

Cathedral News

February 2019 - No. 682

From: The Revd Canon Becky Totterdell, the St Peter's Canon



I write on the day the Queen spoke at an event to mark 100 years of Sandringham Women's Institute in Norfolk. Her comments were almost certainly meant to reach a wider audience, wrangling over Brexit: '...every generation faces fresh challenges and opportunities. As we look for new answers in the modern age, I for one prefer the tried and tested recipes, like speaking well of each other and respecting different points of view; coming together to seek out the common ground; and never losing sight of the bigger picture.'

Recently, Mike and I were back in Hertfordshire with the churches we'd served before moving to Devon. We were invited to the treat of a 'Benington Big Breakfast' in Benington's village hall to celebrate the Week of Prayer for Christian Unity, and especially to celebrate the ecumenical partnership enjoyed in those parishes. So we reflected over breakfast on the ingredients that go into building a healthy community, what it is that makes those villages flourish. It seems to me there are four ingredients pretty essential to any community venture - whether churches together, a cathedral, a family, the workplace, a couple, or even a country wondering what to do about its future vis a vis Europe.

Diversity. For a team or community to maximise its potential it needs to be aware of the different skills each member brings, and to see the differences as strengths rather than threats. Interestingly, it's often the 'awkward' members of a team that are crucial to its success - the people we can count on to pour cold water on our latest new idea! Difficult though that voice is to hear, we need the questions in order to make better decisions.

Hospitality. At the heart of our faith and practice is a dining table – a place for family and friends to gather, share, talk, laugh, pray, puzzle over difficulties. It's here that we share bread and wine together week by week. It's actually







the Lord's table rather than our own, and he's the host who invites us to come together around that table with him. Wherever individuals or churches rediscover the hospitality of God they almost willy-nilly find themselves wanting to offer that hospitality to others too, and it spills out to the community around. Hospitality is really another word for love: it's making the space and time to welcome in the other, to share life with the other, and so find enormous enrichment all round.

Commitment to partnership. 'Better Together' was the title of book written in the 1980s by David Sheppard and Derek Warlock, the Anglican Bishop and Roman Catholic Archbishop in Liverpool in the 70s and 80s. The two bishops committed themselves to working together across denominational divides for the renewal of their city at a time of massive unemployment. The result was that they released the gifts of both denominations, and mobilised the entire community to bring huge resource to rebuilding the city - but it called for upfront commitment to each other before they knew how it would work out.

Hope. Hope is vital to the health of any community. Where jobs are folding, people lose hope, and loss of hope leads to loss of purpose, and loss of physical health. By hope, I really mean 'vision of the future'. At heart, the Christian hope is the vision of a different way of doing life, the way of life described by Jesus in the Sermon on the Mount. It's a way of life where people matter, and enjoy sharing life together generously, confidently and lovingly. It's what will one day be the case when the kingdom of God comes in all its fullness. This is what gives us the confidence to risk putting our own interests aside in order to further those of others. And at the heart of this hope for the future is the person of Jesus, with the disconcerting way he has of prodding us to do life together differently now.

I wonder which of these ingredients you think most important in the communities we are part of, especially our country? Which deserve to be celebrated? How could we help strengthen the others?

Becky Totterdell

Informal Lunch for "Sunday 8 o'clockers"

Following two previous very enjoyable lunches, this is advance notice of the next 8 o'clock congregation lunch to be held on Saturday 16th February. There will be a main course, dessert, and cheese and biscuits, with wine and soft drinks at a cost of £5. Any surplus money will be donated to Cathedral funds. All regular and occasional worshippers at the 8am Sunday Book of Common Prayer service are warmly welcomed to join us. Invitations will be available from the beginning of January, but for more information contact James <code>jgshayward@tiscali.co.uk</code> Tel 01392 811126, or Nicola <code>nicola.cowling@btinternet.com</code> Tel: 01392 460324

News from The Company of Tapisers

Most of you within the Cathedral Community have heard of The Company of Tapisers – but what do you really know about us?

Did you know the formation of the group was the brain child of Dean Spencer Carpenter in 1932? He wanted a carpet made for the Lady Chapel, so he encouraged some of the clergy wives to make one. Under the supervision of Mrs Thompson, the Archdeacon's wife, these women gathered daily in the South Quire Aisle – and stitched diligently for months! The Dean was so pleased with their finished work, he suggested the group should be formally established as an integral part of Cathedral life. Initially, there were six groups: carpet, rope-making, calligraphy (to write the service sheets and labels for the chapels), canvas, textile and whitework. Over one hundred women signed up as members during the first year! Dean Spencer Carpenter wanted the group to be viewed as a medieval 'Company' of skilled workers – who worked for the glory of God, and not for personal fame; so you won't find the names of Tapisers on the work we do for this reason.

Today – 85 years later - there are three main groups:

The Textile group, under the leadership of Sally Hulin, make altar frontals, banners and vestments ... and do a fair amount of repairs, too!

The Canvas group, whose leader is Jo Crocker, make tapestry cushions and kneelers, and, with surplus canvas and wools, make many items for sale to swell our funds.

The Whitework group, guided by Celia Perry, make and embroider the white altar linen. This requires very exacting skills - first, you need excellent eyesight, and secondly, it is necessary to dip one's fingers in cool water every 15 minutes to prevent oils from one's fingers discolouring the white threads!

If any of you would like to have a closer look at what we do, meet some of our Tapisers, and share a cup of coffee with us, please give me a ring (01392 213127) or contact the office. We would be very happy to see you.

Diana Symes, Chairman of the Company of Tapisers

The Contemplative Prayer Group (formerly the Julian Group)

The Julian Prayer Group, about which Canon Chris Palmer wrote in last month's *News*, has changed its name to the Contemplative Prayer Group. The group will continue to meet in St John the Baptist Chapel at 14.30 on the second Monday of every month.

Chrissie Rapsey

News from the Bellringers

This month, unusually, I shall take you back – to review the Cathedral Bellringers AGM which was held on Monday 21st January. The Society has been in existence for 103 years now, and we still maintain the tradition of keeping the minutes in a handwritten book – a laborious job for the Secretary! This year, once again, we were extremely grateful to the Dean for chairing our AGM; Canon Precentor James Mustard also attended, and the members greatly appreciated this opportunity for enhanced engagement between ringers and clergy.

All officers were re-elected to serve another year: Matt Hilling as Ringing Master, who takes charge of all our bellringing sessions and keeps us in order; Paul Pascoe as Assistant Ringing Master; Pauline McKenzie as all important Treasurer; David Hird and Andrew Digby as Steeplekeepers - they keep the Cathedral bells maintained and safe for us all to ring throughout the year. We were also pleased to elect five new ringing members to the team, taking our membership to the very healthy total of 37.

Amongst our highlights for 2018, we noted that we had rung 31 quarter peals at the Cathedral, many of these for Choral Eucharist, and others for important liturgical or national events. This made the Cathedral the leading tower for quarter peals in Devon. We thanked everyone involved with the bell maintenance and refurbishment project, and we also looked ahead to the plans involved in Exeter Cathedral's role as host to the National 12 Bell Striking Competition in June. 2019 looks set to be a busy year for us all! Look out next month for more details on how to become involved.

Meanwhile, ringing continues as February dawns. On Saturday 9th February, the local band will attempt a full peal of Stedman Cinques. This will take over four hours, but Stedman is the most musical of methods, so we hope you enjoy the sound of the bells on a winter's day.

Clare Griffiths, Exeter Cathedral Bellringers Secretary

Cathedral Community Committee

The CCC meets on 7th February. Please send any items for the agenda to Heather Morgan- hmm53@tiscali.co.uk

From the Dean: Fundraising visit to the USA

Later this year, the Dean is off to the USA to explore fundraising possibilities for the Music Foundation Trust. If anyone has any State-side contacts that might be willing to assist, might you please be kind enough to let him know?



Safeguarding: Domestic Abuse Awareness

If you have used any of the Cathedral toilets recently, you should have seen the Domestic Abuse contact posters. They have tear-off tabs with the local support service number so that people experiencing abuse, or concerned that someone else is, can discretely take the number and stash it safely away. The Cathedral Safeguarding team tell us that a number of tabs have been taken already, which highlights the need for Domestic Abuse (DA) awareness in the Cathedral teams.

On 18th, 19th & 20th March there are DA awareness seminars being held at Buckfast Abbey, Crediton and Hatherleigh, and we

are encouraging all clergy, readers and pastoral support volunteers from the Cathedral to attend. Register here:

https://exeter.anglican.org/resources/safeguarding/domestic-abuse-awareness-seminars-march-2019/

The Cathedral sits in a distinctly different place from ordinary parishes when considering support for people experiencing DA. People may be more likely to talk to someone at the Cathedral than in their home parish, as they may feel more confident that the person won't know the perpetrator, or their family, and so they will trust that what they share will not get back to someone which would put them at greater risk.

Recognising when someone is sharing something that indicates DA, and knowing how to respond, is therefore very important. As well as the DA seminars in March, there will be general DA awareness training held later this year for Cathedral staff and volunteers. Before then though, there is a great resource pack for churches from Restored that will give you the basic awareness, available here:

https://exeter.anglican.org/wp-content/uploads/2018/09/Restored-Pack-for-Churches.pdf

Phill Parker, Assistant Diocesan Safeguarding Adviser

From the Head of Education

We have some great talks you might like to come along to in February & March

Religious Vestments – Canon Ian Morter Thursday 14th February 2019 at 12:30

Ian will be showing a great display of the Cathedral's vestments and explaining their meaning, how they were worn and for what purpose. This talk includes colours of the calendar, symbols for meaning and how to dress without an assistant! This will be held in the Sacristy, which is also a rare opportunity to see the inner rooms of the Cathedral.

Tickets £5 Booking available from 01392 285983 (Monday to Friday) and online. Friends of EC discount booking only available via phone.

Let's Talk About Iconography talk and tour – Jonathan Greener Monday 18th February 2019 at 18:30

Exeter Cathedral's very own Dean invites you to tour the Deanery to discover the extensive collection of religious Icons, which he has been collecting for over 25 years. Jonathan will describe how icons are produced and for what reasons, and how images differ. This is a rare opportunity for this year to see art work in Jonathan's home. £20 with a glass of wine and conversation, booking essential - see above.

Have a look at our Half Term activities for Families Feb 18th - 22nd

Crafts in the Cathedral - Whales Away! : Monday 18th February

Do you know the story of Jonah and the whale? Can you spot where the whales are in the Cathedral Quire. Come and make your own whale to take home. Cathedral Drop-in from 10.30 am to 1pm £1- £3 per activity, just turn up!

Felting Workshop - Animals : Tuesday 19th February

This workshop is for upper primary age crafters. We will be making a felted animal motif shape that can be hung or added to other craft work. We will try stone felting too. This is a good opportunity for family members to work together making felt creations.

Pearson Building 10 – 12 £7 per child booking essential

Create Illuminated Letters Family Workshop: Thurs 20th February

Pearson Building 10 – 12 £7 per child booking essential

Brass Rubbing Bonanza Day: Thursday 21st February 2019 at 10:30.

There is something for everyone! From 10.30, adults can have a go at brass rubbing as part of their Cathedral Entry fee. Children entering the Cathedral free with a paying adult can join in for £1 to create a piece of history to take home.

An evening with Eddie Sinclair: Conservation and Polychromy at Exeter Cathedral Thursday 7th March 2019 at 18:30

Eddie's talk will look at aspects of her conservation work over almost forty years, along with a discussion of the materials and techniques used by the medieval craftsmen. £15 more information on the Cathedral web site.

Lisa Gordon, Head of Education

Tales from the Foodbank: Congratulations

Thank you so much for the wonderful amount of food you gave in January, all of which was gratefully received. It is a scandal that there may be families in this city of Exeter where parents go hungry to feed their children, and children are being found to be undernourished.

Please, please continue your generosity.

The next Cathedral Foodbank Collection will take place at the 10 am Service on **Sunday 24th February**.

Felicity Cawthra

Exeter Cathedral Flower Arrangers

Thank you all so much for the very many lovely comments we received for the Christmas arrangements. The large arrangements did not quite work out as planned, as the amaryllis did not open to show all their glory; perhaps because of the fluctuating temperatures in the Cathedral caused by the winds that blow through the West end doors, and/or the erratic heating indoors! We are planning something completely different for next Christmas.

The Crib was in a new place this year, at the West end, and was decorated in a far simpler way. The Dean and Chapter are considering several possible options for next year's Crib, so we wait to hear what we will be decorating in 12 months time.

Now last month I did suggest you talked to us about the flowers, and this past three weeks have produced "Marmite" comments. You either loved or hated them! It was an interpretation on "Dutch flowers with a mix of colours and flowers". So, thank you for letting us know – it does help planning – and we hope you will all love the current arrangements in green and yellow. The pillars were all done by recently joined, but very experienced, arrangers and we are very grateful to have them on board. Two have even joined the committee! One more change before Lent is upon us and all is bare; fresh flowers only in St Gabriel's chapel.

Flick Evans, Exeter Cathedral Flower Arrangers



Focus: Clare Griffiths

Secretary to the Cathedral Bellringers

'For bells are the voice of the church; they have tones that touch and search the hearts of young and old.'

Henry Wadsworth Longfellow

The glorious, mellow and rich sounds of the Cathedral's bells, housed in the Norman Towers, 'speak' to us at times of national celebration or sadness, dignify and celebrate specific days in the Churches' Calendar, as well as calling us to worship.

Whilst walking up the hill to the Cathedral, as the bells ring-out across the city on a Sunday morning, the hairs on my neck tingle.

My knowledge about bells and the ringing of them is negligible; so I'm hoping that by the end of this *Focus* you will have gleaned a little more information, as I certainly have done during the process of producing it.

Clare was born in Sussex, and has no siblings. Her father, at that time, was a civil servant in London, but they moved, when she was eight, to the Isle of Wight when her father had become a member of the prison's administrative staff. Her early education at the primary and middle schools was a happy one.

'I loved school, those early years!'

Sadly, this happy state did not continue at the Comprehensive School; here she was subjected to serious bullying, which led this vulnerable teenager into the 'minefield' of frustration, loss of self-confidence, anxiety, agoraphobia and depression. This illness forced her to leave school, when fifteen, without completing her education.

It would appear that she received little professional help from those who should have been qualified in this area. But, wonderfully Clare was 'carried-through' this dark period by the constant loving support of her parents and grandmother, and from her local and very caring GP.

'I began to do therapeutic art work at home, and loved assisting my mother in the garden. Later on, I was helped considerably by my GP, who encouraged me to work in the Surgery garden; this then led to more gardening work through friends.' Gradually, Clare emerged from this traumatic period.

'It was lovely working in peoples' gardens, and all the time I did more art work, especially with making gifts for friends and my family.'

Then in 2001, whilst living at Carisbrooke on the Isle of Wight, Clare learned to ring.

'This followed- on from an Open Tower Day in the church, with an invitation to "Have-a-go-at-bell-ringing". I took to it immediately; it was good exercise and kept my brain active.'

In 2004 though, the family left the island for Romsey in Hampshire.

'This was good. I needed fresh pastures! Dad had semi-retired and became a lollipop man. I joined a band at nearby Bishopstoke, where we did a lot of ringing in other churches; so I met other people, and life really began to improve.'

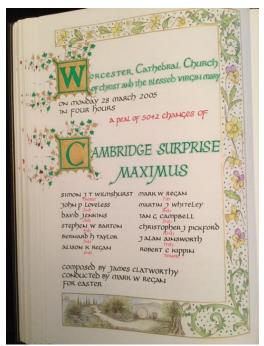
Not only did her life improve, she became a very proficient bell ringer; so much so, that in 2007 her tower captain, at Bishopstoke, proposed her for membership of the Ancient Society of College Youths; this Society was founded in 1637, and is to this day the premier change-ringing society in London. This Society records all their peals in leather-bound books. In 2010, Clare was appointed their Peal Writer for the V111th volume. This was her first paid job. Currently, she is writing-up the peals for 2016; that's around 230 peals rung in each year!

At this point in our conversation, I had to declare my ignorance concerning the writing-up of peals! Clare responded quickly, and via the courtesy of her IPad showed me some photographs of this work. There is the glorious copperplate script recording the names of the bell-ringers and the bells they are controlling, plus the order with which those bells are rung; all the scripts were highlighted with gold paint, and are just exquisite; the volumes are displayed at the Annual Society Dinner in London.

A few years later at a Devon ringing conference, Clare met the Ringing Master at Worcester Cathedral, and learned that they wanted to create their own Peal Book. They have a large bell-ringing teaching facility at Worcester, which includes a room full of computers that are programmed to teach novices 'bell-ringing' using silent wooden bells that are linked-in to the computers.

You are probably ahead of me now, and will have gathered that the outcome of this meeting was their appointment of Clare, in 2016, as their Peal Writer. Currently, she is working on the peals they rang in 2005.

Well! If I ask you to bring forward in your mind's eye illuminated texts from early Bibles, or other documents and manuscripts, you will get some idea just how beautiful these records of ringing bells are! In the Worcester Peal Book there is only one peal per page, instead of the four in the Society's Peal Books.



Some of the peals are from the 19th century and the pages are illustrated informing the reader of the time of the year (for example, Springtime or Midwinter), and with the architectural features of the churches where the peals originated.

When Clare's father fully retired in 2010, the family moved to Devon to be nearer her grandmother, who lived in Exmouth. Initially, they lived in Chagford, joining in with the activities associated with the church and the town. Clare sang with the choir and joined the bell-ringing team there, but also joined the Cathedral band.

'It was a lovely experience in Chagford, with plenty of social life. But, my father found it to be rather

cold and so we eventually moved down to Bovey Tracey. At that time, the Cathedral bells were mainly rung on Sunday afternoons before Evensong, because many of the ringers were ringing in their own churches in the morning. But, Dean Jonathan Draper wondered why we could not arrange to ring before the 10am Eucharist? So we discussed this and we now ring on the first and third Sundays in the month, with a visiting group on the second Sunday. I have been the secretary for two years now, so I'm involved with all the admin, liaising with the Cathedral and organising the Sunday morning ringing rotas.

I love it! And on a Sunday morning it's a joy to come in, ring the bells, then join in with the congregation for the 10am Sunday Eucharist.'

Matt Hilling is the Cathedral's Ringing Master (it's in the family; his father rang Westminster Abbey's Bells). Matt decides which peals are to be rung, and will 'tell us off if we are not doing it correctly!' Some of the ringers travel considerable distances, and many of them have obligations at their own churches, too. They get together socially, also, especially at their Annual Dinner; last year our Canons Treasurer and Precentor, Canon Dr Mike Williams and Canon James Mustard were guests.

There are fourteen bells in the South Tower, twelve of them in B flat major, and the other two remaining bells enable the ringers to play in other keys; it also makes it possible for eight or ten lighter bells to be rung if necessary. The Grandisson Tenor Bell weighs in at 3.5 tons. The Peter Bell, is housed in the North Tower weighs 4 tons, and is in A flat. It was a Llandaff Cathedral bell, recast in 1484 and gifted to us by Peter Courtenay. It was re-cast again in 1676, allegedly necessitated by the over-enthusiastic ringing during the celebrations concerning the discovery of the Gunpowder Plot! It is not swung today, it strikes the hours and at curfew.

A full peal can take over four hours to complete. No wonder bell-ringers get thirsty!

Clare's favourite bell method is Bristol Surprise Maximus. Most of the time a quarter peal is rung, but a full peal was rung on the 10th November 2018, which was the 100th anniversary of the ending of WW1.

There is life beyond bell-ringing! Clare plays the flute, enjoys singing, and taking her Corgi dog 'Oakie' for walks on Dartmoor in all winds and weathers. She watches TV current affairs programmes, and BBC Sunday Night drama productions. She reads historical novels by Hilary Mantel, Charles Dickens and Sebastian Faulks. She also greatly enjoyed reading a 'straight' history book about the Romanov family. Mozart's music and Elgar's Cello concerto are at the top of her music list.

'I love all the music we hear in the Cathedral, feel welcomed by the people here. I have made friendships and found peace. I feel a part of the 'greater family' in this beautiful building. The worst thing I can think of is the parking!'

Clare, thank you for sharing your story with us, and for the eloquent writings about the bell-ringers' activities in our *Cathedral News*. They may be out of sight, but are not out of our minds.

Rosemary Bethell

Where to find Cathedral News

We know that readers greatly appreciate having a hard copy of the *News*, but we also know that black and white print (colour is prohibitively expensive) does not do justice to some of the lovely photographs that contributors supply. Photographs, logos and other illustrations can be seen in all their glory on the Cathedral website, where the *News* is posted as soon as possible after publication. You will find it under News & Events/Cathedral Community News.

Next Month: Please send material for the **March** edition by **Sunday 24th February** to Heather Morgan (01392 877623, hmm53@tiscali.co.uk and Sheila Atkinson sm.a@blueyonder.co.uk. The other members of the editorial team are Rosemary Bethell, and Jenny Ellis.

Groups for Lent and Beyond

'Gather up the fragments that nothing be lost'

with Bishop Martin Shaw Sundays at 11.30am in the Pearson Room (access from the Cloister Garden; lift access is available)

"Bishop Martin will be enabling a group on Sunday mornings in Lent on the subject of Christian Meditation. Each session will include a short time of silence and a sharing in how the group members found the silence.

Sunday 17th March

An brief introduction to what Christian Meditation is. We look at an approach to reading which is meditative. Sometimes it's called in Latin 'Lectio Divina'. We will practice this approach to meditation, with the hope that we can take the practice into our daily approach to meditation.

Sunday 31st March

We will look at the use of looking, listening, thinking and imagining in Christian meditation, through practice and sharing.

Sunday 7th April

This week, we will look at prayer and praying that come out of the first two weeks. The use of a journal and writing prayers as well as collecting favourite ones.

Sunday 14th April

In this final week, we will move into stillness and silence in an attempt to understand a little of contemplative meditation: looking at how we let thoughts, anxieties, desires, memories, images etc arise within us, endure and then pass away; learning to include all that happens within in stillness and silence as being brought into oneness with God."

It would help us to know who intends to be part of this group. Sign up via the website on https://www.ticketsource.co.uk/boxoffice/select/uFRacSZyUPeO or add your name and contact details to the lists available in the South Transept after Sunday services.

'The Mystery of God'

With Sue Gunn-Johnson Thursdays at 11.00am in the Sacristy (access from the South Choir Aisle, or from the West Wing Ground floor entrance, where there is a lift) This Lent course delves more deeply into the mystery of God, seeking to rediscover what it is that draws us so deeply in our search for God. We will follow Jesus through the Lenten readings, allowing him to draw us, in love and wonder, into the mystery of God's plan of salvation. This course, from Churches Together in Britain and Ireland, was developed in response to people's desire for 'a Church that is more concerned with the mystery that is God than with its own success'.

Over six weeks, from 7th March to 14th April, we will investigate:

- · the mystery of Life and Death
- the mystery of Good and Evil
- the mystery of God's glory
- the mystery of Sin, Suffering, and Hope
- the mystery of Relationship and Reconciliation
- the mystery of Love and Sacrifice
- the mystery of Joy and Salvation

After each group, members who wish to do so are invited to go together for lunch in the Cathedral Café, where a table will be reserved. But you are welcome to join the group without staying for lunch.

It would help us to know who intends to be part of this group. Sign up via the website on https://www.ticketsource.co.uk/boxoffice/select/RNTNIWPAIROQ or add your name and contact details to the lists available in the South Transept after Sunday services.

'Christian Life Group: Exploring the Rhythm of Life'

Thursday evenings, 7.30pm from 14th March, in the Cloister Garth Room

How do we find balance in our Christian journey? What is the rhythm of living that brings us fullness of life? What does it mean to be a disciple of Jesus? How can I hear and know God's desire for my life?

This new group, open to *anyone*, those exploring faith afresh or long committed to the Christian journey, invites people to share together in discovering these things.

Each week we will:

- pray together, using ancient patterns of prayer in a contemporary setting
- hear something about the faith we share or someone's story of being a disciple of Christ
- have the opportunity to share with each other something of our lives and exploration

This is a safe space for all. No one will be expected to say anything, but everyone will have the opportunity. Everyone will be able to listen and share, without being corrected, advised, or put on the spot. We are encouraging each person to be accountable for their own walk with God rather than for other peoples!

The key material of this group will be the cathedral's Rhythm of Life, which will be launched on 3 March. But this preview will give an idea of what this group invites people to:

As members of the cathedral community, we commit ourselves to:

- worship with others, pray daily, and read the scriptures regularly
- grow in faith and in love for God, and discern God's call for our lives
- give of our time, energy, skills, and resources in the service of others
- care for ourselves as beloved children of God and be accountable for living this rhythm of life

This meeting is an experimental group, available initially for six months. It offers a welcome to anyone to turn up to. We envisage that it will gain 'regulars' who will become a source of support for each other, but the door will be open for those who wish to call in infrequently or as a one off.

If you would like to ask questions about this group, please contact the Canon Chancellor, Canon Chris Palmer: chris.palmer@exeter-cathedral.org.uk or 07906 249132

Foundations in Christian Ministry course 2019-20

Applications for the Foundations in Christian Ministry course starting in September 2019 are now open.

The 2018-19 course was over-subscribed, and the capacity is expanding from 30 to 50. The deadline for applications is 1st April. Informal interviews will then be held.

The FiCM is a learning community, where students can deepen their Christian discipleship, explore their gifts for ministry, discern God's call for their next steps in ministry, and lay foundations for further lay training.

The core of the course is seven Saturday study days between September and June, consisting of inspirational and high quality teaching on the Bible, theology, spirituality and pastoral care.

For further details,

see https://exeter.anglican.org/ministry/vocations/foundations-christian-ministry/

Cathedral Outing to St Paul's Cathedral

Following a kind invitation from David and Hilary Ison, the Fellowship Committee is planning a visit to St Paul's for the weekend of 1st and 2nd June, 2019. All are welcome to be part of this exciting weekend. David is the Dean of St Paul's. He was formerly Canon Chancellor of Exeter Cathedral, and is well known to many people here.

The provisional programme is for us to attend Evensong at St Paul's at 5pm on Saturday 1st June, which will be preceded by a tour of the Cathedral. After Evensong, David and Hilary are hosting a buffet supper. Numbers for supper are limited; only the first 30 to sign the list for the outing will be able to join us for that, so please sign up quickly!

On Sunday morning, we will attend Sung Eucharist at 11.30am. We will arrange somewhere for the party to meet for lunch, and hope to have time for an activity on Sunday afternoon, possibly a boat trip on the River Thames.

We are not organising travel or accommodation in London so that people can make their own arrangements, and take advantage of early booking and rail travel discounts.

We will publish the final programme of the fixed schedule as soon as possible. Meanwhile, if you would like to join the party to St Paul's, please sign the list, which will be available from 3rd February at coffee after 10am Sung Eucharist, on the Cathedral Community Noticeboard in the South Transept, and in the Events Department in the Cathedral Office. In fairness to all, especially as numbers are limited for supper on Saturday evening, there will be a non-returnable deposit of £10 person on booking. The deposits will be allocated to the funds that support the pastoral care of our Cathedral Community.

Diane Coombes and Margaret Williams

Advance Notice: Lent Lectures 2019-all at 17.00 in the Chapter House

10th March

Professor David Clough: Paying attention to what we eat

17th March

Revd Canon Dr Chris Palmer: Paying attention to each other: The Ethics of Care in a Cathedral context

24th March

Professor Louise Lawrence: Paying attention to madness in the New Testament

31st March

Dr Elizabeth Philips: Paying attention to the Imprisoned

Welcome

A very warm welcome to the Reverend Jaqueline Taylor, Rector of Kingsbridge, Dodbrooke and West Alvington, and Rural Dean of Woodleigh Deanery; and to the Reverend John Lees, Self -Supporting Minister and Associate Minister of the Benefice of Colyton, Musbury, Southleigh and Branscombe. They will be installed as Prebendaries of the Cathedral during Evensong on **Sunday 10th February at 16.00.**

Holy Ground Sunday 10th February at 19.00: *Hearing God's Call* with Bishop Jackie Searle

'I know the plans I have for you says the Lord' Jer 29:11

Does God have a plan for our lives?

How do we know what God might be calling us to do or be?

What is 'a vocation' and who has it?

How do we understand our desires, ambitions and choices in the light of God's desire and call?

Come and explore these themes with Bishop Jackie, who has a number of vocations, not just the obvious one.

What's On in February

A few highlights from the Cathedral Diary in February. More are on the website.

5 th	11.00	Exeter Diocese Mothers' Union Triennial Eucharist
5^{th} - 7^{th}	SCIE Safeguarding Audit of the Cathedral	
5^{th} - 8^{th}	19.00	Dr Faustus – Exeter University Shakespeare Society
6 th	Anniversary of the Queen's Accession	
7 th	18.30	Cathedral Community Committee Meeting
9 th	Full peal attempt by the Cathedral Society of Ringers	
	17.30	RSCM Come & Sing Evensong
	19.00	Holy Ground: Hearing God's Call – The Bishop of Crediton
11 th	14.30	Contemplative Prayer Group in St John the Baptist Chapel
14 th	Duty Chaplains' Eucharist, Lunch & AGM	
15 th	19.00	Cathedral Choir Candlelight Concert in the Quire
16 th	13.15	Concert: Exeter Recorder Orchestra
17 th	17.00	Lecture: The Revd Canon Professor Sue Gillingham
		One Psalm, Many Voices: Jewish & Christian readings of Psalm 8
21 st	09.15	Chapter Meeting
26 th	Friends' Council Meeting	
28 th	19.30	Concert: Seth Lakeman