



Exeter  
Cathedral

# The Eucharist

*Sunday 19 July 2020*

10.00 am & 12.15 pm

**THE SIXTH SUNDAY AFTER TRINITY**

**PLEASE TAKE THIS SERVICE BOOK  
AWAY WITH YOU**



[www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)

## Welcome to the Cathedral

The Cathedral Church of St. Peter in Exeter, founded in 1050, has been the seat [*cathedra*] of the bishop of Exeter, the symbol of his spiritual and teaching authority, for nearly 1000 years. As such the Cathedral is a centre of worship and mission for the whole of Devon. A centuries-old pattern of daily worship continues, sustained by the best of the Anglican choral tradition. The cathedral is a place of outreach, learning, and spirituality, inviting people into a richer and more engaged discipleship. The Cathedral is a destination for many pilgrims and visitors who come from near and far, drawn by the physical and spiritual heritage of this place. Exeter Cathedral belongs to all the people of Devon, and we warmly welcome you here.

### Ministers

President: The Very Revd Jonathan Greener, Dean

Preacher: The Revd Canon Mike Williams, Canon Treasurer

## COVID-19: Infection Control

### Social distancing

Measures are in place to protect the health and safety of worshippers, volunteers and staff. Please follow instructions as they are given.

Markings on the floor indicate:

- 1 metre (Blue and White tape)
- 2 metres (Blue tape)

### Speech and Singing

We ask that you do not sing. The cantor will lead singing on behalf of the congregation from the Minstrel's Gallery. When speaking responses or prayers, please do not raise your voice.

Cantor: Michael Graham      Organist: Timothy Noon, Director of Music  
Setting of the Mass: Missa Orbis Factor – Gregorian Chant

### Communion

Communion will be offered in one kind only (bread). If you wish to receive communion, you will be required to wash your hands before receiving. Please follow directions as they are given and observe appropriate Social Distancing.

### Offertory

We rely significantly upon the generosity of our congregations to sustain the Cathedral's worship and ministry. Please give by **contactless means** if you can. Money may be placed in the **Donation Boxes** as you leave. Please remember to use a **Gift Aid envelope** if you are a UK taxpayer.

For more information about planned and regular giving, please go to:  
<https://www.exeter-cathedral.org.uk/support-us/how-to-donate/>

## **Music before the service**

Variations sur un thème de Clément Jannequin – Jehan Alain (1911-40)

### **The Gathering**

#### **Introit**

*The congregation stands. The cantor sings*

Ecce Deus adiuvat me, et Dominus susceptor est animae meae:  
averte mala inimicis meis, in veritate tua disperde illos protector meus  
Domine.

*Behold, God is my helper, and the Lord is the protector of my soul:  
turn back the evils upon mine enemies, and cut them off in Thy truth, O  
Lord my protector.*

*Psalms 54, vv. 4-5*

#### **The Greeting**

In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you.  
**And also with you.**

*The president greets the congregation.*

#### **Prayer of Penitence**

As we prepare to celebrate the presence of Christ in word and  
sacrament, let us call to mind and confess our sins.

*The congregation sits*

**Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen**

## **Gloria**

*The congregation stands. The cantor sings*

Gloria in excelsis Deo,  
et in terra pax  
hominibus bonae voluntatis.  
Laudamus te, benedicimus te,  
adoramus te, glorificamus te.  
Gratias agimus tibi  
propter magnam gloriam tuam,  
Domine Deus, Rex coelestis  
Deus Pater omnipotens.

Domine Fili unigenite,  
Jesu Christe.  
Domine Deus, Agnus Dei,  
filius Patris,  
Qui tollis peccata mundi,  
miserere nobis.  
Qui tollis peccata mundi,  
suscipe deprecationem nostram.  
Qui sedes ad dexteram Patris,  
miserere nobis.

Quoniam tu solus sanctus.  
Tu solus Dominus.  
Tu solus altissimus, Jesu Christe.  
Cum sancto Spiritu,  
in gloria Dei Patris. Amen.

*Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you  
thanks,  
we praise you for your glory.*

*Lord Jesus Christ, only Son of the  
Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of  
the Father:  
receive our prayer.*

*For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus  
Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.*

## The Collect

Let us pray

Merciful God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above all things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*The congregation sits*

## The Liturgy of the Word

### The First Reading

Romans 8.12-25

A reading from the letter of Paul to the Romans.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, ‘Abba!’<sup>1</sup> Father!’ it is that very Spirit bearing witness<sup>2</sup> with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we

ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in<sup>\*</sup> hope we were saved. Now hope that is seen is not hope. For who hopes<sup>\*</sup> for what is seen? But if we hope for what we do not see, we wait for it with patience.

This is the word of the Lord

**Thanks be to God.**

## **Gradual**

Psalm 86.11-17

*The cantor sings*

11 Teach me thy way, O Lord, and I will walk in thy truth:

O knit my heart unto thee, that I may fear thy Name.

12 I will thank thee, O Lord my God, with all my heart:

and will praise thy Name for evermore.

13 For great is thy mercy toward me:

and thou hast delivered my soul from the nethermost hell.

14 O God, the proud are risen against me:

and the congregations of naughty men have sought after my soul, and have not set thee before their eyes.

15 But thou, O Lord God, art full of compassion and mercy:

long-suffering, plenteous in goodness and truth.

16 O turn thee then unto me, and have mercy upon me:

give thy strength unto thy servant, and help the son of thine handmaid.

17 Shew some token upon me for good, that they who hate me may

see it, and be ashamed:

because thou, Lord, hast holpen me, and comforted me.

## **Gospel Acclamation**

*The congregation stands.*

Alleluia, Alleluia!

I am the way, the truth, and the life, says the Lord.

No one comes to the Father except through me.

*cf John 14.6*

**Alleluia!**

## **Gospel Reading**

Matthew 13.24-30, 36-43

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

He put before them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn." '

Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears<sup>\*</sup> listen!

This is the Gospel of the Lord

**Praise to you O Christ.**

*The congregation sits*

**Sermon**

## The Nicene Creed

*The congregation stands*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Intercessions

*The congregation sits*

*The president introduces the intercessions. Each petition ends*

Lord, in your mercy.

**Hear our prayer.**

*At the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**



## The Liturgy of the Sacrament

### The Peace

*The president says*

Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

**And also with you.**

### Preparation of the Table Offertory

*The cantor sings:*

Justitiae Domini rectae, laetificantes corda ;

et dulciora super mel et favum.

Nam servus tuus custodit ea.

*The statutes of the Lord are right, and rejoice the heart*

*his judgments sweeter also than honey, and the honey-comb.*

*For thy servant keeps them.*

*Psalm 19 vv. 8, 10, 11*

### Prayer over the gifts

*The president says*

Yours, Lord, is the greatness, the power,

the glory, the splendour, and the majesty;

for everything in heaven and on earth is yours.

**All things come from you,**

**and of your own do we give you.**

*The congregation stands*

### Eucharistic Prayer

The Lord be with you

**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.  
Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *singing*:

*The cantor sings:*

Sanctus, sanctus, sanctus,	<i>Holy, holy, holy, Lord,</i>
Dominus Deus Sabaoth.	<i>God of power and might,</i>
Pleni sunt coeli, et terra	<i>heaven and earth are full of</i>
gloria tua.	<i>your glory,</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>
Benedictus qui venit	<i>Blessed is he who comes</i>
in nomine Domini.	<i>in the name of the Lord.</i>
Hosanna in excelsis.	<i>Hosanna in the highest.</i>

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company the Blessed Virgin Mary,  
St Peter and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## **The Lord's Prayer**

Let us pray with confidence in the words our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

## Breaking of the Bread

*The president breaks the consecrated bread*

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## Agnus Dei

*The cantor sings:*

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

*Lamb of God  
you take away the sin of the world,  
have mercy on us.*

Agnus Dei,  
qui tollis peccata mundi,  
dona nobis pacem.

*Lamb of God  
you take away the sin of the world,  
grant us peace.*

## Giving of Communion

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The congregation is invited to receive Holy Communion.*

*Alternatively you may ask the priest for a blessing.*

**Please bring this book with you to indicate that you wish to receive a blessing.**

*Gluten Free hosts are available at either station—please ask or bring a piece of paper saying 'Gluten Free'.*

**Please follow the directions of the stewards and use the handwashing gel before approaching the communion stations.**

**No words of distribution will be said and you are asked not to speak (unless you are asking for a Gluten Free wafer).**

## Motet

Rise, heart; thy Lord is risen. Sing his praise,  
without delays,  
Who takes thee by the hand, that thou likewise  
With him may'st rise:  
That, as his death calcined thee to dust,  
His life may make thee gold, and much more, Just.

Awake, my lute, and struggle for thy part  
With all thy art.  
The cross taught all wood to resound his name,  
Who bore the same.  
His stretched sinews taught all strings, what key  
Is best to celebrate this most high day.

Consort both heart and lute, and twist a song  
Pleasant and long:  
Or since all music is but three parts vied,  
And multiplied;  
O let thy blessed Spirit bear a part,  
And make up our defects with his sweet art.

*Text: George Herbert (1593– 1633)*

*Music: Ralph Vaughan Williams (1872–1958)*

## Prayer after Communion

*The congregation stands*

Let us pray.

God of our pilgrimage,  
you have led us to the living water:  
refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.

**Amen.**

*Notices are given.*

## **The Dismissal**

*The congregation stands*

The Lord be with you.

**And also with you.**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

## **The Blessing**

### **Organ Voluntary**

Fugue sur le thème du Carillon des Heures de la Cathédrale  
de Soissons, Op 12 – Maurice Duruflé (1902-86)

***Please wait in your seat until directed to leave.***

***You will be asked to leave one row at a time in order to maintain appropriate social distancing.***

## **Notices**

### **Coffee:**

**Salcombe Dairy @ Exeter Cathedral.** We are not permitted to provide refreshments after the service, but Coffee and refreshments are on sale outside the West Front today and during the week. We hope you will be able to meet safely with each other over a hot drink on the Green.

**Zoom Coffee:** please join us at 11am today, with Canon Chris Palmer.  
Meeting ID: 732 5358 6706 Password: 270422

And on Friday at 11am with Revd Phil Wales.  
ID: 851 9358 8354 Password: 928497

**Times of Worship** are listed on the back page. Please note CHANGES to weekday locations and times from tomorrow, Monday 20 July.

**St John's Resurrection Stories, TODAY AT NOON** with Professor Chris Bryan. The final instalment of Chris Bryan's 'Lent Group'! Chris has recorded a talk on St John's resurrection accounts (see the cathedral's YouTube account) and we invite you to join in conversation today. Zoom meeting ID: 825 2373 1797 Password: 2125

**Prayer for Healing.** A group to pray for those who have asked our prayers meets each Monday at 1pm on Zoom for 30 minutes. For information of how to join in, contact [chris.palmer@exeter-cathedral.org.uk](mailto:chris.palmer@exeter-cathedral.org.uk)

**Lectio Divina on Zoom.** Join others in prayer reflection on the words of scripture for max 40 minutes, Tuesday evening at 7pm  
Meeting ID: 846 835 040 Password: lectio

**Quiet Day:** Saturday 22 August, 1000-1600. With in-person and online options to participate. Five months from the start of lockdown, a chance to bring to God the feelings, responses, and questions that Coronavirus, illness, and lockdown have raised in us – and to continue to integrate them into our living with and for God. More to follow...

**A bumper edition of Cathedral News** for July is available to download from the Cathedral website at <https://www.exeter-cathedral.org.uk/news-events/latest-news/july-2020-cathedral-news/>  
Paper copies can be sent to those without internet access

**Pastoral Care.** If you are seeking pastoral support or know of someone who would value our care, but phone Canon Chris Palmer on 07906 249132 or email [pastoral.care@exeter-cathedral.org.uk](mailto:pastoral.care@exeter-cathedral.org.uk)

**Safeguarding.** The Chapter takes the responsibility for safeguarding children and vulnerable adults seriously in their commitment to make Exeter Cathedral a safe and welcoming place. If you have any concerns please discuss them with a member of the Cathedral Chapter or contact the Cathedral Safeguarding Advisor, Charlie Pitman, Tel. 01392 345909

### **Cathedral prayer list**

**Those who are sick or in need:** Claire Tyler, Lilian Lovell, John Thompson, , Rosemary Joy, Gary Lord, Jane Jones. Cilla Dainty, Katherine, Stephen, Sally-Ann Hodson, Elsie Howell, Paul Nash, Ursula Enever, Chris Seaton, Illya, Yve Taylor.

**Rest in Peace:** Geoff, Beryl Edmonds, Ingrid Roscoe, David Allsup, Pat Webster, David Hubbick.

**Those recently bereaved:** Laurel, The Edmonds Family, Marshall Roscoe.

## Open for Worship

**Next Sunday 26 July, Trinity 7:**

<b>8.00am</b>	<b>BCP Holy Communion in the Nave</b>
<b>9.00am</b>	<b>Morning Prayer (Zoom—see below)</b>
<b>10.00am</b>	<b>The Eucharist with Cantor and Organ in the Nave</b>
<b>12.15pm</b>	<b>The Eucharist with Cantor and Organ in the Nave</b>
<b>4.00pm</b>	<b>Evensong with Cantor and Organ in the Nave</b>
<b>7.00pm</b>	<b>Sundays at 7 (Zoom ID 821 0092 7088 Password 466066)</b>

**TO ATTEND THE 10.00 OR 12.15 SERVICES PLEASE BOOK A TICKET VIA THE CATHEDRAL WEBSITE: [www.exeter-cathedral.org.uk](http://www.exeter-cathedral.org.uk)**

10am	Eucharist will be at 1m+ social distance
12.15pm	Eucharist will be at 2m social distance

10am Eucharist will be live-streamed on  
[www.facebook.com/exetercathedral](http://www.facebook.com/exetercathedral)

### **Midweek services:**

Monday to Saturday

<b>9.00am</b>	<b>Morning Prayer</b> - via Zoom (Details below)
<b>1.15pm</b>	<b>The Eucharist</b> - Lady Chapel
<b>4.00pm</b>	<b>Said Evensong</b> - Lady Chapel

***PLEASE NOTE the changed location of these services and the revised time for Evening Prayer.***

### **Morning prayer via Zoom—from 6 July**

Meeting ID: 847 6869 5587 Password: 025062

Tel. 0203 051 2874

**EXETER CATHEDRAL IS OPEN FOR VISITORS**  
**Monday—Saturday 10am–4pm**

**On Sundays the Cathedral is open at times of worship only.**

**All are welcome.**