptic and eschatological beliefs. She worked for nine years at Westcott House, one of the Anglican theological colleges affiliated with the University of Cambridge.

She is currently a Visiting Scholar in the Institute for Criminology, where she co-convenes introductory courses in theological and philosophical ethics for Cambridge students, and students resident in a high security prison.

Groups for Lent and beyond

We have three groups running for or starting in Lent. Full details of these were in the February *Community News*. Here is an abridged version!

‘Gather up the fragments that nothing be lost’

with Bishop Martin Shaw

Sundays at 11.30am in the Pearson Room

(access from the Cloister Garden; lift access is available)

Bishop Martin will be enabling a group on Sunday mornings in Lent on the subject of Christian Meditation. Each session will include a short time of silence and a sharing in how the group members found the silence.

Sunday 17th March – a brief introduction to Christian meditation.

Sunday 31st March – looking, listening, thinking and even imagining in Christian meditation.

Sunday 7th April – journaling and writing prayers - and collecting favourite ones.

Sunday 14th April – moving into stillness and silence to understand a little of contemplative meditation

It would help us to know who intends to be part of this group. Sign up via the website on enter web address or add your name and contact details to the lists available in the South Transept after Sunday services.

‘The Mystery of God’

With Sue Gunn-Johnson

Thursdays at 11.00am in the Sacristy

(access from the South Choir Aisle, or from the West Wing Ground floor entrance, where there is a lift)

This Lent course delves more deeply into the mystery of God, seeking to rediscover what it is that draws us so deeply in our search for God. We will follow Jesus through the Lenten readings, allowing him to draw us, in love and wonder, into the mystery of God’s plan of salvation.

Over six weeks, from 7th March to 14th April, we will investigate:

- the mystery of Life and Death
- the mystery of Good and Evil

- the mystery of God's glory
- the mystery of Sin, Suffering, and Hope
- the mystery of Relationship and Reconciliation
- the mystery of Love and Sacrifice
- the mystery of Joy and Salvation

Each week, members who wish to do so are invited to go together for lunch in the Cathedral Café, where a table will be reserved. But you are welcome to join the group without staying for lunch.

It would help us to know who intends to be part of this group. Sign up via the website on enter web address or add your name and contact details to the lists available in the South Transept after Sunday services.

Christian Life Group: Exploring the Rhythm of Life **Thursday evenings, 7.30pm from 14th March, in the Cloister Garth Room**

How do we find balance in our Christian journey? What is the rhythm of living that brings us fullness of life? What does it mean to be a disciple of Jesus? How can I hear and know God's desire for my life?

This new group, open to anyone, those exploring faith afresh or long committed to the Christian journey, invites people to share together in discovering these things.

Each week we will:

- pray together, using ancient patterns of prayer in a contemporary setting
- hear something about the faith we share or someone's story of being a disciple of Christ
- have the opportunity to share with each other something of our lives and exploration

This is a safe space for all. No one will be expected to say anything, but everyone will have the opportunity. Everyone will be able to listen and share, without being corrected, advised, or put on the spot. We are encouraging each person to be accountable for their own walk with God rather than for other peoples!

This meeting offers a welcome to anyone to turn up to. We envisage that it will gain 'regulars' who will become a source of support for each other, but the door will be open for those who wish to call in infrequently or as a one off.

If you would like to ask questions, please contact the Canon Chancellor, Canon Chris Palmer: chris.palmer@exeter-cathedral.org.uk or 07906 249132

From the Head of Education

An evening with Eddie Sinclair:

Conservation and Polychromy at Exeter Cathedral

Thursday 7th March 2019 at 18:30

Eddie's talk will look at aspects of her conservation work over almost forty years, along with a discussion of the materials and techniques used by the medieval craftsmen. Cost £15. More information on the Cathedral web site.

Mini-Door Hunter Trail

You may be aware that I set out a trail around the Cathedral last summer, with a map to hunt out small fairy like doors?

It proved very popular and so it will be rolled out again this summer.

This year, Richard, the husband of one of our lovely clergy, Carolyn, very kindly made me a handful of new, much sturdier doors.

I am hoping there may be some budding artists / crafters out there, who might want to paint a door or two – it saves me having to get creative for all 15.

If you would like to take one away and spin some magic with it, please pop into the office at No 1a and choose one that takes your fancy.

I need them back before end of June so plenty of time.

Many thanks, Lisa.

Dementia Friends Training Session

We have arranged a handful of sessions that share with us how we can be more aware, and assist those who may be suffering from a form of Dementia.

Dates: **Thursday March 28th 10.30 – 11.30 Pearson or Thursday 25th April 2pm and 4pm**

If you would like to attend one of the planned session, please let Lisa know by calling 01392 345887 or emailing lisa.gordon@exeter-cathedral.org.uk

We have 15 places per session. If demand is high we will schedule additional future sessions.

Evening Spiritual Tours

We are planning more Spiritual Tours. One of our priests will lead a group around the Cathedral, highlighting what the building and ceremonies mean to them, some pertinent features along the way, and finishing with a Blessing and candle-lighting. This is a great tour to take in after Evensong. The tour costs £7.50 (Cathedral entry) 6.30 – 7.15pm. The Ven. David Gunn-Johnson will take the tour on **Thursday 25th March** and Canon Ian Morter **on 25th April**. Book on web or via Visitors Office

Nalbinding Workshop

Wednesday 27th March Pearson Building 10am - 1pm £25 for tuition and all materials

Nalbinding is an ancient yarn looping technique which has been known in almost all corners of the world for hundreds and even thousands of years. All one simply needs is a needle and a piece of yarn. Our expert, Julia, will show us the first steps to Nalbinding in hope that you can produce a small coin pouch before you leave. Tea, coffee, biscuits and helping hands will accompany this lovely crafting session. **Call 01392 285 983 to book.** Spaces are limited!

Lisa Gordon, Head of Education



Work in Progress

Canon Mike Williams has sent this photograph of one of the Cathedral's stained glass windows, showing the bow, or bulge, across the centre and lower half.

Only a small area is visible, but the whole window is bowing in a similar fashion, and is in need of repair; just one example of the constant round of maintenance and restoration needed on the fabric of the Cathedral.

The imagery in the window is striking. Do you know where it is in the Cathedral?

What's On in March

A few highlights from the Cathedral Diary in March. Please see the Cathedral website and the "What's On" leaflet for more details. **Details of Lent activities are on pages 11-13 above.**

- 5th Shrove Tuesday
6th Ash Wednesday
Holy Communion at 08.20 & 13.15pm; 17.30 Solemn Eucharist
The Imposition of Ashes will be available at these services
10.15 Cathedral School Service for Ash Wednesday
10th 19.00 Holy Ground: The Revd Nick Bundock-*The Church that Changed*
11th 14.30 Contemplative Prayer Group in St John the Baptist Chapel
12th 18.30 Cathedral Community Committee
14th 10.30 Cathedral Fabric Advisory Committee
16th 19.30 Exeter Philharmonic Choir Concert
19th *St Joseph* 17.30 Solemn Eucharist
20th 11.30 Town Hall meeting for staff and volunteers
18.30 Ceremony & Signing of a Memorandum of Understanding
between the Cathedral & the University of Exeter
21st 19.30 Exeter School Concert
22nd 19.00 Devon Youth Choir & Cathedral Choir Music Outreach Concert
23rd Meeting of Deanery Synod Lay Chairs
19.30 Colyton Grammar School Concert
25th *The Annunciation of Our Lord to the Blessed Virgin Mary*
17.30 Solemn Eucharist
27th 14.15 Exeter School Founders Day Service
29th 12.00 Mothers' Union Prayers in the lady Chapel
` 19.30 Concert-Exeter University Choral Society & Budleigh Salterton
Male Voice Choir
30th 09.30 Preparation of Mothering Sunday Flowers
19.30 Concert-Philharmonic Brass
31st *Mothering Sunday*

Lent Special Giving

During Lent, there will be the first of four opportunities in the year to give to an outside charity or good cause. This replaces the donation of 10% of Planned Giving that has formed the Cathedral's Outward Giving in the past. Please see the Weekly Sheet and website for further details in the near future.